



TOKYO ACCESSIBLE RESTAURANT

東京都飲食店
バリアフリーガイド



This guidebook introduces cafes, restaurants, and bars in Tokyo that are working on barrier-free facilities. We hope that everyone can enjoy sightseeing in Tokyo with peace of mind by using this guidebook.

About the Icons

Exterior - Interior - Restroom



Entrance width 80cm +
Entrance width 80 cm or more



Steps up to 2 cm
Entrance paths are flat or have steps of not more than 2 cm in height



Chair mobility
Chairs can be moved



Wheelchair accessible
Interior is wheelchair accessible



Space under table
The space under the table is about 65 cm high, 70 cm wide, and 45 cm deep



Check at the table
Available at the table-check



Wheelchair accessible restroom
Wheelchair accessible restroom or ostomate friendly restroom is available (including other floors in the building)

Meals



Allergy-friendly
Allergies can be accommodated upon request in advance



Vegetarian-friendly
Vegetarian or vegan options are available upon request in advance



Halal-friendly
Halal options are available upon request in advance

Menu & customer service



Menu with photo
Photos are on the menu



Foreign language menu
English and other foreign language menus are available



Braille menu
Braille menu is available

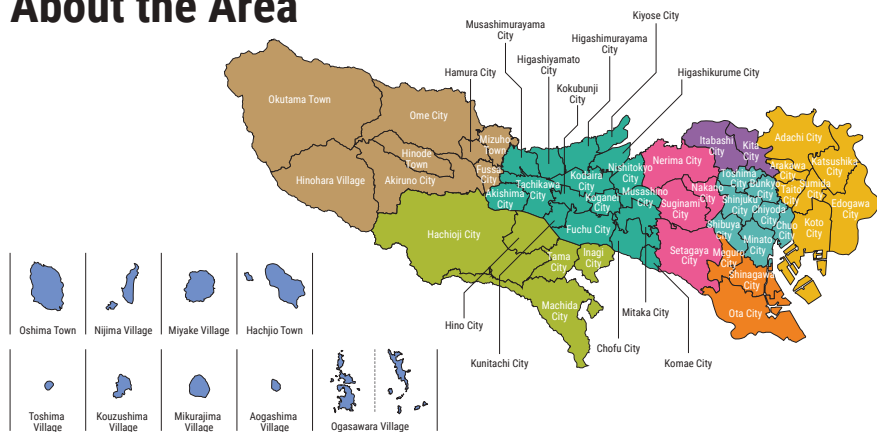


Communication in writing
Communication in writing is possible



Sign language
Staff members can use sign language

About the Area



Metropolitan Center Area

Chiyoda City, Chuo City, Minato City, Shinjuku City, Bunkyo City, Shibuya City, Toshima City

Joto Area

Taito City, Sumida City, Koto City, Arakawa City, Adachi City, Katsushika City, Edogawa City

Jonan Area

Shinagawa City, Meguro City, Ota City

Josai Area

Setagaya City, Nakano City, Suginami City, Nerima City

Johoku Area

Kita City, Itabashi City

Northern Tama Area

Tachikawa City, Musashino City, Mitaka City, Fuchu City, Akishima City, Chofu City, Koganei City, Kodaira City, Higashimurayama City, Kokubunji City, Kunitachi City, Komae City, Higashiyamato City, Kiyose City, Higashikurume City, Musashimurayama City, Nishitokyo City

Southern Tama Area

Hachioji City, Machida City, Hino City, Tama City, Inagi City

Western Tama Area

Ome City, Fussa City, Hamura City, Akiruno City, Mizuho Town, Hinode Town, Hinohara Village, Okutama Town

Island Area

Oshima Town, Toshima Village, Nijima Village, Kouzushima Village, Miyake Village, Mikurajima Village, Hachijo Town, Aogashima Village, Ogasawara Village

Map
4

Metropolitan Center Area
16

Joto Area
28

Jonan Area
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Josai Area
52

Johoku Area
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Northern Tama Area
76

Southern Tama Area
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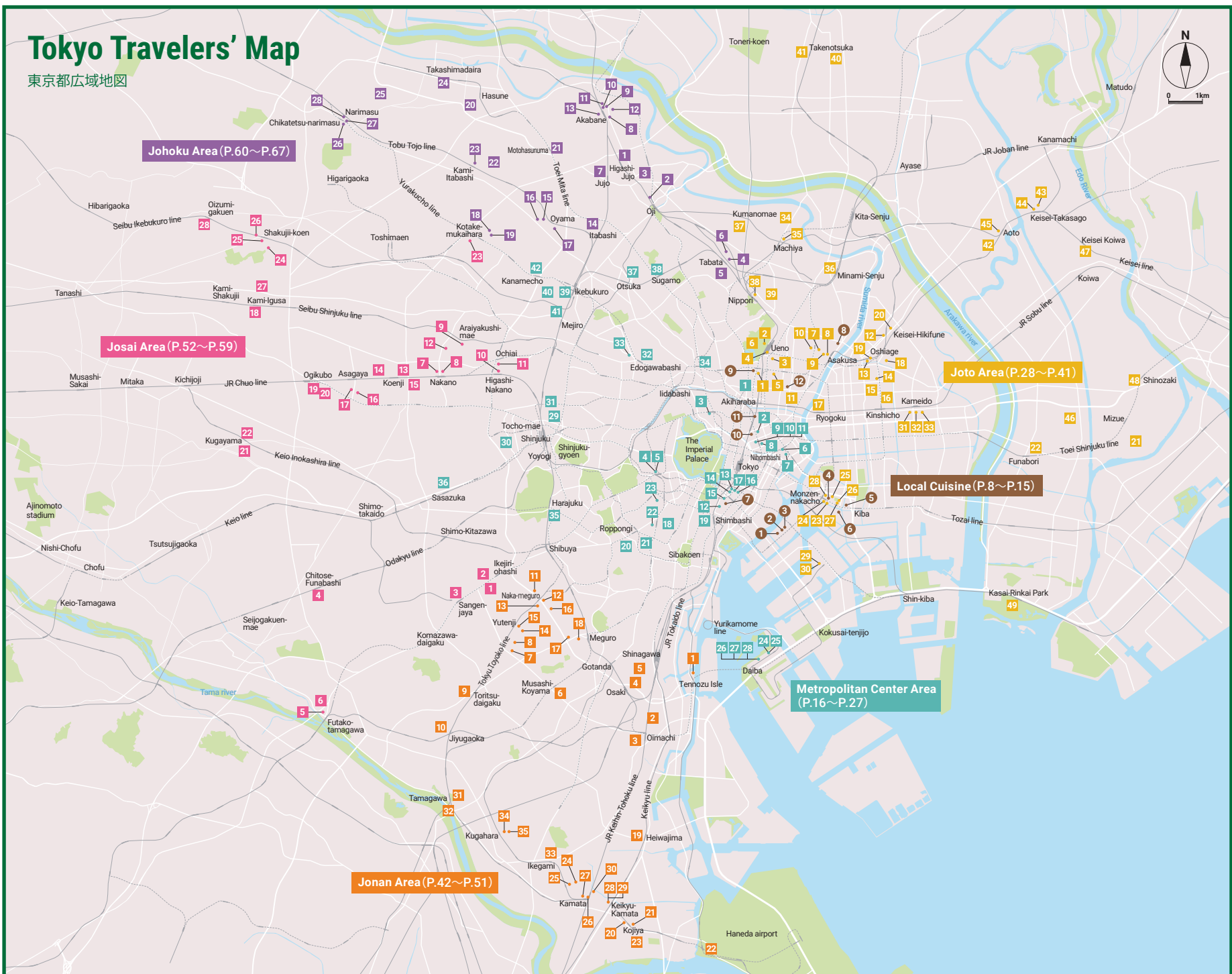
Western Tama Area
94

Island Area
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The information described in this guidebook is provided by each establishment in January 2025. Please note that the information in this guidebook is subject to change without notice. Please check the official website or social media of each establishment for the latest information. (If the English version of the site is not available, the Japanese version is provided.) The scale of the map on each page varies depending on the location of the establishment.

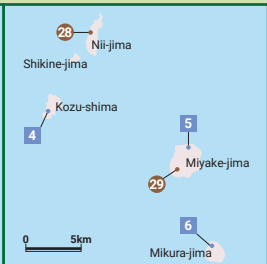
Tokyo Travelers' Map

東京都広域地図



Tokyo Travelers' Map

東京都広域地図



Map

Map

A budget-friendly gourmet star born from “moji-yaki”.

Monja



Overview & History

Originating in Tsukushima, monja is a dish made from a batter of wheat flour and water mixed with other ingredients and fried on a griddle. Like okonomiyaki, it is a flour-based food fried on a griddle, but the thick liquid is less dense, with a higher ratio of water to flour. Originally eaten as a snack for children in the late Edo period, there are various explanations of the name, including a story that children who could not get paper and tools for practicing writing due to the supply shortages during the food crisis in the decade after World War II would eat fried “mojiyaki” by mixing wheat flour with water and drawing characters (“moji”) on a griddle with the batter, and “moji” was corrupted into “monja.”

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website. (https://www.maff.go.jp/j/keikaku/syokubunka/k_youri/search_menu/menu/34_3_tokyo.html)

Monja

1 tsukushima monja koboreya bettei

月島もんじゃこぼれや 別邸

☎ 03-5534-8719

<https://tsukushima-monja-koboreya.com/>

1F The City Tsukushima,
3-7-12 Tsukushima, Chuo-ku

Lunch 11:00-16:00

Dinner 17:00-23:00 (LO22:00)

Closing Days Irregular closing

Access 4-minute walk from

Tsukushima subway station

The broth is created by simmering a dozen ingredients for five hours. The flavor is truly one-of-a-kind, and the appearance is striking. The restaurant takes great care in using fresh seafood shipped directly from Toyosu and bits of fried tempura batter sourced from a Michelin-listed restaurant.



ACCESS MAP



WEBSITE

Monja
2

monja okame hyottokoten

もんじゃおかめひよっとこ店

Energetic, smiling staff will welcome customers, who are ready to enjoy hearty, juicy, and flavorful monja, a local specialty of Tsukushima. Don't worry if you're unsure how to cook monja—feel free to ask the staff for assistance.



ACCESS MAP



WEBSITE

☎ 03-5548-1508

<https://www.monja-okame.jp/>

3-8-10 Tsukushima, Chuo-ku

Weekdays 10:30-14:00

17:00-22:00 (LO21:00)

Sat./Sun./Holidays 10:30-22:00 (LO21:00)

Closing Days Mon.

Access 3-minute walk from Tsukushima subway station

Monja
3

monja maruta nibangai

もんじゃまるた2番街

The broth is made with carefully selected ingredients and soup stock entirely made from Sakurajima chicken. Along with the rich and umami flavors of the ingredients, all menu items are served with sliced squid and sakura shrimp, which add a mellow aroma!

☎ 03-5548-4126

<https://maruta2bangai.owst.jp/en/>

#110, 1-22-1 Tsukushima, Chuo-ku

Business Hours 11:00-22:30 (LO22:00)

Closing Days Irregular closing

Access 2-minute walk from Tsukushima subway station



ACCESS MAP



WEBSITE



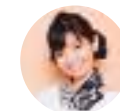
How to cook and eat

While the recent trend is to add a variety of ingredients, monja in its early stage mainly consisted of cabbage, corn, bits of fried tempura batter, and red pickled ginger. First, take out the ingredients from the batter mixture, which consists of your choice of ingredients, flour, water, broth, (and optionally sauce), and grill them. Next, form a donut-shaped ring with the grilled ingredients and pour the batter mixture into the center. Let the batter simmer for a while, then mix in the ingredients. Using a small spatula, peel off the mixture once it is grilled to your preferred consistency and enjoy. Adding seasonal vegetables is also a great option.

Food writer Ms. Sonoyama Makie

Supervisor

Culinary researcher and entrepreneur from Izumo City, Shimane Prefecture. She has been managing Ebisu Sonoyama, a by-invitation-only restaurant, for about 15 years since 2006. She has also appeared in magazines and on TV shows, published books, developed products, given lectures, and held cooking classes. At the same time, she also serves as a mental and psychology counselor, a nutrition education advisor, and a goodwill ambassador in various regions of Japan.





An iron-rich traditional Edo dish selected for the 100 Best Regional Rustic Dishes.

Overview & History

Fukagawameshi is one of the 100 Local Cuisines of Farming and Fishing Villages as selected by the Ministry of Agriculture, Forestry, and Fisheries and is also recognized as one of Japan's five major rice dishes. The Fukagawa area, which thrived as a fishing town during the Edo era, was known for its abundance of shellfish, particularly clams. Fukagawameshi originated as a rice dish prepared for fishermen to enjoy during their work. There are three types of rice dishes considered to be the origin of Fukagawameshi. The first dish is bukkake-meshi where seawater is diluted with fresh water, boiled on the fishing boat, and served as a clear soup with clams, leeks, and tofu and then poured over cold rice. The second is takikomi-gohan, which is simply rice cooked with unshelled clams. The third is ichizen-meshi, where a soup made of unshelled clams and leeks boiled with miso is served over rice with the clam shells.

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website. (https://www.maff.go.jp/j/keikaku/syokubunka/k_ryouri/search_menu/menu/34_1_tokyo.html)

FUKAGAWAMESHI
4

Fukagawa Iseya

深川伊勢屋 本店

Try the unique Fukagawameshi of a Japanese confectionery shop. In this version, rice is mixed with mochi rice for a chewy texture, while the umami flavor of clams infuses the rice.

☎03-3641-0695

<https://www.iseya.ne.jp/>

1-8-12 Tomioka, Koto-ku

Business Hours 11:00-17:00 (LO16:15)

Closing Days Tue.

Access Near Monzen-nakacho subway station



ACCESS MAP



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FUKAGAWAMESHI
5

Fukagawa Issui

深川一穂 (いっすい)

This is a traditional Edo-style Fukagawameshi enjoyed by fishermen and made with a light white miso-based broth. Enjoy it while soaking in the downtown atmosphere and the warmth of the local people.

☎03-3643-2255

<https://tabelog.com/en/tokyo/A1313/A131303/13033190/>

#101, 2-8-8 Kiba, Koto-ku

Lunch 11:30-13:45 (LO13:30)

Dinner 17:30-23:00 (LO22:30)

Closing Days Sun./Holidays

Access 3-minute walk from Kiba subway station
7-minute walk from Monzen-nakacho subway station



ACCESS MAP



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FUKAGAWAMESHI
6

FUKAGAWAMESHI HACHIROUEMON

深川めし 八郎右衛門



Enjoy the fluffy, hot Fukagawameshi made with organic Koshihikari rice and carefully selected, additive-free seasonings—all skillfully cooked together and steamed at high temperature and pressure. The cooking process begins only after receiving an order.

☎03-6458-8284

<https://tabelog.com/en/tokyo/A1313/A131303/13281079/>

1F Kagechika Bldg, 3-30-1 Botan, Koto-ku

Weekdays Lunch 11:30-14:00

Dinner 18:00-22:00

Sat./Sun./Holidays 11:30~19:00

Closing Days Irregular closing

Access 8-minute walk from Monzen-nakacho

subway station

8-minute walk from Kiba subway station



Nutrition & Health Information

Clams are rich in taurine and iron, low in fat, and high in protein. The broth in which they are cooked is also packed with flavorful ingredients and nutrients. This makes it a key element of Fukagawameshi, which provide delicious nutrition from

both the broth and the rice as a whole. Clams offer a variety of health benefits, including supporting liver function, reducing excess neutral fat and blood cholesterol while promoting blood circulation and metabolism, improving complexion, and helping to alleviate fatigue and anemia.

The broth has a rich, nourishing flavor that is not too light.



Ms. Sonoyama Makie

SUKIYAKI



A culmination of Japanese culinary culture concentrated in a single pot. Experience the flavors of Japan's nature and seasons in a mouthful.

Overview & History

The word sukiyaki is believed to originate from eating fish or shellfish cooked on the blade of a plow ("suki") in place of a griddle. There is a theory that modern Kanto-style sukiyaki is a fusion of the Kansai cooking method, in which the beef is stir-fried in beef fat melted in a heated pot before adding the remaining ingredients and seasonings, and the Kanto cooking method, in which sukiyaki stock is brought to a boil before adding the meat and vegetables at the same time.

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website. (https://www.maff.go.jp/j/keikaku/syokubunka/k_ryouri/search_menu/menu/34_17_tokyo.html)

SUKIYAKI

7 Ginza Hanadaikon

銀座 花大根

☎ 03-6274-6464

<https://g.co/kgs/FCjLAsc>

B1F Takahashi Bldg, 6-7-4 Ginza, Chuo-ku

Lunch 11:30~14:30 (LO14:00)
The restaurant will close once the menu sells out.

Dinner 17:30~22:30 (LO21:00)

Closing Days Mon.

Access 3-minute walk from Ginza subway station
10-minute walk from Yurakucho JR station
10-minute walk from Higashi-Ginza subway station



ACCESS MAP

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SUKIYAKI

8

China Asakusa Honten

ちんや 浅草本店

This sukiyaki restaurant has the longest history in Asakusa. Start with the meat infused with the aroma of Senju leek. Then, add zaku—a plate filled with carefully selected ingredients—into the slightly sweetened sukiyaki broth.

☎ 03-3841-0010

<https://china.co.jp/en/>

2-16-1 Hanakawado, Taito-ku

Weekdays 11:00-15:00
16:30-21:30 (LO20:00)

Sat./Sun./Holidays 11:00-21:30 (LO20:00)

Closing Days Irregular closing

Access 3-minute walk from Asakusa subway station
12-minute walk from Asakusa Tsukuba express station



ACCESS MAP



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TOKYO ACCESSIBLE RESTAURANT

SUKIYAKI

9

Ningyocho Imahan Uenohirokojiten

人形町今半 上野広小路店

This beef hot pot restaurant first opened here in Tokyo in 1895. The expert in selecting top-quality black wagyu chooses the best-tasting cuts free from any bias toward the production site or brand. These carefully selected wagyu are served in sukiyaki and other Japanese dishes.

☎ 03-5688-0754

<https://imahan-tokyo.com/official/uenohirokoji/>
6F Hulic Ueno-hirokoji Bldg,
1-20-11 Ueno, Taito-ku

Weekdays Lunch 11:30-15:00 (LO15:00)
Dinner 17:00-22:00 (LO21:00)

Sat./Sun./Holidays 11:00-22:00 (LO21:00)

Closing Days Irregular closing

Access 1-minute walk from Ueno-hirokoji subway station
3-minute walk from Okachimachi JR station



ACCESS MAP



WEBSITE



Nutrition & Health Information

A standard sukiyaki offers a well-balanced mix of ingredients, including beef, crown daisy, tofu, leeks, mushrooms, shirataki, eggs, and more. With around ten ingredients in one pot, it is a nutritionally ideal dish that provides all the essential nutrients, such as proteins (important for muscle building), iron, and vitamins A, C, and B1, lecithin, allicin, and dietary fiber. Adding Tokyo chili peppers enhances the flavor, making it even more delicious.



Ms. Sonoyama Makie

BETTARAZUKE

These white radish pickles are packed with the power of fermentation and koji (malted rice). It pairs perfectly with tea rice, meals, and sake.



Overview & History

These whitish pickles were also a favorite food of the 15th shogun, Tokugawa Yoshinobu. The leading theory is that they began as daikon radish lightly pickled with rice syrup and koji malt that were sold in the Edo period. "Bettara" comes from its sticky surface, and is said to have originated when a young man swung pickles around saying "Bettari tsuku yo" ("They will stick!"), and the words caught on. Even today, many stalls line Nihonbashi's Bettara Ichi market every year.

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website. (https://www.maff.go.jp/keikaku/syokubunka/k_ryouni/search_menu/menu/34_8_tokyo.html)

BETTARAZUKE
10 Owariya
 尾張屋

The Bettara Market takes place in this area, and this is a long-awaited event the owner of Owariya has looked forward to since childhood. Since bettarazuke is quite sweet, a recommended way to enjoy it is by sprinkling it with shichimi (seven spices) and serving it as a side dish. The light-flavored oden simmered in exquisite broth is also excellent!

☎ **03-3251-4320**

<https://tabelog.com/en/tokyo/A1310/A131002/13000345/>

1-6-4 Kajicho, Chiyoda-ku

Business Hours 11:30-13:00
17:00-21:30 (LO21:00)

Closing Days Sat./Sun./Holidays

Access 2-minute walk from Kanda JR station



ACCESS MAP



WEBSITE


BETTARAZUKE
11 koiki sakaba
 小粋酒場

This restaurant serves the best dishes in every season! The owner updates his handpicked selection of sake from various regions of Japan to perfectly complement the seasonal dishes. They pair excellently with bettarazuke, available only from fall to spring. Smoking is allowed.



ACCESS MAP



WEBSITE

☎ **03-3525-4822**

<https://www.hotpepper.jp/str.J001117025/>

Nisshin Bldg 1, 2-11-19 Kajicho, Chiyoda-ku

Mon. to Thu. 15:00-22:00 (LO21:00)

Fri. 15:00-23:00 (LO22:00)

Closing Days Sat./Sun./Holidays

Access 3-minute walk from Kanda JR station


BETTARAZUKE
12 gunjimiso tsukemonoten
 郡司味噌漬物店

Chosen by Japan Airlines for in-flight meals on international first-class flights! The distinctive flavor of this bettarazuke, with its moderate sweetness, has been preserved since the Edo period. Made from radishes grown in Japan and with the skin left on, this bettarazuke retains its original flavor and texture.

☎ **03-3851-1783**

<http://gunjimiso.com/>

1-14-2 Torigoe, Taito-ku

Business Hours 9:00-18:00

Closing Days Sun/2nd & 4th Mon.

Access 8-minute walk from Asakusabashi JR station



ACCESS MAP



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Nutrition & Health Information

"Koji," or rice malt, the key ingredient in bettarazuke, contains koji mold that boosts beneficial bacteria in the intestines. As a result, eating bettarazuke can help improve gut microbiome health. Additionally, with digestive enzymes, potassium, vitamin C, and other nutrients found in



Ms. Sonoyama Makie

both the radish and koji, it offers impressive health benefits. These include aiding digestion, preventing upset stomach, reducing bloating, lowering blood pressure, providing antimicrobial effects, promoting smooth blood circulation, preventing arteriosclerosis, and enhancing immunity. However, because of its high carbohydrate content, it should be eaten in moderation and ideally paired with low-carbohydrate vegetables.




1 cafe Triomphe

カフェ・トリオンブ

☎ 03-6380-9540
<https://sweetrip.biz/>
 1F, 5-6-4 Sotokanda, Chiyoda-ku

Business Hours 11:30-21:00 (LO20:30)
Lunch 11:30-14:00 (LO14:00)
Closing Days Sat./Sun./Holiday/irregular closing
Access 2-minute walk from Suehirocho Subway Station
 6-minutes walk from JR Okachimachi
 7-minutes walk from JR Akihabara

A cozy café in a back alley with classical music in the background offering coffee, tea, cake, food, and light meals. Reservations are required for staff assistance.

ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	hTr	WC	MENU	MENU	MENU
✂	Hand	🚫	🚫	🚫	🚫	HALAL

5 BENJAMIN STEAK HOUSE KIOICHO

ベンジャミンステーキハウス 東京ガーデンテラス紀尾井町店

☎ 03-3263-5544
<https://benjaminsteakhouse.jp/english/>
 4F Tokyo Garden Terrace Kioicho, 1-3 Kioicho, Chiyoda-ku

Mon. to Sat. Lunch 11:30-15:00 (LO14:00)
 Dinner 17:00-22:30 (LO21:30)
Sun./Holidays Lunch 11:30-15:00 (LO14:00)
 Dinner 17:00-22:00 (LO21:00)

Closing Days No regular closing
Access Directly connected to Nagatacho subway station
 9-minute walk from Akasaka-mitsue subway station

The third steakhouse from New York in Japan. The USDA-certified top grade Prime Beef is aged for a long time using a unique method. The steak is broiled quickly at a high-temperature and is delicious.





ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	hTr	WC	MENU	MENU	MENU
✂	Hand	🚫	🚫	🚫	🚫	HALAL

2 toriryori botan

鳥料理 ぼたん

☎ 03-6384-0299
<https://tabelog.com/en/tokyo/A1310/A131002/13302175/>
 3F GEMS Shin-Nihombashi, 1-9-19 Kajicho, Chiyoda-ku

Business Hours 17:00-22:00 (LO20:30)
Closing Days Sun./Holidays
Access 4-minute walk from Kanda JR station

Inherited 130 years of tradition, and we pursue even more possibilities. Offering a high-grade course meal with a variety of chicken dishes, including our signature chicken sukiyaki. Enjoy a luxurious time with wine and sake carefully selected by the sommelier.





ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	hTr	WC	MENU	MENU	MENU
✂	Hand	🚫	🚫	🚫	🚫	HALAL

6 Yakiniku Happy Ningyocho




焼肉はつびい 人形町店

☎ 03-6661-7308
https://www.yakiniku-happy.jp/wp-content/themes/mngtr_basic/img/pdf/english.pdf

1F Shigemoto bldg., 1-4-13 Nihonbashi-Ningyocho, Chuo-ku

Weekdays 16:00-23:30
Sat./Sun./Holidays 12:00-23:30 (LO23:00)
Closing Days Year-end and New Year holidays
Access 3-minute walk from Ningyocho subway station

Authentic yakiniku is offered at a bargain price for the city center.

ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	hTr	WC	MENU	MENU	MENU
✂	Hand	🚫	🚫	🚫	🚫	HALAL

3 Book House Cafe

Book House Cafe

☎ 03-6910-0819
<https://bookhousecafe.jp/>
 1F Kitazawa bldg., 2-5 Kandajinbocho, Chiyoda-ku

Business Hours 11:00-18:00 (LO17:00)
Closing Days No regular closing
Access 1-minute walk from Jinbocho subway station

Specializing in picture books with more than 10,000 titles. Brightly lit picture book café during the day, and a picture book bar at night, offering a space surrounded by picture books.





ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	hTr	WC	MENU	MENU	MENU
✂	Hand	🚫	🚫	🚫	🚫	HALAL

7 Café Chez André du Sacré-Coeur

カフェ シェ・アンドレドゥ・サクレクール

☎ 03-6228-1053
<http://park7.wakwak.com/~chezandrescoeur/english/index.html>
 1-8-5 Nihonbashi-Ningyocho, Chuo-ku

Business Hours 11:00-20:00 (LO18:30)
Lunch 11:00-14:30
Dinner 17:00-20:00
Closing Days Mon./Sun./Holidays
Access 1-minute walk from Ningyocho subway station
 3-minute walk from Suitengumae subway station

Café Chez André du Sacré-Coeur welcomes children to a casual French café in the old town of Ningyo-cho. The café is familiar to residents and tourists.





ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	hTr	WC	MENU	MENU	MENU
✂	Hand	🚫	🚫	🚫	🚫	HALAL

4 AsianBistroDaiTokyogardenterrace

アジアンビストロ Dai 東京ガーデンテラス店

☎ 03-6256-9975
https://www.pleasure-company.com/asian_bistro/
 2F Kioi Terrace, 1-3 Kioicho, Chiyoda-ku

Lunch 11:30-15:00 (LO15:00)
Dinner 15:00-23:00 (LO22:00)
Closing Days Year-end and New Year holidays
Access 0-minute walk from Nagatacho subway station

Offering authentic Asian cuisine and wine in a unique bistro-style setting.





ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	hTr	WC	MENU	MENU	MENU
✂	Hand	🚫	🚫	🚫	🚫	HALAL



8 soba kappo inata

蕎麦割烹 稲田

☎ 03-6262-1490

<https://inataya.co.jp/restaurant/muromachi/>

3F Coredo Muromachi1,
2-2-1 Nihonbashi-Muromachi, Chuo-ku

Weekdays Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-23:00 (LO22:00)

Sat./Sun./Holidays 11:00-23:00 (LO22:00)

Closing Days Irregular closing

Access Directly connected to Mitsukoshimae subway station
Directly connected to Shin-Nihombashi JR station

Offering soba with a specialty dashi and delicate Japanese meals cooked by artisans. Enjoy delicious sake and gourmet food in a town where long-established shops gather, which is perfect for adults!



ACCESS MAP



WEBSITE



12 SUSHI TAKAYA

鮨 たかや

☎ 03-3573-8030

<https://www.kutani-ginza.com/en/>

B1F Ginza Lee bldg., 7-3-9 Ginza, Chuo-ku

Lunch 12:00-14:00 (LO13:30)

Dinner 17:30-22:30 (LO21:00)

Closing Days Irregular closing

Access 5-minute walk from Shimbashi JR station

5-minute walk from Yurakucho JR station

5-minute walk from Ginza subway station

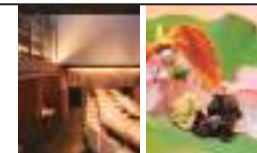
Purchasing seasonal ingredients called Hashiri (the beginning of the season) and offers dishes with a little more effort and ingenuity to bring out the original flavor. Reservations are required for vegetarian and halal food options.



ACCESS MAP



WEBSITE



9 CRAFTROCK BREWPUB&LIVE

CRAFTROCK BREWPUB&LIVE

☎ 03-5542-1069

<https://craftrock.jp/brewpub/store/>

1F Coredo Muromachi Terrace,
3-2-1 Nihonbashi-Muromachi, Chuo-ku

Weekdays Lunch 11:00-15:00 (LO14:00)

Dinner 17:00-23:00 (LO22:00)

Sat./Sun. 11:00-23:00

Closing Days According to the building closing days

Access Directly connected to Mitsukoshimae subway station
Directly connected to Shin-Nihombashi JR station

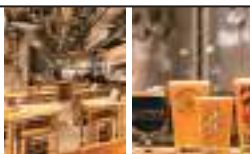
Offering an original beer freshly brewed here!!



ACCESS MAP



WEBSITE



13 Restaurant Noah

レストランノア

☎ 03-3561-2230

<https://gurunavi.com/en/g293417/rst/>

2F Ginza Inns2, 2-2 Ginza Nishi, Chuo-ku

Mon. to Wed. 11:30-22:00

Thu. to Sat. 13:00-22:00

Closing Days Sun./Holidays

Access 2-minute walk from Yurakucho JR station

Come and try it! Hamburger steak with a taste that has been preserved since 1978!



ACCESS MAP



WEBSITE



10 Fujin Tree

フージンツリー コレド室町テラス店

☎ 03-6262-5611

<https://fujintree.jp/en/>

2F Coredo Muromachi Terrace,
3-2-1 Nihonbashi-Muromachi, Chuo-ku

Weekdays 11:00-22:00 (LO21:00)

Closing Days Irregular closing/Jan.1

Access Directly connected to Mitsukoshimae subway station

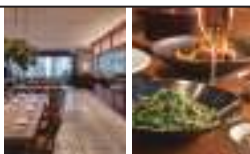
Enjoy exquisite Taiwanese cuisine with champagne. Just like the one-Michelin-starred Taipei flagship restaurant, we use plenty of fresh vegetables, seasoned well, and healthy, mild taste with little oil. A cozy, creative, and relaxing ambience.



ACCESS MAP



WEBSITE



14 BULLDOG GINZA CRAFT BEER

ブルドック 銀座クラフトビール

☎ 03-3564-0996

<https://ginza-bulldog.com/>

2F Ginza Inns1, 3-1 Ginza Nishi, Chuo-ku

Weekdays 15:00-23:00 (LO22:00)

Sat./Sun./Holidays 12:00-23:00 (LO22:00)

Closing Days No regular closing

Access 1-minute walk from Yurakucho JR station

Directly connected to Ginza subway station

Offering a craft beer here as a beer pub and sports bar. British pub interior and offers substantial meals and a place to enjoy sports.



ACCESS MAP



WEBSITE



11 Gino Sorbillo Artista Pizza Napoletana

Gino Sorbillo Artista Pizza Napoletana

☎ 03-6910-3553

<https://tabelog.com/en/tokyo/A1302/A130202/13239411/>

1F Coredo Muromachi Terrace,
3-2-1 Nihonbashi-Muromachi, Chuo-ku

Weekdays 11:00-23:00 (LO21:30)

Lunch 11:00-14:00

Closing Days According to the building closing days

Access Directly connected to Mitsukoshimae subway station
Directly connected to Shin-Nihombashi JR station

Pizza using authentic Italian ingredients based on the recipe of the main store in Naples.



ACCESS MAP



WEBSITE



15 Bar Espanol LA BODEGA Ginza

Bar Espanol LA BODEGA 銀座店

🕒 03-6264-5456

<https://bar-espanol-labodega-ginza.com/index.html>

10F Tokyu Plaza Ginza, 5-2-1 Ginza, Chuo-ku

Offering a variety of authentic Spanish cuisine using fresh seafood, the classic paella, as well as sangria with seasonal fruits.

Lunch 11:00-16:00
Dinner 17:00-23:00 (LO21:45)

Closing Days According to the building closing days

Access 4-minute walk from Yurakucho JR station
1-minute walk from Ginza subway station
2-minute walk from Hibiya subway station
2-minute walk from Yurakucho subway station



ACCESS MAP



WEBSITE



19 BISTRO 222

BISTRO 222

🕒 03-6432-4336

<https://tabelog.com/en/tokyo/A1301/A130103/13226712/>

2F Shintora-dori CORE, 4-1-1 Shimbashi, Minato-ku

A casual bistro to enjoy fresh fish and meat dishes with natural wines with innovative, unusual ideas and presentations.

Weekdays Lunch 11:30-14:30 (LO14:00)
Dinner 17:00-23:00 (LO22:00)

Sat./Sun./Holidays Lunch 12:00-15:00 (LO14:30)
Dinner 17:00-22:30 (LO22:00)

Closing Days Sun. (Irregular closing)

Access 5-minute walk from Shimbashi JR station



ACCESS MAP



WEBSITE



16 UNNANKINOKOHINABE GOZENBOU GINZATEN

雲南キノコ火鍋 御膳房 銀座店

🕒 03-6228-6231

<https://www.gozenbo.com/gozenbo-ginza>

11F Ginza Trevious bldg., 2-6-5 Ginza, Chuo-ku

Gozenbo Ginza offers a Yunnan mushroom hotpot dish, as well as authentic Yunnan cuisine of the Gozenbo Roppongi. Mushroom hot pot has been praised as a "beauty treatment" for women since ancient times and has the effect of beautifying the skin and strengthening the immune system.

Weekdays Lunch 11:30-15:00 (LO14:30)
Dinner 17:00-23:00 (LO22:00)

Sat./Sun./Holidays 11:30-22:00 (LO21:00) *Lunch LO15:00

Closing Days Dec.31 dinner to Jan.1

Access 0-minute walk from Ginza-itchohome subway station
5-minute walk from Ginza subway station



ACCESS MAP



WEBSITE



20 Kyoto Ichinoden Roppongi Hills

京都一の傳 六本木ヒルズ店

🕒 03-6432-9808

<https://www.ichinoden.jp/en/>

5F Roppongi Hills West Walk,
6-10-1 Roppongi, Minato-ku

Offering course meals with Kyoto-style grilled fish for lunch and seasonal Kyoto-style dinners that make the most of the unique flavors of seasonal ingredients. Reservations are required for vegetarian and halal food options.

Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-23:00 (LO21:00)

Closing Days Wed./Year-end and New Year holidays

Access 1-minute walk from Roppongi subway station
7-minute walk from Nogizaka subway station



ACCESS MAP



WEBSITE



17 Yuba and Tofu Cuisine Umenohana Ginza Namikidori

梅の花 銀座並木通店

🕒 03-3538-2226

https://umenohana-restaurant.co.jp/n_english/

5F Namiki-dori bldg., 2-3-6 Ginza, Chuo-ku

Offering dishes using carefully selected yuba, tofu, and seasonal ingredients. Wheelchair-accessible private table rooms are available. Reservations are required for allergy-friendly dishes.

Lunch 11:00-16:00 (LO15:00)
Dinner 17:00-22:00 (LO21:00)

Closing Days Year-end and New Year holidays

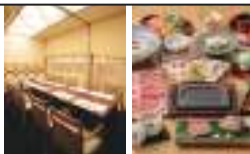
Access 5-minute walk from Yurakucho JR station
3-minute walk from Ginza subway station



ACCESS MAP



WEBSITE



21 Japanese Restaurant Hishinuma

日本料理 菱沼

🕒 03-3568-6588

<https://www.restaurant-hishinuma.jp/>

B1F AXIS bldg., 5-17-1 Roppongi, Minato-ku

Enjoy traditional Japanese cuisine, puffer fish, suppon (soft-shelled turtle) dishes, and more than 130 different wines.

Business Hours 18:00-23:00 (LO20:30)

Closing Days Sun./Holidays

Access 10-minute walk from Roppongi-itchohome subway station



ACCESS MAP



WEBSITE



18 Trattoria TOSCANA

Trattoria TOSCANA 神谷町店

🕒 03-5404-5252

<https://tabelog.com/en/tokyo/A1307/A130704/13112199/>

2F Shiroyama Trust Tower,
4-3-1 Toranomon, Minato-ku

Welcoming customers with our sincerity in cooking and friendly service for local people to maintain their health. With the concept of memorable dishes, all our dishes are cooked with sincerity!

Lunch 11:15-15:00 (LO14:30)
Dinner 17:00-23:00 (LO22:00)

Closing Days Sat./Sun./Holidays

Access 3-minute walk from Kamiyacho subway station



ACCESS MAP



WEBSITE



22 Edition・Koji・Shimonura

エディション・コウジ・シモムラ

☎ 03-5549-4562

<https://www.koji-shimonura.jp/en>

1F Roppongi T-CUBE., 3-1-1 Roppongi, Minato-ku

A restaurant where many people enjoy French cuisine.



Lunch 12:00-15:30 (LO13:00)
Dinner 18:00-22:00 (LO19:30)
Closing Days Wed.
Access 5-minute walk from Roppongi-itchohome subway station



ACCESS MAP



WEBSITE



26 YORIMICHI Odaiba

YORIMICHI Odaiba

☎ 03-6426-0234

<https://tabelog.com/en/tokyo/A1313/A131306/13275005/>

6F Aqua City Odaiba, 1-7-1 Daiba, Minato-ku

Offers casual bowls of rice topped with exquisite ingredients from super high-end restaurant suppliers. Italian and French cuisine chefs cook with ingredients suitable for [Japanese] cuisine. Stop by and have a great time! Reservation is required for allergy-friendly dishes.



Business Hours 11:00-23:00
Closing Days According to the building closing day
Access 5-minute walk from Daiba Yurikamome station
8-minute walk from Odaiba-kaihinkoen Yurikamome station



ACCESS MAP



WEBSITE



23 Shinhyonbuen

新兄弟苑 シンヒョンブエン 赤坂店

☎ 03-6426-5593

<https://tabelog.com/en/tokyo/A1308/A130801/13283559/>

1F Akasaka SK bldg., 2-14-8 Akasaka, Minato-ku

Enjoy the authentic taste of ribs, namul, kakuteki, and kimchi together.



Business Hours 11:00-5:00
Closing Days No regular closing
Access 3-minute walk from Akasaka subway station
5-minute walk from Tameike-sanno subway station
6-minute walk from Akasaka-mitsuke subway station



ACCESS MAP



WEBSITE



27 GREEN ASIA TOKYO

GREEN ASIA TOKYO

☎ 03-6426-0633

<https://www.hotpepper.jp/strJ001153828/>

6F Aqua City Odaiba, 1-7-1 Daiba, Minato-ku

Offering popular Thai, Indonesian, and Vietnamese cuisine, creative dishes with an Asian taste, halal meat dishes, and vegan and vegetarian menus.



Business Hours 11:00-23:00 (LO22:00)
Closing Days According to the building closing day
Access 2-minute walk from Tokyo Teiport Rinkai station
5-minute walk from Oumi Yurikamome station
14-minute walk from Kokusai-tenjijo Rinkai station



ACCESS MAP



WEBSITE



24 Ittougaiyakiniku Daigo Odaibaten

一頭貫焼肉 醍醐 お台場店

☎ 03-3599-2929

https://yakniku-daigo.com/shop_info/odaiba/

6F DECKS Tokyo Beach Seaside Mall, 1-6-1 Daiba, Minato-ku

At Daigo Odaiba, enjoy delicious food and a beautiful night view overlooking the Rainbow Bridge.



Lunch 11:00-15:00 (LO14:30)
Dinner 17:00-23:00 (LO22:00)
Closing Days According to the building closing day
Access 2-minute walk from Odaiba-kaihinkoen Yurikamome station
7-minute walk from Tokyo Teiport Rinkai station



ACCESS MAP



WEBSITE



28 Korean BBQ Restaurant KollaBo AQUA CITY ODAIBA

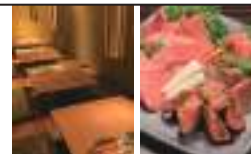
炭火焼肉・韓国料理 KollaBoアクアシティお台場店

☎ 03-6426-0717

<https://tabelog.com/en/tokyo/A1313/A131306/13205108/>

5F Aqua City Odaiba, 1-7-1 Daiba, Minato-ku

Taste of 16 authentic Korean restaurants here. The line-up includes charcoal-grilled meats, ganjang-gejang, cheese dak galb, and other exquisite dishes!



Weekdays 11:00-22:00 (LO21:30)
Sat./Sun./Holidays 11:00-23:00 (LO22:15)
Closing Days According to the building closing day
Access 3-minute walk from Daiba Yurikamome station
3-minute walk from Odaiba-kaihinkoen Yurikamome station
5-minute walk from Tokyo Teiport Rinkai station



ACCESS MAP



WEBSITE



25 Big Chef

ビッグシェフ

☎ 03-3599-6571

<https://www.hotpepper.jp/strJ000035794/>

5F DECKS Tokyo Beach Seaside Mall, 1-6-1 Daiba, Minato-ku

No doubt, everyone from children to adults will be satisfied! Popular hamburger steak and omelet rice combination, and a set of hearty beef steak and deep-fried shrimp!



Lunch 11:00-16:00 (LO15:00)
Dinner 17:30-21:00 (LO20:00)
Closing Days According to the building closing day
Access 2-minute walk from Odaiba-kaihinkoen Yurikamome station
5-minute walk from Daiba Yurikamome station
8-minute walk from Tokyo Teiport Rinkai station



ACCESS MAP



WEBSITE



29 Yamashita Honki Udon Shinjuku Kabukicho

山下本気うどん 新宿歌舞伎町

☎03-5291-3002

<https://yamashita-honki-udon.com/>

2F/3F/4F Kado bldg., 1-21-12 Kabukicho, Shinjuku-ku

Noodles are made here every day, and freshly cooked udon is served. Thin, smooth udon noodles go down so easily. The crispy tempura using carefully selected flour is a gem. Try it with rock salt and dipping sauce.

Business Hours Open 24 hours

Closing Days Irregular closing

Access 1-minute from Shinjuku Seibu station

4-minute from Shinjuku subway station

4-minute from Shinjuku-nishiguchi subway station



ACCESS MAP



WEBSITE



33 LE PAIN FRANCAIS Sekiguchi

関口フランスパン

☎03-3943-1665

https://www.sekiguchipan.co.jp/index_tenpo.html

2-3-3 Sekiguchi, Bunkyo-ku

A bakery established in 1888 and has been loved by local residents for 136 years.

Weekdays/Sat 8:00-18:00

Sun./Holidays 8:00-17:00

Closing Days Year-end and New Year holidays

Access 6-minute walk from Edogawabashi subway station



ACCESS MAP



WEBSITE



30 MORETHAN TAPAS LOUNGE

MORETHAN TAPAS LOUNGE

☎03-6300-0174

https://www.mothersgroup.jp/shop/morethan_dining.html

1F The Knot Tokyo Shinjuku, 4-31-1 Nishishinjuku, Shinjuku-ku

An all-day dining restaurant. Enjoy a foreign atmosphere while in Japan.

Lunch 11:00-15:15

Café Time 15:30-17:00 (LO16:30)

Dinner 17:00-23:00 (LO22:00)

Closing Days According to the building closing day

Access 13-minute walk from Shinjuku JR station

10-minute walk from Hatsudai Keio station

5-minute walk from Tocho-mae subway station

5-minute walk from Nishi-shinjuku-gochome subway station



ACCESS MAP



WEBSITE



34 -Social Café- Sign with Me × very berry soup

ソーシャルカフェ サインウィズミー × ベリーベリースープ

☎03-5615-8764

Please contact via fax, for this place is operated by a signer.

<https://signwithme.in/>

1F Community Center, 4-15-14 Hongo, Bunkyo-ku

The only soup café in the world that operates with sign language as its official language. Offering soup with lots of ingredients for health and beauty. Many customers who do not speak sign language prefer its calm space.

Business Hours 11:00-17:00

Closing Days Irregular closing

Access 5-minute walk from Kasuga subway station



ACCESS MAP



WEBSITE



31 CEN DIVERSITY HOTEL&CAFE

CEN DIVERSITY HOTEL&CAFE

☎03-6278-9901

<https://hotelcen.com/cafe/>

1F CEN DIVERSITY HOTEL,

1-5-19 Hyakunincho, Shinjuku-ku

The café latte made with carefully selected coffee beans and fruit tea would be the pride of any other cafe. This adult hideaway cafe is recommended for dates, work, and relaxation.

Business Hours 8:00-22:00

Closing Days No regular closing

Access 5-minute walk from Shin-Okubo JR station

5-minute walk from Okubo JR station

12-minute walk from Shinjuku JR station

4-minute walk from Shinjuku Seibu station



ACCESS MAP



WEBSITE



35 ECO FARM CAFE 632

エコファームカフェ632

☎03-3498-0632

<https://tabelog.com/en/tokyo/A1306/A130601/13010652/>

6-32-10 Jingumae, Shibuya-ku

Ingredients are our own cultivated, pesticide-free vegetables. All generations can feel at home in this restaurant.

Business Hours 11:00-21:00 (LO20:00)

Closing Days Year-end and New Year holidays

Access 7-minute walk from Harajuku JR station

1-minute walk from

Meiji-jingumae subway station



ACCESS MAP



WEBSITE



32 Cafe BUNBUN

カフェBUNBUN

☎03-5940-2822

<https://team-lien.com/service/bunbun.html>

2-16-15 Kohinata, Bunkyo-ku

A café where people with disabilities work not only to provide food and drinks but also to expand the local community's activities by organizing gallery and local events to provide a place of expression.

Business Hours 9:00-17:00

Closing Days Year-end and New Year holidays

According to the building closing day

Access 5-minute walk from

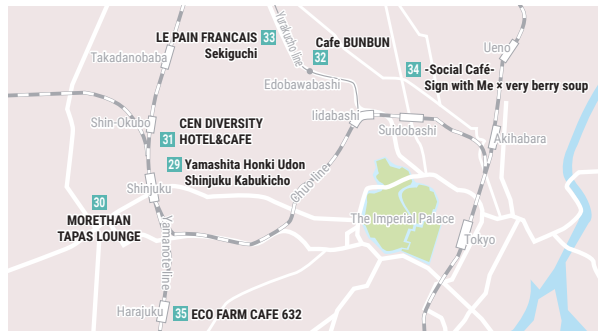
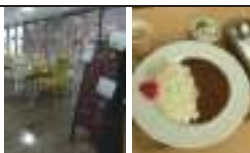
Edogawabashi subway station



ACCESS MAP



WEBSITE



36 Kinoji

喜の字

🕒 **03-5371-3690**

<http://www.kinoji-sasazuka2.jp/>

#A 1F Aota bldg., 3-19-2 Sasazuka, Shibuya-ku

Business Hours 18:00-23:30

Closing Days Irregular closing

Access 8-minute walk from Sasazuka Keio station

Offering a course meal tailored to the customer using seasonal ingredients. Kinoji provides a convenient place for everyone for various occasions, such as a quick drink or a relaxed kaiseki.



ACCESS MAP



WEBSITE



40 THE CELLAR TOKYO

THE CELLAR TOKYO

🕒 **03-6384-7345**

<https://www.thecellartokyo.com/>

3-4-5 Nishiikebukuro, Toshima-ku

Business Hours 19:00-2:00

Closing Days Sun.

Access 5-minute walk from Ikebukuro JR station

The cellar offers California wines, a wide range of beer, whiskey, shochu, and cocktails.



ACCESS MAP



WEBSITE



37 Garlic Mania

Garlic Mania

🕒 **03-6903-6966**

<https://tabelog.com/en/tokyo/A1323/A132302/13283492/>

1F Green pia Otsuka, 2-29-3 Kitaotsuka, Toshima-ku

Lunch 11:30-15:00 (LO14:30)

Dinner 15:30-23:00 (LO22:00)

Closing Days Mon.

Access 5-minute walk from Otsuka JR station

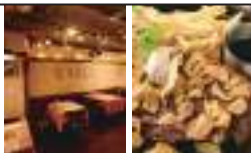
A casual restaurant that offers creative garlic dishes including our signature garlic toast made with fermented butter, and rib steak served with a special garlic sauce.



ACCESS MAP



WEBSITE



41 MAC's CARROT

マックスキャロット

🕒 **03-3565-3668**

<https://tabelog.com/en/tokyo/A1305/A130502/13012444/>

1F Koun bldg., 3-16-16 Mejiro, Toshima-ku

Tue. to Thu./Sun. 11:00-21:00 (LO20:30)

Fri./Sat. 11:00-22:00 (LO21:30)

Closing Days Mon. (if Mon. is a holiday, the following Tue. Will be closed)

Access 2-minute walk from Mejiro JR station

Welcome to MAC's CARROT! The cafe experienced in holding parties for the visually impaired. Reservations are required for allergy-friendly dishes.



ACCESS MAP



WEBSITE



38 FUKUSHIMAYA

福島家

🕒 **03-3918-3330**

<https://fukushima-ya.jp/>

2-1-1 Sugamo, Toshima-ku

Business Hours 9:30-18:00

Closing Days Wed. (tow more days in a month)

Access 1-minute walk from Sugamo JR station

A Japanese confectionery shop along the Nakasendo Road that has been in business since the end of the Edo period. More than 200 varieties of high-grade Japanese fresh confectionaries are sold every year. Handmade from a confectionery sample book passed down for generations. Seasonal fresh traditional sweets are served with matcha tea.



ACCESS MAP



WEBSITE



42 Perfavore

ペルファボーレ

🕒 **03-3959-3970**

<https://tabelog.com/en/tokyo/A1322/A132202/13108899/>

1-18-12 Kanamecho, Toshima-ku

Lunch 11:30-16:00 (LO15:00)

Dinner 18:00-23:00 (LO22:00)

Closing Days Tue.

Access 3-minute walk from Kanamecho subway station

Spaghetti is served in a frying pan to keep it warm while eating or can be served on a plate. The restaurant for a main course of delicious spaghetti.



ACCESS MAP



WEBSITE



39 Sainoan LUMINE Ikebukuro

菜の庵 ルミネ池袋

🕒 **03-5954-8287**

<https://shop.create-restaurants.co.jp/1267/>

9F LUMINE Ikebukuro,

1-11-1 Nishiikebukuro, Toshima-ku

Lunch 11:00-17:00 (LO17:00)

Dinner 17:00-22:00 (LO21:30)

Closing Days According to the building closing day

Access 1-minute walk from Ikebukuro JR station

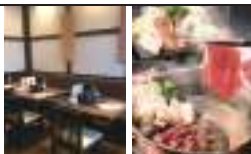
All-you-can-eat beef, pork, and fresh vegetables in the visually pleasing restaurant with a variety of fresh vegetables on display! Offering deliciousness to your heart's content.



ACCESS MAP



WEBSITE



1 YAKINIKU YANSANDO PARUKOYA UENOTEN

焼肉 陽山道 パルコヤ上野店

☎03-6284-2880

<https://yansando.jp/parcoya-ueno/>

6F PARCO ya Ueno, 3-24-6 Ueno, Taito-ku

Loved in Ueno, Tokyo, for 60 years. The authentic yakiniku restaurant, Long-established Yakiniku Yansando, reliably sources high-quality A5-rank meat from our own sources and pursues satisfaction through uncompromising taste.

Lunch 11:00-15:00 (LO15:00)

Dinner 15:00-22:00 (LO21:00)

Closing Days No regular closing

Access 3-minute walk from Okachimachi subway station

1-minute walk from Ueno-hirokoji subway station



ACCESS MAP



WEBSITE



2 Forestier Seiyouken

フォレストイーユ精養軒

☎03-3821-9151

<https://www.seiyoken.co.jp/restaurant/t-bunka/index.html>

Tokyo Bunka Kaikan, 5-45 Uenokoan, Taito-ku

Offering a full set menu and an extensive a la carte menu of mainly Western cuisine for pre-theater dining and afterwards. Vegetarian support requires confirmation in advance by phone.

Business Hours 11:00-17:00 (LO16:30)

11:00-19:00 (LO18:30)

(Subject to change due to concerts etc. at Tokyo Bunka Kaikan)

Closing Days According to the building closing day

Access 1-minute walk from Ueno JR station



ACCESS MAP



WEBSITE



3 Bistro NOHGA

BISTRO NOHGA

☎03-6284-2417

<https://www.nohgahotel.com/ueno/en/>

1F NOHGA HOTEL UENO TOKYO,

2-21-10, Higashiueno, Taito-ku

Located on the 1st floor of the hotel. Bistro NOHGA uses carefully selected seasonal and local ingredients. Delicious dishes with gentle flavors will delight your body and mind. Consult us on allergies and vegetarian meals when making the reservation.

Breakfast 7:00-10:00

Lunch 11:30-14:00

Café Time 14:00-18:00

Dinner 18:00-22:30 (LO20:30)

Closing Days Irregular closing

Access 5-minute walk from Ueno JR station

3-minute walk from Ueno subway station



ACCESS MAP



WEBSITE



4 Hard Rock CAFE

ハードロックカフェ 上野駅東京

☎03-5826-5821

<https://cafe.hardrock.com/tokyo-uyeno-eki/>

1F Atré Ueno, 7-1-1 Ueno, Taito-ku

Stop by for a cold beer, a juicy burger, and great live entertainment! Our spacious interior is packed with memorabilia from some of the best musical legends of all time. Enjoy our world-class flavors and impeccable service!

Business Hours 8:00-23:00 (LO22:00)

Lunch 10:00-14:00 (LO14:00)

Closing Days Irregular closing

Access 1-minute walk from Ueno JR station



ACCESS MAP



WEBSITE



5 cafe CREATEA

カフェ CREATEA

☎03-6803-2501

<https://createa.jp/>

4-18-12 Taito, Taito-ku

A hideaway café with a handmade interior with the theme of "craftsmanship" offers special coffee made using a particular process!

Business Hours 10:00-19:00 (LO18:30)

Lunch 12:00-15:00 (LO14:30)

Closing Days Sat./Sun./Holidays/Year-end and New Year holidays

Access 7-minute walk from Okachimachi JR station

3-minute walk from Naka-okachimachi subway station

6-minute walk from Ueno-okachimati/Ueno subway station

8-minute walk from Ueno-hirokoji subway station

4-minute walk from Shin-okachimachi Tsukuba Express station



ACCESS MAP



WEBSITE



6 Ueno Seiyouken

上野精養軒 本店 レストラン (洋食)

☎03-3821-2181

<https://www.seiyoken.co.jp/global/en/index.html>

4-58 Uenokoan, Taito-ku

Ueno Seiyoken has been a pioneer in authentic Western cuisine loved by many people for many years and has maintained its traditional taste.

Tue. to Thu. 11:00-17:00 (LO16:00)

Sat./Sun./Holidays 10:30-18:00 (LO17:00)

Closing Days Mon

Access 5-minute walk from Ueno JR station

5-minute walk from Ueno subway station

8-minute walk from Ueno-okachimachi subway station

5-minute walk from Keisei-Ueno station



ACCESS MAP



WEBSITE



7 Ittougaiyakiniku Gen Asakusahonten

一頭貫焼肉 玄 浅草本店

☎03-5826-2929

<https://gen-gen-gen.com/>

2F Hulich Asakusa icchome bldg.,

1-42-4 Asakusa, Taito-ku

Ittogai Yakiniku Gen Asakusa Honten is a yakiniku restaurant in Asakusa, one of the most famous old towns in Tokyo. Enjoy reasonably priced, high-quality meat carved from whole, top-quality, Wagyu from black cattle, which is strictly scrutinized by meat professionals.

Lunch 11:45-15:00 (LO14:30)

Dinner 16:30-22:15 (LO21:45)

Sat./Sun./Holidays 16:30-21:50 (LO21:15)

Closing Days No regular closing

Access 8-minute walk from Asakusa subway station

1-minute walk from Asakusa Tsukuba Express station

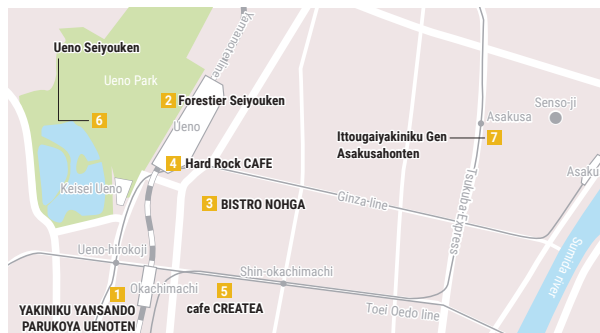
8-minute walk from Asakusa Tobu station



ACCESS MAP



WEBSITE



8 Russian cuisine Larousse

ロシア料理 ラルース

☎03-3841-3383

<https://larousse-asakusa.com/>

1-39-2 Asakusa, Taito-ku

In business for 40 years, the restaurant offers standard Russian dishes of beef stroganoff, borscht, pirozhki, and cabbage rolls. Gatherings for anniversaries, birthdays, and other occasions are welcome.

Lunch 11:30-14:00 (LO14:00)

Dinner 14:00-22:30 (LO20:30)

Closing Days Tue. (If Tue. is a holiday, the following Wed. will be closed)

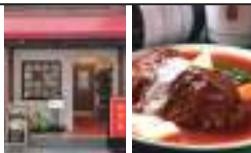
Access 3-minute walk from Asakusa Tsukuba Express station
6-minute walk from Asakusa Tobu station



ACCESS MAP



WEBSITE



12 Coffee Ya

珈琲家

☎090-5779-6460

<https://tabelog.com/en/tokyo/A1312/A131203/13148740/>

2-13-7 Higashimukojima, Sumida-ku

A café you will want to visit whenever you are nearby. Take a break with the elegant flavor of coffee.

Weekdays 6:00-17:00

Sun./Holidays 8:00-17:00

Closing Days Thu.

Access 1-minute walk from Hikifune Tobu station



ACCESS MAP



WEBSITE



9 Seafood Restaurant MEHICO Asakusa

シーフードレストラン メヒコ 浅草店

☎03-3843-6052

<http://mehico.com/shop/other6.html>

1F Sawadaya bldg., 1-39-5 Asakusa, Taito-ku

The history of Restaurant MEXICO always includes the crab pilaf. Offering traditional dishes. Proud of their particular taste.

Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-23:00 (LO22:00)

Sat./Sun./Holidays 11:00-23:00 (LO22:00)

Closing Days Mon.

Access 3-minute walk from Asakusa Tsukuba Express station
3-minute walk from Asakusa Tobu station



ACCESS MAP



WEBSITE



13 Oyster Market Kakiichiba TOKYO SKYTREE Ekimaeten

オイスターマーケット 牡蠣市場とうきょうスカイツリー駅前店

☎03-5637-8844

<https://gurunavi.com/en/gf8p000/rst/>

1F Narihira Heights, 2-19-4 Narihira, Sumida-ku

Offering up to 10 kinds of raw oysters from Hokkaido to Kyushu, the most delicious in the season. There is a selection of sake and wines to complement the oysters.

Lunch 12:00-14:30 (LO14:00)

Dinner 17:00-21:00 (LO20:00)

Sat./Sun./Holidays 12:00-21:00 (LO20:00)

Closing Days Irregular closing

Access 3-minute walk from Skytree-mae Keisei/subway station
3-minute walk from Tokyo Skytree Tobu station



ACCESS MAP



WEBSITE



10 Fleur de Sarrasin

Fleur de Sarrasin フルールドサラザン

☎03-6876-1851

<http://www.fleurdesarrasin.tokyo/>

1F Inpalace 1, 2-14-2 Nishiasakusa, Taito-ku

★Specializing in Japanese buckwheat galette and Japanese craft cider. ★Soba (buckwheat) noodles are milled on our own millstone every morning. Ciders are purchased directly from various regions, and more than 40 varieties are always offered.

Lunch 11:45-15:00 (LO14:00)

Dinner 17:45-23:00 (LO22:00)

Closing Days Irregular closing

Access 1-minute walk from Asakusa Tsukuba Express station
5-minute walk from Tawaramachi subway station
8-minute walk from Asakusa subway station



ACCESS MAP



WEBSITE



14 cafe kohana

cafe kohana

☎03-3626-0221

<https://www.facebook.com/CafeKohana/>

1F Matsumaru bldg., 3-11-14 Yokokawa, Sumida-ku

To go with the delicious food, live jazz performances are held several times a month. The café has a fresh vegetable farmers' market. Enjoy food and music.

Morning Mon. to Thu. 8:00-11:30

Fri./Sat./Sun./Holidays 9:00-11:30

Lunch 11:30-15:00

Dinner Mon. to Fri. 15:00-19:30 (LO19:00)

Sat./Sun./Holidays 15:00-18:00 (LO17:30)

Closing Days Irregular closing

Access 7-minute walk from Oshiage subway station



ACCESS MAP



WEBSITE



11 Le Marais

Le Marais (マレ)

☎03-5829-8533

<https://www.marais.jp/>

1F Fam bldg., 1-25-12 Asakusabashi, Taito-ku

A bistro to enjoy luxurious French cuisine with delicious wine in a casual and relaxed ambiance. The chef's passion is reflected in the restaurant's handwritten daily menu!

Tue. to Sat. 11:30-23:00 (LO22:00)

Sun./Holidays 11:00-22:00 (LO21:00)

Closing Days Mon.

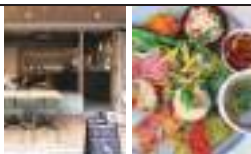
Access 2-minute walk from Asakusabashi JR station
5-minute walk from Asakusabashi JR station



ACCESS MAP



WEBSITE



15 NEKOZUKI

厚焼きホットケーキのお店 ねこづき

📞 03-6456-1392

<https://www.instagram.com/nekozuki2019/>

1F Miyaguchi House, 3-14-2 Taihei, Sumida-ku

Pancakes are made to order, one by one, from the batter. The owner who loves cats carefully fries and serves the best pancakes.



Business Hours 11:00-17:00 (LO16:00)

Closing Days Mon./Fri./Irregular closing

Access 7-minute walk from Kinshicho JR station



ACCESS MAP



WEBSITE



16 CAPRICCIOSA ORINASU KINSHICHO

カプリチオーザ オリナス錦糸町店

📞 03-6658-8805

<https://olinas-kinshicho.capricciosa.com/>

4F Olinas Kinshicho, 4-1-2 Taihei, Sumida-ku

Capricciosa means "whimsy" in Italian. The best Italian cuisine from the authentic Trattoria restaurant in southern Italy, where you can enjoy food with lots of people.



Business Hours 11:00-22:00 (LO21:30)

Closing Days According to the building closing day

Access 5-minute walk from Kinshicho JR station
3-minute walk from Kinshicho subway station



ACCESS MAP



WEBSITE



17 CRUISE AND THE CAFE

クルーズアンドザカフェ

📞 03-6659-2580

<https://www.tokyowaterways.com/en/cruise-and-the-cafe>

1F Hulic Ryogoku River Center,
1-2-13 Yokoami, Sumida-ku

Taste a truly delicious coffee in the café designed to resemble the interior of a ship. Alcoholic beverages are also available. Visit here for a waiting lounge before a river cruise or enjoy our spacious cafe to enrich your break.



Business Hours 10:30-18:00

Closing Days Irregular closing/Year-end and New Year Holidays(Check website for more about business hours)

Access 3-minute walk from Ryogoku JR station
7-minute walk from Ryogoku subway station



ACCESS MAP



WEBSITE



18 genbacafe1451

現場喫茶

📞 03-6657-0911

<https://genbacafe.tokyo/>

1-45-1 Oshiage, Sumida-ku

A café that looks like a construction site, run by a real construction company, Takahashi Industries Co., Ltd. Enjoy the unique ambiance and unparalleled food and drinks!



Business Hours 9:00-18:00 (LO17:30)

Closing Days Mon./Tue.

Access 5-minute walk from Oshiage subway station
8-minute walk from Tokyo Skytree Tobu station



ACCESS MAP



WEBSITE



19 Series the Sky

Series the Sky

📞 03-6658-8444

<https://series-the-sky.com/en/>

31F Tokyo Soramachi Series the Sky,
1-1-2 Oshiage, Sumida-ku

The second location of the Chinese restaurant Series combines traditional Cantonese cooking techniques with spices from Asian countries acquired through training in Hong Kong, Shanghai, Singapore, and Indonesia. Reservations are required for allergy-friendly dishes.



Lunch 11:00-15:00 (LO14:00)

Dinner 17:00-23:00 (LO21:00)

Closing Days According to the building closing day

Access Directly connected to Tokyo Skytree
Tobu station/Oshiage Keisei station



ACCESS MAP



WEBSITE



20 Cafe Sabutake

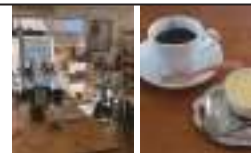
cafeさぶたけ

📞 090-3548-3158

https://www.city.sumida.lg.jp/kurashi/gomi_recycle/3r_torikumi/3r_jissen/syokuhin_loss/tabekiri_suisuyuten/sabutake.html

2-31-17 Higashimukojima, Sumida-ku

"Welcome back" and "To be a place where people can visit us anytime." Chatter lovers and listeners will naturally be animated in conversation. Once you know each other, they will become good friends. A mixed community where everyone of all ages enjoys smiles and the aroma of delicious coffee together.



Business Hours 10:00-18:00 (Changes occasionally)

Closing Days Wed./Sun./Irregular closing

Access 2-minute walk from Hikifune Tobu station
4-minute walk from Keisei Hikifune station



ACCESS MAP



WEBSITE



21 nekojita shokudo

猫舌食堂

<https://www.instagram.com/nejokitashokudo/>

1F Goto bldg., 1-11-9 Edogawa, Edogawa-ku

Offering lunch on a single plate based on the taste of school lunches that everyone has eaten. A dish that is devised to reduce salt and use a variety of ingredients to get a variety of nutrients.



Business Hours 11:30-17:00 (LO16:30)

Closing Days Thu./Fri.

Access 8-minute walk from Mizue subway station



ACCESS MAP



WEBSITE



Joto Area

Joto Area

22 YUKINOKAMA COFFEE

雪の窯珈琲

☎ 03-6808-5055

<https://yukinokamacoffee.com/concept.html>

1F Crest form Funabori South Stage,
4-12-8 Funabori, Edogawa-ku

Business Hours 12:00-22:00 (LO21:00)

Closing Days Wed.

Access 6-minute walk from Funabori subway station

The coffee is brewed with an espresso machine imported from Seattle, and Yukimuro coffee for limited hours is recommended. Offering a wide range of alcoholic beverages specializing in Niigata, such as wine stored in snow, beer, cocktails, and highballs at the bar.



ACCESS MAP



WEBSITE



23 POPOLAMAMA (monzennakacho)

ポポラマーマ 門前仲町店

☎ 03-3820-4417

<https://www.popolamama.com/index.php>

1F Tomioka Y bldg., 1-7-6 Tomioka, Koto-ku

Business Hours 11:00-22:00 (Close early during year-end and New Year Holidays)

Closing Days No regular closing

Access 1-minute walk from Monzen-nakacho subway station

A fresh pasta specialty restaurant in business for 30 years. Feel free to drop in and enjoy the chewy fresh pasta.



ACCESS MAP



WEBSITE



24 THAI Food yum yum Monzennakacho

タイ屋台居酒屋 ヤムヤム

☎ 03-6458-5455

https://www.instagram.com/monnaka_yamyam/

1-7-5 Tomioka, Koto-ku

Lunch 11:00-14:00

Dinner 17:00-23:00

Closing Days No regular closing

Access 2-minute walk from Monzen-nakacho subway station

The Thai chef, who has worked at a four-star hotel in Thailand, prepares authentic Thai Isaan using plenty of pesticide-free vegetables and herbs directly purchased from contract farmers in Miyakojima.



ACCESS MAP



WEBSITE



25 Hanamizuki Monzennakacho

花水木 門前仲町

☎ 070-4397-2131

<https://the-ayumi.jp/2024/07/16/store-article-hanamizuki/>

1-12-4 Tomioka, Koto-ku

Business Hours 17:30-22:30 (LO22:00)

Closing Days Sun./Holiday

Access 1-minute walk from Monzen-nakacho subway station

The predecessor was a first-class Japanese restaurant Mimaki. That was a famous restaurant where politicians and entertainers visited every day when the Tomioka area was bustling as a geisha district. Only high-quality meat carefully selected with the owner's strict attention is served.



ACCESS MAP



WEBSITE



26 sinasoba haruko

志那そば晴弘

☎ 03-3642-8037

<https://tabelog.com/en/tokyo/A1313/A131303/13008015/>

1F Takeuchi 1st bldg., 1-21-9 Tomioka, Koto-ku

Weekdays 11:30-14:00

18:00-22:00 (LO21:45)

Sat./Sun. 11:30-14:45

17:00-21:00 (LO20:45)

Closing Days Tue (Wed. irregularly close)

Access 5-minute walk from Monzen-nakacho subway station

A light soy sauce-flavored soup with delicious dashi. A popular shop especially crowded on Saturdays, Sundays, and holidays. The waiting time outside the restaurant may be long.



ACCESS MAP



WEBSITE



27 Monnaka Sakaba kushito

もんなか酒場 串人

☎ 03-3642-3311

<https://www.hotpepper.jp/strJ001201983/>

1-22-26 Tomioka, Koto-ku

Business Hours 16:00-23:00 (LO22:00)

Closing Days Irregular closing

Access 2-minute walk from Monzen-nakacho subway station

Always very fresh Japanese chicken is carefully skewered and grilled ♪ Enjoy our proud yakitori! An assortment is also available for a great deal! Comfortable tables and chairs are spread out with plenty of room to spare.



ACCESS MAP



WEBSITE



28 TO-TEN-KO

東天紅 深川店

☎ 03-3641-0125

<https://www.totenko.co.jp/restaurant/fukagawa/>

5F Akafudado Fukagawa bldg.,
2-10-1 Monzennakacho, Koto-ku

Weekdays Lunch 11:30-15:00 (LO14:00)

Dinner 17:00-21:00 (LO20:00)

Sat./Sun./Holidays 11:30-21:00 (LO20:00)

Closing Days Irregular closing (Apprx. two days a month)

Access 1-minute walk from Monzen-nakacho subway station

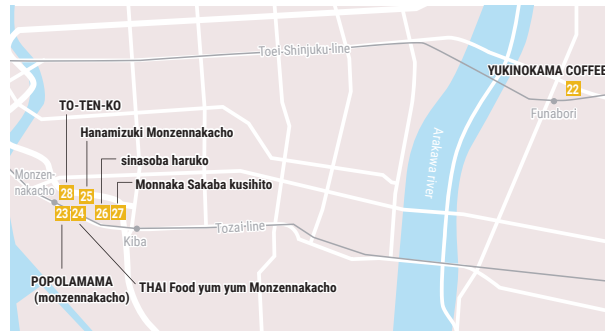
You will be welcomed in a heartfelt way.



ACCESS MAP



WEBSITE



29 Sumibiyakiniku Sarugaku Toyosuten

炭火焼肉 猿楽 豊洲店

☎03-5859-0572

<https://www.yakiniku-sarugaku.com/>

1F Lalaport Toyosu 3, 2-4-9 Toyosu, Koto-ku

A variety of especially delicious innards carefully selected from only the finest quality innards by the connoisseur of a specialty shop. A5 rank Wagyu beef and fresh innards are offered for lunch as well.

Business Hours 11:00-22:00 (LO21:00)

Closing Days According to the building closing days

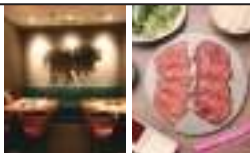
Access 3-minute walk from Toyosu subway station
5-minute walk from Toyosu Yurikamome station



ACCESS MAP



WEBSITE



33 TEMPURA TENTORA

天ぷら天寅

☎03-5875-0691

<https://www.kameidoclock.jp/shop/?scd=000080>

1F Kameido Clock, 6-31-6 Kameido, Koto-ku

Offering standard tempura and seasonal ingredients freshly fried! Also serving Tentora original tempura and a large number of snacks that go well with sake. Enjoy tempura that will satisfy your stomach and feelings in a stylish and modern Japanese restaurant.

Lunch 11:00-15:00

Dinner 15:00-23:00 (LO21:45)

Closing Days Jan. 1

Access 2-minute walk from Kameido JR/Tobu station
1-minute walk from Sujimmori bus stop(Toei bus)



ACCESS MAP



WEBSITE



30 HAKATA SYOKUSAI HYOUTEI RARAPOTO TOYOSUTEN

博多食彩 表邸ららぽーと豊洲店

☎03-6910-1559

<https://bentendotoyosu.gorp.jp/>

3F Lalaport Toyosu, 2-4-9 Toyosu, Koto-ku

A selection of Hakata's best dishes welcomes customers.

Lunch 11:00-16:00

Dinner 16:00-22:00 (LO21:00)

Closing Days According to the building closing days

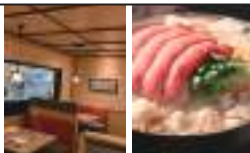
Access 5-minute walk from Toyosu subway station



ACCESS MAP



WEBSITE



34 Mobile Care & Ocha Cafe

Mobile Care & お茶Cafe

☎03-6807-9873

<https://www.mobile-care.jp/>

3-20-17 Machiya, Arakawa-ku

Mobile-Care & Ocha Café opened in Machiya in spring 2021 as a hybrid shop specializing in walking healthcare products and chiffon cakes made with carefully selected eggs.

Business Hours 11:30-20:30

Closing Days Mon./Thu./Sun./Obon holidays/Year-end and New Year holidays.

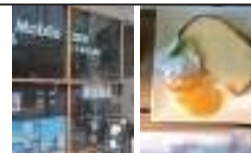
Access 5-minute walk from Machiya subway station



ACCESS MAP



WEBSITE



31 italian kameido osteriahana

イタリアン 亀戸 オステリアハナ

☎03-5628-6321

<https://osteriahana.com/>

#106, 1-36-4 Kameido, Koto-ku

Appreciate the Italian cuisine as if you were invited to a fashionable friend's house. A slightly lower seat that is easy to use for children and the elderly.

Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-22:00 (LO21:00)

Closing Days 3rd Wed.

Access 5-minute walk from Kameido JR station



ACCESS MAP



WEBSITE



35 TOKYO L.O.C.A.L BASE

TOKYO L.O.C.A.L BASE

☎03-6807-7748

<https://tokyolocal.me/>

1-3-12 Machiya, Arakawa-ku

A stylish yet popular diner menu. Based on the concept of an "old town diner," the menu includes hearty omelet rice, pasta, and many dishes.

Lunch Mon. to Fri. 11:00-14:30

Sat./Sun./Holidays 10:00-14:30

Mon. to Sun./Holidays 14:30-18:00 (LO17:30)

Cafe Time Mon. to Sat. 18:00-23:00 (LO22:00)

Sun./Holidays 18:00-22:00 (LO21:00)

Closing Days No regular closing

Access 5-minute walk from Machiya subway/Keisei station



ACCESS MAP



WEBSITE



32 kuronjyou restaurant

九龍城 飯店

☎03-6715-4304

https://www.instagram.com/kuronjyouhanten_official

6-23-2 Kameido, Koto-ku

Just a three-minute walk from Kameido Station! Offering more than 100 all-you-can-eat Chinese dishes, such as pepper steak, shrimp chili egg, twice-cooked pork, and fried rice. Anyone can enjoy the all-you-can-drink lineup including traditional beer and Shaoxing wine!

Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-23:00 (LO22:30)

Closing Days Mon.

Access 3-minute walk from Kameido JR station



ACCESS MAP



WEBSITE



36 ayrton café

あいるとんかふえ

☎03-3801-9008

<https://tabelog.com/en/tokyo/A1324/A132401/13134845/>
1F Takahashi bldg., 7-2-15 Minamisenju, Arakawa-ku

Business Hours 7:30-19:30 (LO19:00)

Closing Days Mon.

Access 2-minute walk from Minami-Senju JR/
subway station

A cozy café with Ayrton Senna on the poster watching over. All foods, including homemade bread, pizza, and buns made with delicious flour from Hokkaido offers a comforting taste.



ACCESS MAP



WEBSITE



40 Malanotora Takenotsuka

麻辣の虎 竹ノ塚店

☎03-5851-8090

<https://tabelog.com/en/tokyo/A1324/A132404/13278741/>
THE VALUE SHARED HOTEL TAKENOTSUKA,
3-16-10 Takenotsuka, Adachi-ku

Business Hours 11:00-23:00 (LO22:30)

Closing Days No regular closing

Access 8-minute walk from Takenotsuka
Tobu station

A Chinese restaurant specializing in hot and spicy pot and stir-fry dishes. Enjoy the authentic taste of Sichuan cuisine.



ACCESS MAP



WEBSITE



37 NATURAL CAFE KOHIKIYA

natural cafe こひきや

☎03-6807-7512

<http://kohikiya.tokyo/free/english>
5-20-15 Higashiogu, Arakawa-ku

Business Hours 11:30-14:30 (LO14:00)

Sat. 11:30-17:00 (LO16:00)

Closing Days Sun./Mon./Holidays

Access 5-minute walk from Akado-shogakkomae
Nippori-Toneri Liner station
5-minute walk from Kumanomae
Nippori-Toneri Liner station

A cafe based on the concept of Have a Delicious Time. A relaxing ambiance with safe and secure meals that do not contain any chemical seasonings.



ACCESS MAP



WEBSITE



41 Otodama

おとだま

☎03-3856-0905

<https://tabelog.com/en/tokyo/A1324/A132404/13248836/>
1F, 2-2-3 Nishitakenotsuka, Adachi-ku

Business Hours 9:00-16:00

Lunch 11:30-14:00

Closing Days Mon./Sun.

Access 1-minute walk from Takenotsuka
Tobu station

Offering hand-brewed coffee, light meals, cakes, and a daily lunch special. Very cozy café. Wheelchair users and customers on their own are welcome!



ACCESS MAP



WEBSITE



38 IZAKAYA YOSUKE

居酒屋 酔助

☎03-4362-9833

<https://www.hotpepper.jp/strJ003324718/>

2F Nippori ekimae Tochu bldg.,
2-19-7 Nishinippori, Arakawa-ku

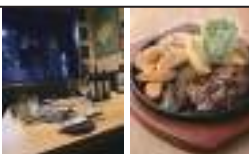
Weekdays 15:00-23:30 (LO23:00)

Sat./Sun./Holidays 12:00-23:30 (LO23:00)

Closing Days Irregular closing

Access 1-minute walk from Nippori JR/
Keisei station

The owner procures fresh vegetables and fish from the market and serves them in ways that suit the ingredients. An izakaya with a completely private room where you can enjoy your meal without worrying about others.



ACCESS MAP



WEBSITE



42 CAFE GARDEN

カフェガーデン

☎03-3694-9022

<https://tabelog.com/en/tokyo/A1324/A132403/13046048/>
6-18-2 Tateishi, Katsushika-ku

Business Hours 10:00-17:00 (LO16:30)

Lunch 11:00-16:00

Closing Days Mon./Sun./Holidays

Access 6-minute walk from Tateishi Keisei station
North exit
6-minute walk from Aoto Keisei station

A bakery with a café featuring oven-baked pizza, pasta, and freshly baked bread! Pasta and afternoon tea are served in a good, old-European style café.



ACCESS MAP



WEBSITE



39 café mogii+

café mogii+

☎03-5604-5129

https://www.instagram.com/cafe_mogii.plus/

5-1-1 Higashinippori, Arakawa-ku

Business Hours 11:30-18:00 (LO17:00)

Closing Days Mon./Sun./Holidays

Access 8-minute walk from Nippori JR/Keisei station
7-minute walk from Mikawajima JR station
8-minute walk from Uguisudani JR station

A special moment spent with a galette made from Japanese buckwheat flour!



ACCESS MAP



WEBSITE



43 Izakaya YU-YU

居酒屋ゆうゆう

☎03-5699-6599

<http://yu-yu.website/>

Corpo Yoshino, 5-30-11 Takasago, Katsushika-ku

Enjoy the very elegant taste at a reasonable price in this izakaya.



Lunch 11:30-14:00 (LO13:30)

Dinner 17:00-27:00 (LO26:00)

Sun. 17:00-22:00 (LO21:00)

Closing Days No regular closing(Lunch close on Sun.)

Access 1-minute walk from Keisei-Takasago station



ACCESS MAP



WEBSITE



44 Kissa Hakujuuji

喫茶 白十字

☎03-3600-6583

<https://tabelog.com/en/tokyo/A1324/A132403/13076480/>

1F Shirojuji bldg., 5-29-13 Takasago, Katsushika-ku

Installed a large medical air purifier to protect from infectious diseases. Breakfast from 510 yen, 13 lunch dishes from 890 yen, and cake sets from 720 yen on Fridays and rainy days. Booth seating for 70 people.



Business Hours 8:30-19:00

Only on Wed. 8:00-19:00

Closing Days Sun.

Access 0-minute walk from Keisei-Takasago station



ACCESS MAP



WEBSITE



45 Sansankudo

三三九度

☎03-3838-3210

<https://sansankudo.net/>

3-39-10 Aoto, Katsushika-ku

Enjoy seasonal dishes with a blend of Japanese and Western flavors, including fresh sashimi, boiled fish, and finely chopped fish with miso, plus a wide range of drinks.



Lunch 11:30-15:00 (LO14:30)

Dinner 15:00-23:00 (LO22:00)

Closing Days Wed.

Access 1-minute walk from Aoto Keisei station



ACCESS MAP



WEBSITE



46 choujyuan

長寿庵

☎03-3654-6739

<https://choujyuan.com/>

3-29-5 Nishiichinoe, Edogawa-ku

The local gourmet dish of Komatsuna soba and udon is a healthy new specialty of Edogawa. Offering the standard menu, a variety of lunch dishes at a reasonable price.



Lunch 11:00-14:30 (LO14:00)

Dinner 17:00-20:00 (LO19:30)

Closing Days Thu./3rd Fri.

Access 20-minute walk from Ichinoe subway station
6-minute walk from Nishi Ichinoe Sanchome bus stop(Toei bus)



ACCESS MAP



WEBSITE



47 Five Loaves Cafe

Five Loaves Cafe 小岩店

☎03-3657-2205

<https://www.facebook.com/FveLoavesCafe/>

1F Sato bldg., 2-11-7 Kitakoiwa, Edogawa-ku

Meals and drinks that are gentle to the body and mind, also safe and secure for children. Heartfelt meals are prepared to increase the power of the ingredients without cutting corners.



Business Hours Tue./Wed./Thu./Sat. 11:00-19:00 (LO18:30)

Fri. 10:30-17:00 (LO16:00)

Closing Days Sun./Mon.

Access 3-minute walk from Keisei-Koiwa station



ACCESS MAP



WEBSITE



48 Traditional crafts cafe ARTISAN

伝統工芸カフェ・アルティザン

☎03-3676-9083

<https://www.shinozaki-bunkaplaza.com/>

3F Shinozaki Bunka Plaza,
7-20-19 Shinozakimachi, Edogawa-ku

Offering an original rice casserole with white sauce and sweets made with Komatsuna, a specialty of Edogawa-ku. Komatsuna is freshly harvested from local farmers every morning.



Business Hours 9:00-20:30 (LO19:30)

Closing Days Irregular closing

Access 1-minute walk from Shinozaki subway station



ACCESS MAP



WEBSITE



49 PARKLIFE CAFE & RESTAURANT

PARKLIFE CAFE & RESTAURANT

☎03-6808-0070

<https://parklifecafe.zetton.co.jp/>

6-2-1 Rinkaicho, Edogawa-ku

A café in the central plaza of the park. Enjoy pancakes, Loco Moco, curry, udon, kids' menu, and other dishes in the spacious interior and terrace.



Business Hours 10:00-17:00 (LO16:30)

Closing Days Year-end and New Year holidays

Access 7-minute walk from Kasai Rinkai Koen JR station



ACCESS MAP



WEBSITE



1 THE CRUISE CLUB TOKYO
ザ・クルーズクラブ東京

03-3450-4300
<https://octokyo.co.jp/english/>

1F Seafort Square, 2-3-16 Higashishinagawa, Shinagawa-ku

Business Hours Cruise (inboard)
Sat./Sun./Holidays Lunch Cruise 12:00-13:40
Afternoon Cruise 14:15-15:00 (Sat./Sun./Holiday only)
Dinner Cruise 18:00-20:00 Night Cruise 20:45-21:45
Weekdays Dinner Cruise 18:30-20:30 Night Cruise 21:15-22:15
Check Website for Club House plan

Closing Days Irregular closing
Access 2-minute walk from Tennozu Isle Tokyo monorail station
5-minute walk from Tennozu Isle Rinkai station





80cm	2cm	WC	MENU	MENU	MENU
hTr	WC	MENU	MENU	MENU	
✂	✋	🍷	🌿	HALAL	

5 Zarusobodokoro Ikinukian Shouri
筑蕎麦処 粹貫庵 彰利

03-6277-2076
<https://r.goope.jp/ikinukian/about>

#103 Garden city Shinagawa Gotenyama, 6-7-29 Kitashinagawa, Shinagawa-ku

Business Hours 11:00-15:00
Closing Days Sat./Sun./Holidays
Access 7-minute walk from Osaki JR station
Free shuttle bus from Shinagawa/Gotanda JR station

Fifteen years since opening in Shiba Park, homemade, additive-free and large size 500g soba, which inherits the spirit of a zaru soba restaurant! Seven different special soba tsuyu (dashi + soy sauce to eat with soba) overturns the concept of soba.





80cm	2cm	WC	MENU	MENU	MENU
hTr	WC	MENU	MENU	MENU	
✂	✋	🍷	🌿	HALAL	




2 Oimachi Honma
大井町ほんま

03-6718-4040
<https://dajingtinghonma.webnode.jp/>

6-8-26 Minamishinagawa, Shinagawa-ku

Business Hours Lunch 12:00-13:30
Dinner 18:00-23:00
Closing Days Irregular closing
Access 5-minute walk from Oimachi JR station

Appreciate the dishes carefully prepared by a guy born in the Showa period. Offering the popular Grilled Harami (skirt steak) & liver, the signature Harami kushi (on a skewer), stewed meats, and seasonal dishes. The shop owner is the chef, and with no other staff, it may take some time.

80cm	2cm	WC	MENU	MENU	MENU
hTr	WC	MENU	MENU	MENU	
✂	✋	🍷	🌿	HALAL	

6 DOSUKOISAKABA TAMAKAIRIKI MUSASHIKOYAMATEN
どすこい酒場 玉海力 武蔵小山店

03-3785-6501
<https://musashikoyama-tamakairiki.com/>

3-23-10 Koyama, Shinagawa-ku

Business Hours 17:00-
Closing Days Irregular closing
Access 5-minute walk from Musashi-koyama Tokyu station

Welcomes customers with smiles and good service to provide a pleasant time with family members and friends.





80cm	2cm	WC	MENU	MENU	MENU
hTr	WC	MENU	MENU	MENU	
✂	✋	🍷	🌿	HALAL	

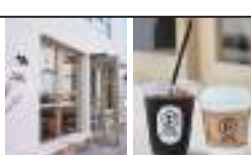


3 PARK COFFEE
PARK COFFEE

03-6754-4286
<https://www.parkcoffee-oimachi.com>

1-8-3 Oi, Shinagawa-ku

Mon./Tue./Thu. 8:00-18:00
Wed./Fri. 8:00-20:00
Sat./Sun./Holidays 10:00-18:00
Closing Days No regular closing
Access 2-minute walk from Oimachi JR station

This concept is a playground where even adults can stop by. This is a place where diverse cultures come and go. Meet friends and play beyond the barriers like when you were a child.

80cm	2cm	WC	MENU	MENU	MENU
hTr	WC	MENU	MENU	MENU	
✂	✋	🍷	🌿	HALAL	

7 OVERWHELM HAMBURGER and BAR STAND
OVERWHELM HAMBURGER and BAR STAND

03-6451-2400
https://www.instagram.com/overwhelm_hamburgershop/

1-16-14 Chuocho, Meguro-ku

Business Hours 11:00-24:00 (LO23:30)
Closing Days No regular closing
Access 7-minute walk from Gakugei-daigaku Tokyu station

Enjoy the hand-chopped patty burgers, homemade ketchup, and pickles in a colorful and fashionable space. The menu includes the unique Beef & Broccoli Cheeseburger or Kids Burger Plate for children, suitable for family meals ☺





80cm	2cm	WC	MENU	MENU	MENU
hTr	WC	MENU	MENU	MENU	
✂	✋	🍷	🌿	HALAL	

4 CAFE & HALL Ours
CAFE & HALL Ours

03-6409-6867
<https://ourscafe.jp/>

5-7-2 Kitashinagawa, Shinagawa-ku

Business Hours 10:00-18:00
Closing Days Tue.
Access 5-minute walk from Osaki JR station

Providing the dual public aspects of a café and rental space, an indispensable place for the new town of Osaki to foster its community. Offering services tailored to the needs of various people in the town.





80cm	2cm	WC	MENU	MENU	MENU
hTr	WC	MENU	MENU	MENU	
✂	✋	🍷	🌿	HALAL	



Joan Area

Joan Area

8 linne yutenji
linne yutenji

☎050-5592-7223
https://www.instagram.com/linne_yutenji
#102 IZAN bldg., 2-3-6 Chuocho, Meguro-ku

Lunch 11:30-15:00 (LO14:30)
Dinner 18:00-0:00 (LO23:00)
Closing Days Irregular closing
Access 9-minute walk from Yutenji Tokyu station

A small dining that locals go to, which pops up in the town. Offering various genres of dishes using seasonal ingredients. Welcomes you with warm hospitality, so feel free to visit.










ACCESS MAP WEBSITE

12 Togumon
中目黒焼肉 登牛門

☎03-6451-2939
<https://tabelog.com/en/tokyo/A1317/A131701/13290371/>
B1F Nakameguro Arena,
1-23-1, Kamimeguro, Meguro-ku

Business Hours 16:00-23:00 (LO22:30)
Closing Days Irregular closing
Access 2-minute walk from Naka-meguro Tokyu station

[Authorized to serve raw Wagyu beef 🍖] The Wagyu equation leads to the pinnacle of deliciousness with an original dish that hides subtle sensitivity and elaboration. Welcomes with omoenashi (hospitality) that maximizes the potential of Wagyu beef for all customers. Have a special time filled with a blissful taste for your body and mind.

ACCESS MAP WEBSITE

9 SOLO NOI sul nuje
SOLO NOI sul nuje (ソロノイ スルヌジェ)

☎03-6421-2875
https://instagram.com/solono_i_sulnuje
1F Office Toritsu-daigaku bldg.,
1-7-3 Nakane, Meguro-ku

Lunch 11:30-15:00 (LO14:00)
(Sat./Sun./Holidays LO14:30)
Dinner 17:00-22:00 (LO21:00)
(Fri./Sat./Day before a holiday LO21:30)
Closing Days Tue.
Access 1-minute walk from Toritsu-daigaku Tokyu station

Enjoy authentic pizzas that are carefully baked by certified Neapolitan pizza artisans in the wood-fired oven of Stefano Ferrara, a master Neapolitan craftsman.






ACCESS MAP WEBSITE

13 nakame on the beach
ナカメオンザビーチ

☎03-6451-0115
<https://nakame-on-the-beach.com>
#101 Friend bldg., Nakameguro,
2-16-12 Kamimeguro, Meguro-ku

Lunch 11:30-14:00 (LO13:30)
Dinner 17:00-23:00 (LO22:00)
Closing Days No regular closing
Access 3-minute walk from Naka-meguro Tokyu station

Nakame on the beach is a Japanese bistro and bar located in the middle of the Nakameguro shopping street in Tokyo. Enjoy the dishes made with ingredients from Shimoda. Pet friendly and kid friendly. Opening hours and detailed menu are updated on social media.






ACCESS MAP WEBSITE

10 News Cafe
News Cafe

☎03-3725-6450
<https://www.instagram.com/newscafetokyo/>
4F Hakko bldg., 2-9-11 Jiyugaoka, Meguro-ku

Mon./Thu./Fri./Sat. 12:00-20:00 (LO19:00)
Sun./Holidays 12:00-19:00 (LO18:00)
Closing Days Tue./Wed.
Access 5-minute walk from Jiyugaoka Tokyu station

American diner-style restaurant. The owner goes to the United States every year to travel around and eat, then faithfully reproduces the authentic taste. Vegetarian and vegan options are also offered.






ACCESS MAP WEBSITE


14 Chicken BBQ & Natural Wine Cotori
鳥焼肉と自然派ワイン Cotori

☎03-6412-7428
<https://cotori.tokyo/>
#101 casagridio, 2-10-3 Yutenji, Meguro-ku

Lunch Mon. to Sat. 17:00-24:00 (LO23:00)
Dinner Sun./Holidays 16:00-23:00 (LO22:00)
Closing Days Thu./Irregular closing
Access 2-minute walk from Yutenji Tokyu station

Offering grilled chicken not yakitori. Each table is equipped with a special roaster so there is almost no smoke or odor. Consult us on allergies and vegetarian meals when making the reservation.



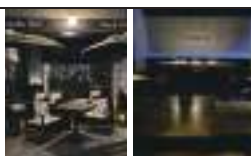



ACCESS MAP WEBSITE

11 Mark Matsuoka Grill Nakameguro
マークマツオカグリル 中目黒

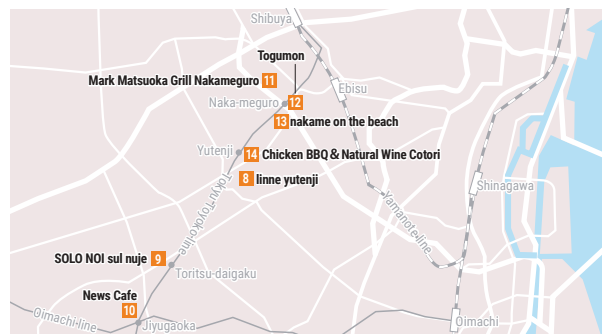
☎03-6451-2922
<https://www.markmatsuoka.tokyo/nakameguro/>
1F Suzubo bldg., 1-16-12 Kamimeguro, Meguro-ku

Lunch 11:00-16:00
Dinner 16:00-22:00 (LO21:00)
Closing Days Year-end and New Year holidays/
Irregular closing
Access 5-minute walk from Naka-meguro subway/Tokyu station

The chef, who studied in France, creates innovative dishes full of originality by fusing elements of Japanese cuisine. Carefully selected beef is sublimated into innovative dishes.

ACCESS MAP WEBSITE



Joan Area

Joan Area

15 Curry&Spice HANA KO

せきねん家 (Curry&Spice HANA KO)

📞 080-4629-5136

https://www.instagram.com/curryspice_hanako

1F, 2-14-1 Yutenji, Meguro-ku

A spice curry shop in front of Yutenji Station. All handmade, no chemical seasonings or flour. Offering mild and strong flavor curry that makes use of ingredients. We cook with sincerity so you can have a pleasant time through food.



Lunch Mon./Tue./Wed./Sat./Sun.
11:00-15:00 (LO14:30)
Thu./Fri 11:00-14:30 (LO14:00)
Dinner Mon./Tue./Wed. 18:00-21:00 (LO20:30)
Closing Days Irregular closing
Access 1-minute from Yutenji Tokyu station



ACCESS MAP



WEBSITE



16 Onda Tokyo

Onda Tokyo

📞 03-5734-1987

<https://www.onda.tokyo/>

#1B Sakura House, 1-8-12 Nakameguro, Meguro-ku

Meals with the essence of Italy using ingredients with the hearts of the farm producers from all over Japan. Offering a sense of Japan's seasonal flavors with dishes prepared by Chef Nakamura.



Lunch 12:00-15:00 (LO13:00)
Dinner 18:00-23:00 (LO20:00)
Closing Days Sun.
Access 6-minute from Naka-meguro subway/
Tokyu station



ACCESS MAP



WEBSITE



17 COFFEE BASE MEGURO

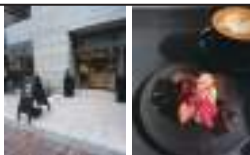
COFFEE BASE MEGURO

📞 03-6826-9569

<https://www.instagram.com/coffeebase.meguro/>

1F LUMIEC MEGURO, 2-8-8 Meguro, Meguro-ku

Offering home-roasted specialty coffee under the motto "beyond coffee" and "pet friendly." Enjoy the beans of your choice and how you like them according to your mood on the day.



Business Hours 7:00-18:00
Morning 7:00-10:00 (LO10:00)
Lunch 10:00-15:00 (LO15:00)
Closing Days Irregular closing
Access 7-minute walk from Meguro JR station



ACCESS MAP



WEBSITE



18 i-rottah

イ・ロッタ (i-rottah)

📞 03-3779-1138

<https://tabelog.com/en/tokyo/A1316/A131601/13003385/>

1F Meguro DK West,
1-5-21 Shimomeguro, Meguro-ku

Loved in Meguro for 25 years and proud of its wood-fired Neapolitan pizza and Italian regional cuisine. Offering a variety of homemade pasta! A calm and comfortable atmosphere.



Lunch 11:30-14:00 (LO13:30)
Dinner 17:30-22:00 (LO20:45)
Closing Days Wed. (open if there is a holiday on the week)/
Sun./Holidays.
Access 4-minute walk from Meguro JR station



ACCESS MAP



WEBSITE



19 Kushikatsu Sengyo Sake Hirataya

串かつ・鮮魚・酒 ひらたや

📞 03-6404-6866

<https://hirataya-inc.com/>

1F Sanko Shoji bldg., 6-27-1 Omorikita, Ota-ku

Utilizing the extensive industry experience, specialized knowledge, and unique network to pursue the creation of a wonderful izakaya that is full of the happy smiles of customers, while responding to their various requests and needs.



Business Hours 11:30-3:00 (LO2:30)
Closing Days No regular closing
Access 1-minute walk from Heiwajima Keikyu station



ACCESS MAP



WEBSITE



20 GRECIAL

野菜とイタリアンダイニング・カフェ グレシアル

📞 03-3745-6073

<https://www.grecial.jp/>

1F, 4-31-16 Nishikojiya, Ota-ku

For a truly barrier-free environment, Grecial supports people with disabilities, and the terrace seating is guide dog friendly. The soup pasta warms up your mind and body and is recommended for a delicious and enjoyable time.



Lunch 11:30-15:00 (LO14:30)
Dinner 17:30-22:00 (LO21:00)
Closing Days Wed.
Access 3-minute walk from Kojiya Keikyu station
9-minute walk from Keikyu-Kamata station



ACCESS MAP



WEBSITE



21 CHINMIROU

珍珠楼 糀谷駅前店

📞 03-5705-3939

<https://chiinmiro-kojiya.foodre.jp/>

4-14-14 Nishikojiya, Ota-ku

Appreciate the most popular Haneda gyoza, our signature menu item, and we are proud of our Chinese cuisine. We welcome a banquet booking for any occasion, even small groups!!



Lunch 11:00-15:00 (LO14:30)
Dinner 17:00-23:00 (LO22:30)
Closing Days No regular closing
Access 1-minute walk from Kojiya Keikyu station



ACCESS MAP



WEBSITE



22 HANEDA SKY BREWING

HANEDA SKY BREWING

☎ 03-5579-7350

<https://www.haneda.beer/>

2F Haneda Innovation City,
1-1-4 Haneda Airport, Ota-ku

Lunch Weekdays 11:00-14:00 (LO14:00)

Sat./Sun./Holidays 11:00-15:00

Dinner 16:00-23:00 (LO22:30)

(Café opens between lunch and dinner time)

Closing Days Irregular closing

Access 2-minute walk from Tenkubashi
Keiiky station(directly connected)

Craft beer brewed in 1-1, Haneda Airport! Offering a variety of ingredients from all over Japan with beer from Haneda! Beer is brewed in Innovation City. The restaurant attached to the brewery offers many different dishes that go well with beer, including homemade pizza and meat specialties.



ACCESS MAP



WEBSITE



26 STEAK HOUSE B&M

ステーキハウス B&M グランデュオ蒲田店

☎ 03-5713-6283

<https://www.steakbm.com/>

7F Grand duo Kamata West bldg.,
7-68-1 Nishikamata, Ota-ku

Lunch 11:00-15:00

Dinner 15:00-22:00 (LO21:30)

Closing Days According to the building closing day

Access Near Kamata JR/Tokyu station

Offering all handmade original products, such as sauces, dressings, dips, hamburger patties, and even the sausages where we grind the meat and stuff into intestines. Experience the amazing taste that you cannot find anywhere else.



ACCESS MAP



WEBSITE



23 Steak House BUFFALO

ステーキハウス バッファロー

☎ 03-3742-2622

<https://www.buffalo1992.com/english.html>

2-6-18 Haginaka, Ota-ku

Lunch 11:30-14:00 (LO13:45)

Dinner 17:30-21:00

Closing Days Irregular closing

Access 4-minute walk from
Kojiya Keiiky station

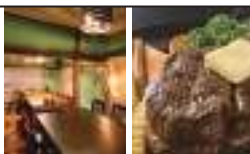
Enjoy tender and tasty Wakahime Beef! It is grilled with Bincho charcoal, and the grilling method makes a difference to the taste. While waiting for the steak, enjoy sake and delicious a la carte dishes. For wheelchair customers, reservations are recommended for smooth guidance.



ACCESS MAP



WEBSITE



27 Tatsumi

多津美

☎ 03-3731-3216

<https://tabelog.com/en/tokyo/A1315/A131503/13017744/>

7-48-8 Nishikamata, Ota-ku

Business Hours 11:30-14:30 (LO14:00)

Closing Days Sun.

Access 2-minute walk from
Kamata JR/Tokyu station

The Japanese restaurant located on the Kamata shopping street for a long time. Don't miss the exquisite pork cutlets.



ACCESS MAP



WEBSITE



24 HASUNUMA KITCHEN

蓮沼キッチン

☎ 03-3733-3504

<http://hasunuma-kitchen.com/>

6-24-5 Nishikamata, Ota-ku

Business Hours 10:00-15:00 (LO14:30)

Closing Days Sat./Sun./Holidays

Access 3-minute walk from Hasunuma
Tokyu station

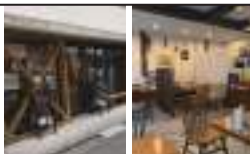
Hasunuma Kitchen is operated as a disability welfare service that supports people who have difficulty working due to mental disorders, such as alcoholism and schizophrenia, so they can work again and participate in society.



ACCESS MAP



WEBSITE



28 Rai Fu Ichiba

来富市場 蒲田本店

☎ 03-5703-1988

<https://raifuichiba.owst.jp/en/>

2F Asuto With, 4-10-14 Kamata, Ota-ku

Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-23:00 (LO22:30)

Closing Days Irregular closing

Access 1-minute walk from
Keiiky Kamata station

Offering a variety of Chinese cuisine, including Beijing duck, classic, and unique dishes! Sichuan, Fujian, Shanghai, and Hong Kong-style Chinese foods that will satisfy even first-time customers! Excitement that can only be experienced here awaits you!



ACCESS MAP



WEBSITE



25 cafe Columbia

コロンビア茶房

☎ 03-3735-3051

<https://lwy5.buzama.com/coffee/>

7-16-1 Nishikamata, Ota-ku

Business Hours 8:00-20:00

Closing Days Sun.

Access 0-minute walk from Hasunuma
Tokyu station

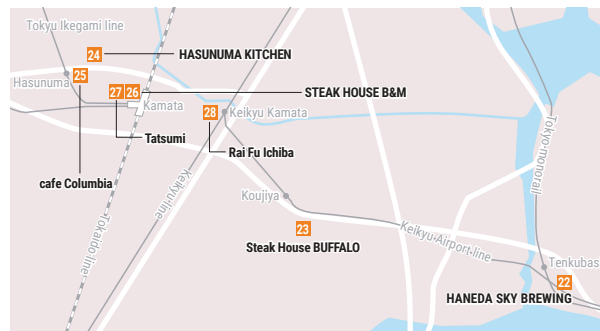
Take a moment to unwind with coffee.



ACCESS MAP



WEBSITE



29 WORLD BAR Tsubasa

完全個室 蒲田の餃子&肉バル Tsubasa (ツバサ) 蒲田店

📞 03-6428-7864

<https://worldbartsubasa.owst.jp/en/>
3F Asuto with, 4-10-14 Kamata, Ota-ku

Business Hours 17:00-23:00 (LO22:30)

Closing Days Irregular closing

Access 1-minute walk from Keiikyū Kamata station

Tubasa's beef steak is very juicy, chewy yet tender. The chewy texture is an excellent gem! Another Tubasa specialty is cheese fondue gyoza! It even comes with quattro cheese pizza, and it is premium!



ACCESS MAP



WEBSITE



30 KAMATA TENHO

蒲田 呑和

📞 03-6424-7701

<https://tenhou0801.jp/>
1F, 5-1-3 Kamata, Ota-ku

Business Hours 12:00-24:00 (LO22:00)

Closing Days Irregular closing

Access 3-minute walk from Kamata JR station

The relaxing, hideaway ambience of the restaurant creates a comfortable space where you can spend adult time. Offering a wide variety of seasonal dishes and a wide selection of sake, feel free to visit us.



ACCESS MAP



WEBSITE



31 fu-haku

fu-haku

📞 03-5755-5397

<https://fu-haku.jp/>

Denenchofu seseragi park,
1-53-12 Denenchofu, Ota-ku

Morning 8:30-11:00 (LO10:30)

Lunch 11:00-18:00 (LO17:30)

Dinner Dinner is available only Fri., Sat., and a day before holiday
18:00-22:00 (LO21:30)

Closing Days 2nd Thu.

Access Near Tamagawa Tokyū station

Denenchofu Seseragi Park. The park used to be Tamagawa-en, and then it was converted into a private tennis club. Now, it is a park surrounded by water, greenery, and a rich natural environment. Located in a corner of the park, a 30-second walk from Tokyū Tamagawa Station.



ACCESS MAP



WEBSITE



32 NORA BAKERY

ノラベーカリー

📞 03-6459-7037

<https://norabakery.com/>

1-55-10 Denenchofu, Ota-ku

Business Hours 9:00-19:00 (LO18:00)

Closing Days Mon./Irregular closing

Access 3-minute walk from Tamagawa Tokyū station

A bakery producing simple breads mainly using Japanese wheat and organic ingredients.



ACCESS MAP



WEBSITE



33 Re.beer

Re.beer

📞 03-6410-6778

<https://www.haneda.beer/>
1F, 4-31-16 Ikegami, Ota-ku

Lunch 11:30-14:00 (LO14:00)

Cafe Time 14:00-17:00

Dinner 17:00-23:00 (LO22:00)

Closing Days No regular closing

Access 3-minute walk from Ikegami Tokyū station

A Japanese food, craft beer, and sake shop in Ikegami. This craft beer is freshly made in-store using Ota City's brewing equipment developed at a small factory in Ota! Enjoy rare sakes with Japanese food.



ACCESS MAP



WEBSITE



34 Bistro Aleutian

ビストロ・アリューシャン

📞 080-9533-0511

https://www.instagram.com/bistro.aleutian_/
3-39-4 Kugahara, Ota-ku

Business Hours 17:00-23:00 (LO22:00)

Closing Days Mon./2nd and 3rd Tue.

Access 4-minute walk from Kugahara Tokyū station

With attention to detail, such as preparing and cooking the ingredients, selecting wine, and offering great hospitality, we will create a place where everyone can gather to have fun and enjoy a good meal! That's why we were born: Bistro Aleutian!



ACCESS MAP



WEBSITE



35 Hanuman

ハヌマンクが原店

📞 03-6410-2448

<https://www.hotpepper.jp/strJ001044644/>

3-40-4 Kugahara, Ota-ku

Lunch 10:00-15:00

Dinner 17:00-23:00

Closing Days No regular closing

Access 5-minute walk from Kugahara Tokyū station

The ethnic restaurant offers a wide range of Indian, Thai, and Vietnamese cuisines. Curry and cheese naan are popular! You can also choose the spiciness you like! There are also courses with all-you-can-drink and takeout. Birthday surprises are also available by reservation!



ACCESS MAP



WEBSITE



1 LiLiBET TEA HOUSE
LiLiBET TEA HOUSE



☎ **03-6805-3349**
<https://lilibet.online/>
2-36-5-1 Ikejiri, Setagaya-ku

Offering British-style dishes, such as crepe-like pancakes, salad plates, and chicken tikka masala. Some dishes can be sugar-free.


Morning 9:30-11:00
Lunch 11:00-19:00 (LO18:00)
Closing Days Tue.
Access 7-minute walk from Ikejiri-ohashi Tokyu station




ACCESS MAP WEBSITE

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5 Herbal Chinese STEAMAN
Herbal Chinese STEAMAN



☎ **03-6805-6464**
<https://steamant-futakotamagawa.jp/>
2F AG Futakotamagawa, 3-14-8, Tamagawa, Setagaya-ku

The combination of bamboo and cyberpunk represents a new style of cuisine that is a fusion of Chinese and French cuisine. Offering a special atmosphere exquisitely harmonized with contradictory materials, such as natural bamboo, futuristic stainless steel, and neon.

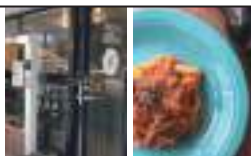
Lunch 11:30-15:00 (LO14:30)
Dinner Mon. to Thu./Sun. 17:30-22:00 (LO21:00)
Fri./Sat. 17:30-23:00 (LO22:00)
Closing Days Year-end and New Year holidays/Tue.
Access 4-minute walk from Futako-tamagawa Tokyu station

ACCESS MAP WEBSITE

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2 Pasta Alba
バスタ アルバ池尻大橋



☎ **03-6805-2723**
https://www.instagram.com/pastaalba_official/
3-16-5 Ikejiri, Setagaya-ku

Takes a week to make bacon that goes well with fresh pasta! Taste it with carbonara and amatriciana! We also process tuna!! Enjoy our homemade bacon and processed tuna together with chewy pasta.

Business Hours 11:00-21:30 (LO21:00)
Closing Days Wed.(Lunch only)
Access 9-minute walk from Ikejiri-ohashi Tokyu station

ACCESS MAP WEBSITE

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6 Asian Cafe & Diner Vivid Aja
Asian Cafe & Diner Vivid Aja



☎ **03-6411-7258**
<https://www.hotpepper.jp/strJ001224602/>
1F Santopia Tamagawa, 3-20-8 Tamagawa, Setagaya-ku

Authentic ethnic cuisine! Here is the place to enjoy foods created by genuine ethnic cuisine chefs!

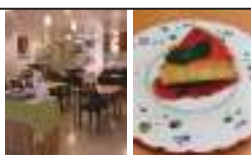
Business Hours 11:00-22:00 (LO21:00)
Closing Days No regular closing
Access 5-minute walk from Futako-tamagawa Tokyu station




ACCESS MAP WEBSITE

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3 Cafe JOY
喫茶JOY





☎ **03-3411-6675**
<https://tabelog.com/en/tokyo/A1317/A131706/13131214/>

A café run by NPO JOY where people with disabilities can experience working. Providing a range of tourism brochures for Setagaya and selling products from facilities for disabled people and Setagaya souvenirs.

1F Setagaya Sangyo Plaza, 2-16-7 Taishido, Setagaya-ku

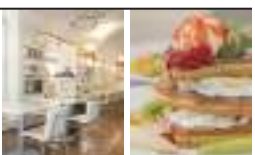
Business Hours 10:00-17:00
Closing Days 2nd Sat./Sun./Holidays/12/28-1/5
Access 3-minute walk from Sangen-jaya Tokyu station

ACCESS MAP WEBSITE

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7 CLOCHETTE CAFE
クロシェットカフェ



☎ **03-5343-5088**
<https://www.clochette-cafe.com/>
1F Sancuore, 4-3-1 Nakano, Nakano-ku

CLOCHETTE CAFE's freshly baked homemade waffles are very popular! Enjoy the fragrant herbal tea with a sweet and delicious dessert.

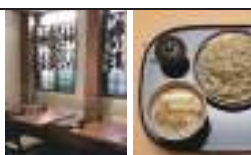
Business Hours 10:00-19:30 (LO19:00)
Closing Days Sat.
Access 5-minute walk from Nakano JR station
15-minute walk from Arai yakushi-mae Seibu station
15-minute walk from Numabukuro Seibu station

ACCESS MAP WEBSITE

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4 soba itijin
そば一仁



☎ **03-5799-6517**
<http://r.goope.jp/soba-itijin/about>
2-26-11 Sakuragaoka, Setagaya-ku

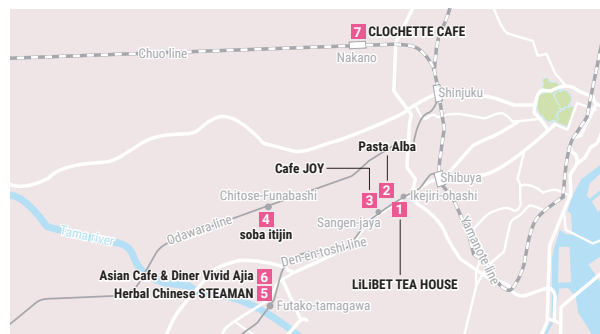
A soba restaurant using homemade flour. A 3-minute walk from Chitose Funabashi Station. Comfortable ambiance for a woman to spend time in and kid friendly. Reservations are recommended for wheelchair users.

Lunch 11:30-14:30 (LO14:00)
Dinner 17:30-21:30 (LO21:00)
Closing Days Mon./Sun.
Access 3-minute walk from Chitose-Funabashi Odakyu station

ACCESS MAP WEBSITE

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Josei Area

Josei Area

8 sarashinasouhonten kitagutiten
さらしな総本店 北口店

☎03-3389-4218
<https://tabelog.com/en/tokyo/A1319/A131902/13012893/>
5-56-7 Nakano, Nakano-ku

A handmade soba restaurant that has been around for more than 60 years. The interior is like an old private house and you can enjoy an atmospheric, relaxing meal.




Business Hours 11:00-20:30 (LO20:15)
Closing Days No regular closing
Access 4-minute walk from Nakano JR station






ACCESS MAP WEBSITE

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12 Pizzer Citraba
Pizzer Citraba

☎03-5942-8296
<https://www.pizzercitraba.com/>
1-31-11 Arai, Nakano-ku

Enjoy dishes prepared by authentic Italian chefs and a wide selection of drinks. Homemade pizza is baked in the kiln, juicy fried chicken, and a selection of gems. Craft beer and a variety of drinks are also tempting. The bright, spacious restaurant is available for various occasions.

Weekdays Lunch 11:30-14:00 (LO14:00)
Dinner 17:00-23:00 (LO22:00)
Sat./Sun./Holidays Lunch 11:30-15:00
Dinner 15:00-23:00 (LO22:00)
Closing Days Tue. (Subject to change if Tue. is a holiday)
Access 10-minute walk from Arai yakushi-mae Seibu station

ACCESS MAP WEBSITE

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9 Fruit Harbor
フルーツハーバー

☎03-6825-2970
https://www.instagram.com/fruit_harbor
1F Akiyama bldg.,
3-40-10 Kamitakada, Nakano-ku

A specialty shop for colorful and lovely fruit sandwiches! The sweetness of the large, carefully selected seasonal fruits, the light fresh cream, and the saltiness of bread are exquisitely matched! Home-roasted coffee and high-quality tea go well with fruit sandwiches! A relaxing space to enjoy a little luxury in everyday life.




Business Hours 10:00-17:00
Closing Days Mon./Tue./Wed./Thu.
Access 1-minute walk from Arai yakushi-mae Seibu station






ACCESS MAP WEBSITE

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13 cafe henri fabre
カフェ アンリ・ファブール

☎03-3223-7330
https://www.instagram.com/cafe_henri_fabre_koenji/
2F Za Koenji, 2-1-2 Koenjikota, Suginami-ku

A café on the second floor of Za-Koenji, a chocolate-colored theater visible from the Chuo Line. Flan, home-made cake, Suginami vegetable pasta curry, and other dishes are recommend.

Business Hours 11:30-19:00 (LO18:30)
Closing Days No regular closing, Year-end and New Year holidays
Access 5-minute walk from Koenji JR station



ACCESS MAP WEBSITE

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10 Space & Cafe PolePoleza
Space & Cafe ポレポレ坐

☎03-3227-1445
<https://pole2za.com/>
1F PolePoleza bldg.,
4-4-1 Higashinakano, Nakano-ku

A café that offers delicious foods, drinks, and fun times that holds various events, including movies!!

Business Hours 11:00-20:30 (LO20:00)
Closing Days 2nd and 4th Tue.
Access 2-minute walk from Higashi-Nakano JR station
2-minute walk from Higashi-Nakano subway station

ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	♿	♿
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14 JULES VERNE COFFEE
JULES VERNE COFFEE

☎03-5356-9810
<http://t.goope.jp/camino-coffee/>
#A106 R-Lieto Koenji,
4-2-24 Koenjikota, Suginami-ku

The home-roasted coffee shop offers a wonderful time with sweets that go well with coffee for coffee lovers.




Business Hours 12:00-17:00
Closing Days Mon./Tue.
Access 8-minute walk from Koenji JR station
9-minute walk from Asagaya JR station



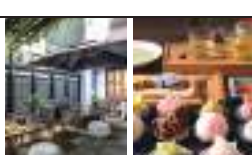


ACCESS MAP WEBSITE

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11 Kizen Cafe & Bar
葵禅カフェ&バー

☎03-6753-5858
<https://www.kizencafe.com/>
4-15-2 Higashinakano, Nakano-ku

Offering original seasonal dim sum dishes using plenty of Chinese ingredients. A kids' menu is available. Everyone from small children to the elderly is welcome.

Business Hours 11:00-22:00 (LO21:30)
Closing Days Mon.
Access 1-minute walk from Ochiai subway station
6-minute walk from Nakano JR station

ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	♿	♿
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Josei Area

Josei Area

15 J-COFFEE KOUENJI

J-COFFEE 高円寺

☎03-5377-3333

<https://www.instagram.com/jcoffee2020/>

5-33-7 Koenjiminami, Suginami-ku

A place for relaxation and socializing for local residents, so feel free to stop by. Free Wi-Fi and a wheelchair accessible restroom are available.

Business Hours 8:30-17:30 (LO17:00)

Closing Days Sat./Sun./Holidays

Access 7-minute walk from Koenji JR station



ACCESS MAP



WEBSITE



19 Nihon ryouri genji

日本料理源氏

☎03-3392-5287

<https://tabelog.com/en/tokyo/A1319/A131906/13012906/>

5-23-8 Ogikubo, Suginami-ku

Welcoming customers with fresh ingredients directly sourced from all over Japan. The main course focuses on seasonal fish that are different every month.

Business Hours Lunch 11:30-14:00 (LO14:00)

Dinner 17:00-22:00 (LO21:30)

Closing Days No regular closing

Access 2-minute walk from Ogikubo JR station



ACCESS MAP



WEBSITE



16 Toraya Chinzan

とらや椿山

☎03-3314-1331

<http://www.toraya-chinzan.com/>

1-33-5 Asagayaminami, Suginami-ku

A long-established Japanese confectionery shop founded in 1925. Aiming to make confectionery that is loved by many customers. All ingredients are made only in Japan, and only those that have passed our particular standards are used.

Business Hours 9:30-18:00 (LO17:30)

Closing Days Irregular closing

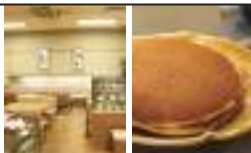
Access 2-minute walk from Minami-asagawa subway station



ACCESS MAP



WEBSITE



20 cafe & bar DILLON

cafe & bar DILLON

☎03-6915-1655

<https://tabelog.com/en/tokyo/A1319/A131906/13294368/>

B1F Gloria bldg., 5-30-12 Ogikubo, Suginami-ku

Proud offerings of pizza and pasta, and especially the rich carbonara with plenty of cheese is exquisite. Also, enjoy many sweets such as Choco Terrine, made with rich dark chocolate. The lights are dimmed inside the restaurant, and jazz is played giving it a retro atmosphere.

Business Hours Lunch 11:00-15:00 (LO15:00)

Dinner 15:00-23:00 (LO22:30)

Closing Days Thu.

Access 1-minute walk from Ogikubo JR station



ACCESS MAP



WEBSITE



17 FRESCO COFFEE ROASTERS

フレスココーヒーロasters

☎03-5397-6267

<https://www.caffe-fresco.net/>

3-31-1 Asagayaminami, Suginami-ku

Home-roasted coffee shop. Mainly selling coffee beans. Enjoy the coffee in the shop or take out.

Business Hours Weekdays/Holidays 12:00-20:00

Sat./Sun. 10:30-20:00

Closing Days Wed./2nd and 4th Tue.

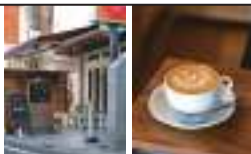
Access 5-minute walk from Asagaya JR station



ACCESS MAP



WEBSITE



21 Getsuyobi

げつようび

☎090-8228-1662

<https://tabelog.com/en/tokyo/A1318/A131806/13283120/>

2-13-6 Kugayama, Suginami-ku

A fascinating Sri Lankan curry made with Sri Lankan spices and seasonal ingredients. Besides curry, the restaurant offers Sri Lankan food and alcoholic beverages! Sri Lankan accessories procured in Sri Lanka are available. Enjoy the atmosphere!

Business Hours Lunch 11:00-15:00 (LO14:30)

Dinner 18:00-21:00 (LO20:30)

Sun./Mon. Lunch only

Closing Days Wed./Thu.

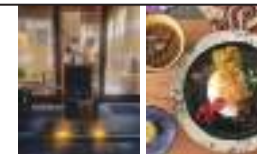
Access 4-minute walk from Kugayama Keio station



ACCESS MAP



WEBSITE



18 unagi nosuke kamiigusaten

うなぎ乃助 上井草店

☎070-4200-2391

https://syways.jp/shop/unagi-nosuke_kamiigusa/

1F Court06, 3-32-5 Kamiigusa, Suginami-ku

Unaginosuke is an eel specialty restaurant to enjoy carefully selected hearty eel with a rich flavor at a reasonable price.

Business Hours Lunch 11:00-14:00 (LO14:00)

Dinner 17:00-20:00 (LO20:00)

Closing Days Irregular closing

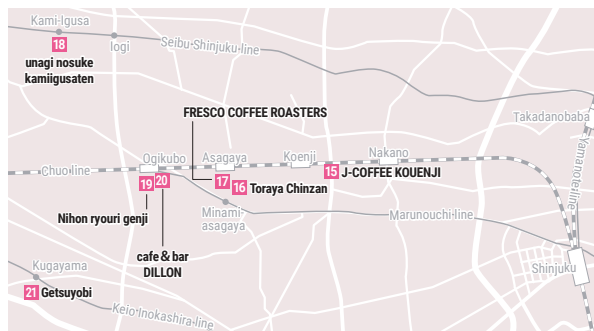
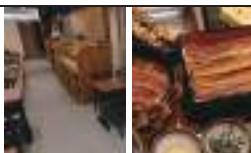
Access 1-minute walk from Kami-Igusa Seibu station



ACCESS MAP



WEBSITE



Josei Area

Josei Area

22 YOINOFUNE

ヨイノフネ

☎ 03-6826-9895

<https://yoinofune.jp/>

#103 Matsumura bldg.,
4-1-4 Kugayama, Suginami-ku

Business Hours 17:00-24:00 (LO23:00)

Closing Days Wed.

Access 1-minute walk from Kugayama Keio station

Offering high-class Japanese cuisine using seasonal ingredients and carefully selected sake. The luxurious interior and comfortable space are open until late, so you can drop in anytime. The dishes are made with special ingredients and prepared by skilled artisans with great care and effort.



ACCESS MAP



WEBSITE



26 MOTOMACHI COFFEE Shakuji Park "HANARE"

元町珈琲 石神井公園の離れ

☎ 03-3997-0078

<https://motomachi-coffee.jp/concept/>

7-1-2 Shakujiicho, Nerima-ku

Business Hours 7:00-21:00 (LO20:00)

Closing Days No regular closing

Access 1-minute walk from Shakuji-koen Seibu station

Customers will feel like they are in their favorite second home, so the restaurant is named Hanare (annex).



ACCESS MAP



WEBSITE



23 Machi-no Parlour

まちのパーラー

☎ 03-6312-1333

<https://www.facebook.com/profile.php?id=100063568959033>

1F, 2-40-4 Kotakecho, Nerima-ku

Business Hours 8:30-22:00 (LO21:00)

Close at 18:00 on Mon.

Closing Days Tue.

Access 5-minute walk from Kotake-mukaihara subway/Seibu station

A bakery and café to enjoy natural wine along with dishes and breads using Japanese wheat and homemade yeast to bring out the flavor of its ingredients.



ACCESS MAP



WEBSITE



27 nippachisoba marushima

二八そば丸嶋

☎ 03-3995-1201

<https://28sobamarushima.com/>

2-36-4 Shimoshakujii, Nerima-ku

Lunch 11:00-15:00 (LO15:00)

Dinner 17:00-20:00 (LO20:00)

Closing Days Mon.

Access 7-minute walk from Kami-Igusa Seibu station

Entering from the elegant entrance, you will find a high-quality Japanese space. The menu offers a wide variety of hearty dishes.



ACCESS MAP



WEBSITE



24 MINNANO-Cafe Smile VIVIFY

みんなのカフェ すまいる・VIVIFY

☎ 03-6310-3034

<https://smile-vivify.com/>

#A102 Lakeside Shakuji-koen,
3-2-8 Shakujiimachi, Nerima-ku

Weekdays 11:00-17:00 (LO16:30)

Sat./Sun./Holidays 12:00-17:30 (LO17:00)

Closing Days No regular closing

Access 8-minute walk from Shakuji-koen Seibu station

Each individual's time is very precious. The café values the time and space for customers to relax.



ACCESS MAP



WEBSITE



28 Toscana Ooizumigakuen

スパゲッティ専門店とすかーな 大泉学園前店

☎ 03-5935-8077

<https://toscana-ooizumigakuen.com/>

#103 Esquire Oizumi-gakuen,
5-41-13 Higashioizumi, Nerima-ku

Lunch Weekdays 11:15-15:00 (LO14:30)

Sat./Sun. 11:15-16:00 (LO15:00)

Dinner Weekdays 17:00-22:00 (LO21:30)

Sat./Sun. 17:00-21:30 (LO 21:00)

Closing Days Tue.

Access 1-minute walk from Oizumi-gakuen Seibu station

A spaghetti restaurant in the town that has been loved by the people for 31 years. Offering more than 60 types of spaghetti that have remained unchanged since the company's beginning, appetizers, and main dishes that go well with alcoholic drinks. Choose a meal with excitement and make a dish that is not on the menu by choosing different toppings.



ACCESS MAP



WEBSITE



25 TOKYO MEET Shakujiikouen

TOKYO MEAT 酒場 石神井公園店

☎ 03-5923-0050

<https://tokyomeat-shakujiikouen.com/>

3-18-13 Shakujiicho, Nerima-ku

Business Hours Tue. to Fri. 17:00-23:00 (LO22:00)

Sat. 11:30-23:00 (LO22:00)

Sun./Holidays 11:30-22:30 (LO21:30)

Closing Days Mon.

Access 1-minute walk from Shakuji-koen Seibu station

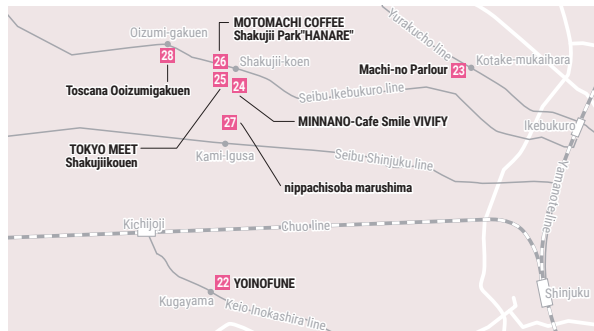
A good Italian bar to enjoy fresh pasta dishes for lunch and Italian small plates and drinks for dinner! We strive to be a restaurant loved by Shakuji Park locals and workers with heartfelt customer service and authentic cuisine. Reservations are required for wheelchair access.



ACCESS MAP



WEBSITE



Josai Area

1 ADRIA
アドリア洋菓子店

🕒 **03-3911-5767**
<https://www.adriatic.co.jp>
4-7-17 Higashijujo, Kita-ku

Business Hours 10:00-19:30
(Morning 10:00-11:30)
Closing Days Mon./Tue.
Access 1-minute walk from Higashi-Jujo JR station

Offering a wide variety of sweets with various tastes and textures, as well as seasonal sweets, preserving the traditional taste and creating new taste. With the concept of making cakes loved by all generations, our sweets will make you smile.





ACCESS MAP WEBSITE




80cm	2cm	🪑	♿	♿
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5 Ohtani Coffee
オータニコーヒー

🕒 **03-3824-3900**
<https://tabelog.com/en/tokyo/A1323/A132301/13138488/>
1-12-15 Tabata, Kita-ku

Business Hours 9:30-17:30
Closing Days Tue.
Access 6-minute walk from Tabata JR station

A calm café within 5-minute walk from Tabata Station. After the ticket gate walk to the left. Original blend coffee is available for takeout, and beans are for sale.

ACCESS MAP WEBSITE




80cm	2cm	🪑	♿	♿
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hTr	♿	📷	A	♿
🔪	👉	🍷	🌿	HALAL

2 VIEW & KITCHEN QUAD17
VIEW & KITCHEN QUAD17

🕒 **070-9030-3172**
<https://www.quad17.com/>
17F Kitatopia, 1-11-1 Oji, Kita-ku

Business Hours 10:00-21:30
(17:00 to 21:30 Reservation only)
Closing Days Irregular closing
Access 2-minute walk from Oji JR station
Directly connected from Oji subway station

A Tokyo view from the northernmost point that can only be seen from here. Enjoy the superb scenery of Mt. Fuji along with tasteful foods. Consult us on allergies or vegetarian and vegan meals when making the reservation.

ACCESS MAP WEBSITE

80cm	2cm	🪑	♿	♿
¥	WC	MENU	MENU	MENU
hTr	♿	📷	A	♿
🔪	👉	🍷	🌿	HALAL

6 9 Hamberger & Dining Bar
9 Hamberger & Dining Bar

🕒 **080-4924-2629**
<https://www.instagram.com/nine9tabata>
2-8-3 Tabata, Kita-ku

Weekdays 5:00-14:30 (LO14:00)
Sat./Sun./Holidays 5:00-17:00 (LO16:00)
Closing Days Mon.
Access 5-minute walk from Tabata JR station

A special patty kneaded with our original blend. It is juicy, not too heavy, and has an easy-to-eat taste. We always purchase fresh ingredients, changing the production area and variety depending on the season, and the patties are kept fresh. The French fries, a recipe that we researched and created, are a gem.





ACCESS MAP WEBSITE

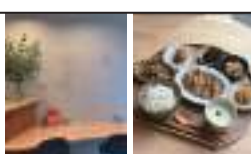


80cm	2cm	🪑	♿	♿
¥	WC	MENU	MENU	MENU
hTr	♿	📷	A	♿
🔪	👉	🍷	🌿	HALAL

3 gokan-an
五感庵 gokan-an

🕒 **03-6903-0502**
<https://www.instagram.com/gokan-an/>
1F, 4-2-9 Oji, Kita-ku

Lunch 11:30-14:00
Tea Time 14:00-18:00 (LO17:30)
Closing Days Mon./Thu./Sun.
Access 15-minute walk from Oji JR station
12-minute walk from Higashi-Jujo JR station
9-minute walk from Oji-kamiya subway station

Offering handmade deli food, lunchboxes, rice balls, and sweets. Enjoy the colors, aromas, and textures. Taste our full-hearted dishes with all five senses. We hope that the meal here will elicit a delicious smile.

ACCESS MAP WEBSITE




80cm	2cm	🪑	♿	♿
¥	WC	MENU	MENU	MENU
hTr	♿	📷	A	♿
🔪	👉	🍷	🌿	HALAL

7 Umaimonya
うまいもんや

🕒 **03-3908-1510**
<https://tabelog.com/en/tokyo/A1323/A132304/13120676/>
1-9-1 Jujonakahara, Kita-ku

Lunch 11:00-14:00 (LO13:45)
Dinner 17:00-24:00 (LO23:00)
Closing Days Irregular closing/
Year-end and New Year holidays
Access 3-minute walk from Jujo JR station
12-minute walk from Higashi-Jujo JR station

Reopened next to where it used to be! Enjoy not only okonomiyaki and yakisoba, but also authentic Kansai regional dishes, such as Wagyu beef steak, modern yaki, tonpeyaki, dote yaki, and other dishes, in a calm atmosphere.

ACCESS MAP WEBSITE



80cm	2cm	🪑	♿	♿
¥	WC	MENU	MENU	MENU
hTr	♿	📷	A	♿
🔪	👉	🍷	🌿	HALAL

4 Izunoryoushibaru Otameshiya
伊豆の漁師バレおためし屋

🕒 **03-6807-7553**
<https://uejimagroup.com/otameshiya/>
1F Twin bldg Tabata B, 1-13-9 Higashitabata, Kita-ku

Lunch 11:30-14:30 (LO14:00)
Dinner Mon. to Sat. only 17:00-22:30 (LO22:00)
Closing Days Sun./Holidays
Access 3-minute walk from Tabata JR station

A seafood izakaya to enjoy carefully selected Izu's local sake and dishes of golden red sea bream from Izu. The signature dish Kinmedai no nitsuke (boiled sea bream) prepared with traditional local flavor is highly recommended.


ACCESS MAP WEBSITE

80cm	2cm	🪑	♿	♿
¥	WC	MENU	MENU	MENU
hTr	♿	📷	A	♿
🔪	👉	🍷	🌿	HALAL



Johoku Area

Johoku Area

8 PENNA ROSSO

ペンナロッソ

☎03-3903-5579
<https://tabelog.com/en/tokyo/A1323/A132305/13012304/>

1F South Akabane Green Heights, 1-4-9 Akabaneminami, Kita-ku

Lunch 10:30-14:00 (LO14:00)
Dinner 17:00-22:00 (LO21:00)
Closing Days Tue.
Access 3-minute walk from Akabane JR station

Established in 1993 and owned for two generations, the restaurant is loved by local people. Enjoy a variety of Italian home dishes from appetizers to desserts. Consult us on allergies and vegetarian, vegan, and halal meals when making the reservation.




ACCESS MAP WEBSITE




12 CAFE&BAR FERNA



CAFE&BAR FERMA

☎090-5755-8315
<https://cafeandbar-ferna.owst.jp/en/>



2-14-8 Akabane, Kita-ku

Lunch 11:00-17:00 (LO16:00)
Dinner 18:00-23:00 (No last order)
Closing Days Irregular closing
Access 5-minute walk from Akabane JR station

Experience a sophisticated lunch menu that is unique to central Tokyo, Instagrammable desserts. Enjoy freshly squeezed fruit sours (cocktail) and premier whiskey in the stylish bar at night.

ACCESS MAP WEBSITE

9 Raclette × Raclette



ラクレット×ラクレット

☎03-5939-9378
<http://www.colors-of-life.co.jp>



1F Casa Green, 1-30-3 Akabane, Kita-ku

Lunch 11:30-15:00 (LO14:30)
Dinner 17:00-23:00 (LO22:00)
Closing Days Wed.
Access 7-minute walk from Akabane JR station

The restaurant mainly serves Western-style food. It can adjust the flavor, cut into easy-to-eat sizes, and texture can be adjusted according to the customer's request. Bright premises and comfortable sofa seats. Toothpicks and paper cups are available. Feel free to contact us by phone! If you need sign language support, please consult in advance.

ACCESS MAP WEBSITE

13 CAFE&NEON new-mon



カフェ&ネオ大衆new-mon

☎080-1213-1556
<https://ggad901.gorp.jp/>



1F Bibio, 1-6-1 Akabanenishi, Kita-ku

Lunch 11:00-17:00
Dinner 17:00-23:00 (LO22:00)
Closing Days Irregular closing
Access 2-minute walk from Akabane JR station

What sets us apart from the other bars and izakayas is the desire to entertain our customers from the heart and have a good time. We provide a service that will leave a small warm light in the hearts of all visitors.

ACCESS MAP WEBSITE

10 Lit



大衆肉ビストロLit

☎03-6903-9199
<https://www.instagram.com/lit111149/>



1-40-6 Akabane, Kita-ku

Lunch 11:30-15:00 (LO14:00)
Dinner 17:00-23:00 (LO22:30)
Closing Days Irregular closing
Access 5-minute walk from Akabane JR station
 5-minute walk from Akabane-iwabuchi subway station

Enjoy low-temperature cooking and elaborate meat dishes at a reasonable price. You will be very pleased in this clean and stylish bistro!! Our friendly staff will consult about food and drinks requests. *Course menus are available for various banquets.

ACCESS MAP WEBSITE

14 AIDA

AIDA

☎03-6915-5730
<https://tabelog.com/en/tokyo/A1322/A132201/13132544/>

Fine Ita 1st bldg., 1-49-8 Itabashi, Itabashi-ku

Lunch Tue. to Fri. 11:00-14:30 (LO14:30)
 Sat./Sun./Holidays 11:00-15:00 (LO15:00)
Dinner Tue. to Fri. 18:00-23:00 (LO22:00)
 Sat./Sun./Holidays 17:00-22:00 (LO21:00)
Closing Days Mon.
Access 2-minute walk from Shin-itabashi subway station
 4-minute walk from Itabashi JR station west exit
 7-minute walk from Shimo-itabashi Tobu station

The special hamburger steak is freshly minced, mixed, and fried at the restaurant. Our hospitality is in all the homemade dishes. A restaurant that welcomes customers with a warm ambiance.




ACCESS MAP WEBSITE




11 MALTA58



丸太小屋

☎03-6454-4050
<https://malta58.owst.jp/en/>



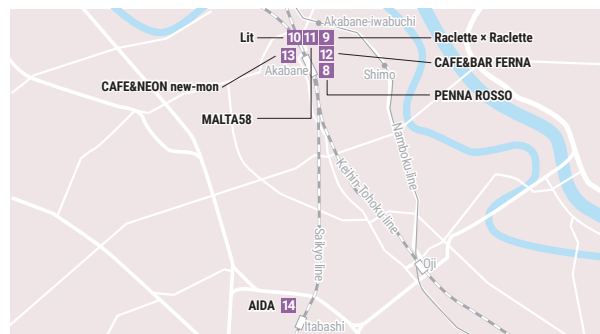
1-41-14 Akabane, Kita-ku

Business Hours 17:00-23:00 (LO22:30)
Closing Days Irregular closing
Access 5-minute walk from Akabane JR station

The stylish interior with indirect warm color lighting is very popular for girls' gatherings, dates, and anniversaries! If you let us know in advance, we can cooperate as much as possible with your special plan! The terrace is recommended for sunny days.

ACCESS MAP WEBSITE

Johoku Area

Johoku Area

15 Oyamaan
大山庵

<https://tabelog.com/en/tokyo/A1322/A132203/13106174/>
36-11 Oyamacho, Itabashi-ku

Our soba is made from 100% Japanese buckwheat flour.

Business Hours 11:30-14:00 (Last entrance 14:00)
Closing Days Tue.
Access 4-minute walk from Oyama Tobu station



ACCESS MAP



WEBSITE



16 Taiwan Tampao oyamaten
台湾タンパオ 大山店

☎ **080-3361-5838**
<http://www.taiwantanpao.com/>
40-4 Oyamacho, Itabashi-ku

The authentic taste of the traditional Taiwanese Xiaolong Yubao. Xiaolong Yubao is Xiaolongbao (dumpling) and contains plenty of soup. Perfect for any occasion, whether you want to eat well or just feel a little hungry.

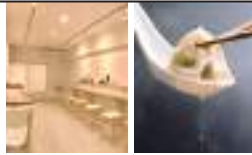
Weekdays Lunch 11:30-15:00 (LO14:30)
Dinner 17:00-21:00 (LO20:30)
Sat./Sun. 11:00-20:30 (LO20:00)
Closing Days Irregular closing
Access 5-minute walk from Oyama Tobu station



ACCESS MAP



WEBSITE



17 PON - POKO
あんみつと煎茶のお店 茶処 PON-POKO

<https://sites.google.com/view/chadokoroponpoko/>
38-2 Oyamakanaicho, Itabashi-ku

Why isn't there a shop that carefully brews sencha for each customer? So, I got the qualification of a Japanese tea instructor and opened my shop. Sencha and tea utensils selected by Japanese tea instructors are also sold.

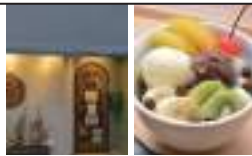
Weekdays 11:00-21:00 (LO20:30)
Sat./Sun. 11:00-19:30 (LO19:00)
Closing Days Mon./Fri.
Access 3-minute walk from Oyama Tobu station



ACCESS MAP



WEBSITE



18 Nana-Terrace
ななテラス

☎ **03-5926-7945**
<https://nana-terrace.jimdofree.com/>
3-7-7 Mukaihara, Itabashi-ku

Nana-Terrace is a community interaction center visited by multiple generations. In addition to offering delicious food, Nana-Terrace is an exchange space that connects diverse people through a variety of events.

Lunch 11:30-14:00 (LO13:30)
Dinner 17:00-19:30 (LO19:00)
Closing Days Irregular closing
Access 9-minute walk from Kotake-mukaihara subway/Seibu station



ACCESS MAP



WEBSITE



19 cafe nenene
カフェ ねねね

☎ **03-5964-5477**
<https://tabelog.com/en/tokyo/A1322/A132202/13252528/>
1F Kokorone Itabashi, 3-7-9 Mukaihara, Itabashi-ku

At Café Nenene, people with developmental or mental disabilities work together. Offering meals that are gentle to the body and mind, while valuing the connections with the ingredients' producers.

Business Hours 11:30-15:00 (LO14:30)
Closing Days Sat./Sun./Holidays
Access 8-minute walk from Kotake-mukaihara subway/Seibu station



ACCESS MAP



WEBSITE



20 Roger's Kitchen
Roger's Kitchen Cafe Tokyo ロジャースカフェ

☎ **03-6454-5765**
<https://tabelog.com/en/tokyo/A1322/A132205/13252825/>
1F Yamashita bldg., 1-12-12 Hasune, Itabashi-ku

The signature dishes use Sri Lankan spices. The healthy curry dishes with the concentrated taste of vegetables go well with the hopper made from rice flour! A lunch buffet and course menu are suitable for any occasion. With a stylish atmosphere, live music events are often held.

Lunch 11:30-15:00 (LO14:30)
Dinner 17:00-21:00 (LO20:30)
Closing Days Mon./Tue.
Access 8-minute walk from Nishidai/Hasune subway station
3-minute walk from Nishidai-Kosatenminami bus stop (Kokusai Kogyo bus)



ACCESS MAP



WEBSITE



21 KUROGE WAGYU USHINOSUKE
肉焼亭 うしのすけ

☎ **03-5970-1129**
<https://gurunavi.com/en/gc9b800/rst/>
2F Velde Motohasunuma, 22-8 Hasunumacho, Itabashi-ku

Offering a wide variety of fresh and reasonably priced rare cuts of beef. This yakiniku restaurant offers meat carved from whole, top-quality, A5 grade black Japanese cattle.

Business Hours 16:00-23:00 (LO22:30)
Sat./Sun. 12:00-23:00 (LO22:30)
Closing Days Irregular closing
Access 1-minute walk from Motohasunuma subway station



ACCESS MAP



WEBSITE



22 Yakiniku King Itabashi Maenochō

焼肉きんぐ 板橋前野町店

☎ **03-6454-5390**
<https://www.yakiniku-king.jp/shop/215>
 2F, 6-10-6 Maenochō, Itabashi-ku

Ordering is easy using a touch screen, and all dishes are served to your table by our staff. A restaurant specializing in all-you-can-eat yakiniku in a table-order buffet style.

Weekdays 17:00-23:00 (LO22:00)
Sat./Sun./Holidays 11:00-23:00 (LO22:00)
Closing Days No regular closing, Year-end and New Year holidays
Access 13-minute walk from Tokiwadai Tobu station
 12-minute walk from Kami-itabashi Tobu station



ACCESS MAP



WEBSITE



26 myungdong

焼肉明洞(やきにくみよんどん)

☎ **03-3939-0296**
<https://www.myungdong.biz/sp/shop/>
 1-28-19 Narimasu, Itabashi-ku

Providing mainly Imari beef from Saga Prefecture, which has the sweetness of fine, high-quality fat, strong aroma, and rich flavor. For wheelchair users, please make a reservation in advance. Please avoid Saturdays and Sundays as much as possible because of the congestion.

Lunch 11:00-13:00 (LO12:40)
Dinner 16:00-23:00 (LO22:00)
Closing Days Irregular closing
Access 2-minute from Narimasu subway station



ACCESS MAP



WEBSITE



23 Kissa Sakamoto

喫茶さかもと

☎ **03-3934-4018**
<https://kissasakamoto.sakura.ne.jp/>
 1F Tokiwa Corp., 4-30-4 Tokiwadai, Itabashi-ku

A café for reading a book in a comfortable ambience while listening to jazz. Mainly plays 50s jazz, please feel free to read the books on the shelves. One or two people visiting is recommended.

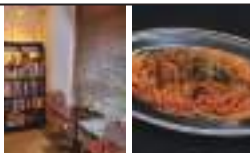
Business Hours 11:00-18:30 (LO18:00)
Closing Days Mon./Tue./3rd Sun.
Access 2-minute walk from Kami-itabashi Tobu station



ACCESS MAP



WEBSITE



27 Menya Kikoroku

麺屋 きころく 成増店

☎ **03-3975-2469**
<https://twitter.com/kikoroku>

Seasonal limited menu is popular and well received. Tsukemen (dipping ramen) shop offers vegetable potage soup of seafood, pork bones, and homemade noodles.

D'o' Bonheur Narimasu,
 2-10-7 Narimasu, Itabashi-ku
Tue. to Fri. Lunch 11:00-15:00
 Dinner 17:00-22:00
Sat./Holidays 11:00-20:00
Sun. 11:00-15:00
Closing Days Mon.
Access 1-minute from Narimasu subway station



ACCESS MAP



WEBSITE



24 Cafe TAPLOW

カフェ・タプロー

☎ **090-8341-5783**
<https://tabelog.com/en/tokyo/A1322/A132205/13107047/>
 2-28-1 Takashimadaira, Itabashi-ku

The café set a major goal of revitalizing the Takashimadaira area. Most of the customers are in their 50s to 70s, and recently, the number of young customers is increasing. The café has become a place to relax for many elderly singles living in the Takashimadaira apartment complex.

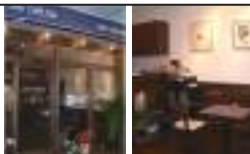
Business Hours 12:00-18:00
Closing Days Thu./1st Sun.
Access 10-minute walk from Takashimadaira subway station



ACCESS MAP



WEBSITE



28 PACCHINO

パッキーノ

☎ **03-3977-4192**
<https://tabelog.com/en/tokyo/A1322/A132204/13029950/>
 3F Goko 1st bldg., 2-12-8 Narimasu, Itabashi-ku

Conveniently located near the station. A popular restaurant centered on pizza and pasta that can be enjoyed by both children and adults.

Lunch 11:00-15:00 (LO14:00)
Dinner 17:00-22:00 (LO21:00)
Closing Days Tue.
Access 1-minute from Narimasu Tobu station
 3-minute from Narimasu subway station



ACCESS MAP



WEBSITE



25 Hibikian

ひびき庵

☎ **03-6780-0001**
<https://soba-hibikian.com/>
 5-34-33 Akatsuka, Itabashi-ku

Carefully selected buckwheat still with the husks then ground by a stone mill. All handmade soba noodles are fragrant and a proud delicacy. Each seat is placed with plenty of room so you can relax and enjoy. Handicap-accessible. A shop that you want to visit with your family.

Lunch 11:30-14:00 (LO14:00)
Dinner 17:30-21:00 (LO20:30)
Closing Days Tue./Wed.
Access 15 minute walk from Nishi-takashimadaira subway station
 1-minute walk from Kuritsubijutsukan bus stop (Kokusai Kogyo bus)



ACCESS MAP



WEBSITE





Jindaiji Soba is even mentioned in the Guide to Famous Sites in Edo. The flavor of Jindaiji Edo's intelligentsia adored.

Overview & History

The history of Jindaiji Soba noodles dates back to the Edo period, though there are multiple theories about its origins. The soil around Jindaiji Temple was not suitable for rice cultivation, so farmers grew buckwheat instead and offered it to the temple as a form of tax. The soil in this area is well-suited for growing buckwheat, and its abundant spring water makes it ideal for producing high-quality buckwheat. Additionally, the spring water was perfect for processing soba noodles. The buckwheat grown in the Jindaiji area was large, white, and sweet with around 1.5 kg of grains yielding a substantial amount of flour. The third Tokugawa shogun, Iemitsu, and Imperial Prince Kobennohō are said to have praised Jindaiji buckwheat highly. Additionally, Ōta Nanpo, a poet and fiction writer from the Edo period, promoted it, helping to boost the popularity of Jindaiji soba noodles.

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website. (https://www.maff.go.jp/j/keikaku/syokubunka/k_ryouri/area_stories/tokyo.html)

JINDAIJI SOBA

13 Jindaiji soba Ikkyuan

深大寺そば 一休庵

Specializing in handmade soba noodles, with its own flour mill located in Chofu City, Tokyo. This restaurant serves soba noodles made entirely from scratch, starting with unhusked buckwheat.

☎ 042-482-6773

<http://jindaiji19an.com/index.html>

5-11-2 Jindaijimotomachi, Chofu-shi

Weekdays 11:00-15:00

Sat./Sun./Holidays 11:00-15:30

Closing Days Mon. (if Mon. is national holiday, close next week day.)

Access 3-minute walk from Jindaiji bus stop (The bus from Chofu, Kichijoji, Tsutsujigaoka, or Mitaka station)



ACCESS MAP



WEBSITE



JINDAIJI SOBA

14

Sobagochisou Monzen

そばごちそう門前



Located near the Jindaiji area in Chofu City, which preserves the atmosphere of Musashino, the historic vast wilderness of the Kanto region. Soba noodles were once considered a feast, served as a gesture of hospitality. This history is reflected in the name of the restaurant. Handmade, coarse-ground soba noodles are available in limited quantities.

☎ 042-487-1815

<https://www.monzen.tokyo/>

5-13-5 Jindaijimotomachi, Chofu-shi

Weekdays 11:00-16:00

Sat./Sun./Holidays 10:30-16:00

Closing Days Mon./Fri.

Access 1-minute walk from Jindaiji bus stop (The bus from Chofu, Kichijoji, Tsutsujigaoka, or Mitaka station)



ACCESS MAP



WEBSITE



JINDAIJI SOBA

15

Suijinen

水神苑

Operating for half a century within the grounds of Jindaiji Temple, this restaurant serves soba noodles at the end of its seasonal cuisine course. Enjoy a menu featuring seasonal ingredients while appreciating the view of a Japanese garden that showcases the beauty of all four seasons. The medicinal cuisine, known for being both delicious and healthy, is also popular.



☎ 042-486-0811

<https://www.musashinokk.co.jp/suijin-en/>

5-10-3 Jindaijimotomachi, Chofu-shi

Weekdays Lunch 11:30-15:00 (LO14:30)

Dinner 17:00-22:00 (LO19:30)

Sat./Sun./Holidays 11:00-22:00 (LO19:30)

Closing Days Wed.

Access 1-minute walk from Jindaiji bus stop (Odakyu bus)



ACCESS MAP



WEBSITE



Nutrition & Health Information

"In addition to compounds like rutin and choline, buckwheat soba noodles also contain dietary fiber and B-complex vitamins, so they also help relieve constipation and fatigue, and aid dieting." However, since most of the nutrients in buckwheat are water soluble and end up dissolving in the water when boiled, do not forget the water the noodles are boiled in. Additionally, eating them with grated daikon radish helps to digest the noodles, and boosts absorption of the buckwheat's nutrients.



Ms. Sonoyama Makie

KATE UDON
17

Murayama Mangetsu udon

村山 満月うどん

📞 042-560-3559

<https://www.mangetsuudon.com/>
1-12-10 Mitsuki, Musashimurayama-shi

Business Hours 11:00-15:00 (LO14:30)
Closing Days Mon./Tue.

Access 2-minute from Choenji bus stop (Tachikawa bus from Tachikawa JR station)



ACCESS MAP



WEBSITE



A rustic flavor and chewy texture imparted by local flour.

Overview & History

This traditional dish consumed in Musashino since the Edo period is cold udon noodles made from locally-grown wheat flour eaten with a warm soup of dashi stock flavored with soy sauce. The key feature is that it is served with local vegetables called "kate." As water was scarce at the time, there were few rice paddies. Instead, they mainly cultivated grains such as sanwa millet, foxtail millet, and wheat, and where people gathered for New Year or the Obon Festival, it was customary to make udon noodles by hand with local flour from grain harvested in the fields.

Source: Created by processing content from the Kodaira City website.
(<https://www.city.kodaira.tokyo.jp/kurashi/012/012203.html>)

KATE UDON

KATE UDON
16

KIYOKAWA

清川

Homemade cold noodles served with hot soup. Try the traditional kate udon, served with a side dish of accompanying vegetables!

📞 042-461-0275

<https://tabelog.com/en/tokyo/A1328/A132804/13074092/>
1-10-8 Koganei, Kodaira-shi

Business Hours 11:00-15:00 (LO14:25)
Thu./Fri./Sat. 17:30-20:00 (LO19:25)
Closing Days Wed.
Access 30-second walk from Hana-Koganei Seibu station



ACCESS MAP



WEBSITE

KATE UDON
18

ENZA

エン座

The flour is produced at a mill with a 180-year-old waterwheel. The owner, originally from this area, carefully selects seasonal vegetables and flour sourced from local producers, ensuring traceability. This approach helps circulate resources within the region.

📞 03-3995-1577

<https://www.udon-enza.com/index.html>

5-12-16 Shakujicho, Nerima-ku
Shakujiko-koen Furusato Museum

Business Hours 11:00-close when noodles run out
Closing Days Mon./1st Tue.

Access 15-minute walk from Shakujiko-koen station on Seibu line



ACCESS MAP



WEBSITE

Nutrition & Health Information

Udon made from locally produced flour is especially rich in carbohydrates and B vitamins, making it a great source of energy. The kate or vegetables that accompany udon mainly consist of Japanese mustard spinach, spinach, eggplant, and other local specialties. In recent years, more restaurants have been serving meat soup with pork as well. Since these ingredients complement the vitamins A and C and dietary fiber that are lacking in udon, it makes for a local cuisine with well-balanced nutritional value.



Ms. Sonoyama Makie



Hot power food. Quickly recharge your stamina with this energizing meal.

Overview & History

Fussa Dog is a signature local specialty of Fussa. Fussa City is home to the U.S. Yokota Air Base, and you often come across American residents in the city. In 2011, the Fussa Dog was created as a local gourmet twist on the classic hot dog, a popular choice among Americans. By definition, the Fussa Dog must use wieners from one of the two ham and sausage producers in Fussa City. (Its standard length is set at 16 cm, inspired by National Route 16, which runs alongside Yokota Air Base. The diameter is 23 mm, chosen because "Fussa" sounds similar to 2 and 3 in Japanese.) Beyond these requirements, the choice of buns, sauces, and toppings is flexible. Currently, around nine shops in the city serve the Fussa Dog.

Source: Created by processing content from the Fussa City Chamber of Commerce and Industry website. (<https://fussadog.jp/dog/>)

FUSSA DOG

19

Stuben ohtama

シトゥーベン・オータマ

☎042-551-1325

<https://syutolu-benno-tama.owst.jp/en/>
785 Fussa, Fussa-shi

Wed./Thu. 11:30-14:30 (LO14:00)

17:00-21:30 (LO20:30)

Fri. 11:30-14:30 (LO14:00)

17:00-22:00 (LO21:00)

Sat./Sun./Holidays 11:30-15:30 (LO15:00)

17:00-21:30 (LO20:30)

Closing Days Mon./Tue.

Open on holidays.

May be closed on other days.

Access 3-minute walk from Fussa
JR station



ACCESS MAP



WEBSITE



This restaurant is directly operated by Otama Ham. Fussa Dog, made with wieners from the on-site production facility, is served here. The restaurant also serves a tempting selection of 10 beers, primarily craft varieties.

FUSSA DOG

20

Hitoyo

小料理ひとよ

The restaurant serves homemade dishes prepared by the female owner in a charming Japanese-style setting. It also offers a Japanese-inspired Fussa Dog, topped with miso-infused scallions and shiso leaves.

☎042-530-7959

23 Honcho, Fussa-shi

Business Hours 17:00-23:00

Closing Days Mon.

Access 7-minute walk from Fussa
JR station



ACCESS MAP



WEBSITE



FUSSA DOG

21

Shiro Uta Cafe

しろうたカフェ

Japan's first Castle Talk Show Cafe opened in 2022. Talk shows featuring different castles as well as live music performances are held. Seven types of Fussa Dogs are available.

☎090-6000-3908

<https://shirouta.sakura.ne.jp/wp/>

2F Medical beans, 158 Ushihama, Fussa-shi

Weekdays 12:00-21:00 (LO20:30)

Sat./Sun. 12:00-19:30 (LO19:00)

Closing Days Thu.

Access 2-minute walk from Ushihama
JR station



ACCESS MAP



WEBSITE

Supplementary information

These restaurants primarily use wieners made from carefully selected Japanese pork. Some are smoked with mountain cherry chips, while others are flavored with a secret ingredient—sake from a local brewery, Fussa Ham. Both types of wieners deliver a sizzling burst of flavor that spreads in your mouth with every bite. Each restaurant offers its own unique flavors, including salsa-style sauce, meat sauce, miso-infused scallions, chili con carne, and more. Try them all and find your favorite!



Ms. Sonyama Makie

OKUTAMA WASABI



Mizu wasabi grows vigorously in the mountain streams of Okutama, with its many mighty trees and mountains.

Overview & History

Located in the northwest of Tokyo Prefecture's Tama region, the town of Okutama is home to the headwaters of the Tama River, and while it has the largest area among the municipalities in Tokyo Prefecture, the majority of the township is mountain forest. This ingredient has been grown here since the Edo period, and it is also used to make Edomae sushi. The spring water of Okutama is oxygen-rich, making it the ideal environment for wasabi, and it is appealing for the firmness and potent spiciness the cold waters produce. In the Guide to Famous Sites in Musashi ("Musashi meisho zue"), it is said to be the specialty of Umezawa Village, and it is written that it was transported to the Kanda Aomono Ichiba produce market.

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website. (https://www.maff.go.jp/j/keikaku/syokubunka/k_ryouri/area_stories/tokyo.html)

OKUTAMA WASABI

22

Sobadokoro Waraku
そば処和樂

☎ 0428-33-0141

<https://tabelog.com/en/tokyo/A1330/A133002/13067239/>
8-20-9 Shinmachi, Ome-shi

Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-20:30 (LO19:30)

Closing Days Wed./Irregular closing

Access 20-minute walk from Ozaku JR station
near Hiramatsu bus stop(Nishi tokyo bus)

ACCESS MAP



WEBSITE



Broth made from Rishiri kelp and fermented bonito shavings from Makurazaki offers a rich flavor and aroma that enhance the finest qualities of the ingredients. In this exquisite dish, the tangy kick of Okutama wasabi enhances the full flavor of the ingredients.



OKUTAMA WASABI

23

wasabi shokudo
わさび食堂

A food truck run by a wasabi farmer of Okutama. They serve a simple wasabi bowl and special wasabi sausage hot dogs made with their own homegrown wasabi.



<https://tokyowasabi.com/foodtruck/>
Okutama station square, 210 Hikawa,
Okutama-machi, Nishitama-gun

Business Hours 9:30-15:00

Subject to change depending
on weather

Closing Days Mon. to Fri.

(Subject to change depending
on the month)Access 1-minute walk from Oku-Tama
JR station

ACCESS MAP



WEBSITE



OKUTAMA WASABI

24

okutama wasabi hongo yamasiroya
奥多摩わさび本舗 山城屋

☎ 0428-83-2368

<https://www.yamasiroya.co.jp/>
717-3 Hikawa, Okutama-machi,
Nishitama-gu

Business Hours 9:00-17:00

Closing Days Irregular closing,
Year-end and New Year
holidaysAccess 6-minute walk from
Oku-Tama JR station

ACCESS MAP



WEBSITE



Wasabi has been cultivated in Okutama, a secluded oasis of Tokyo, since the Edo period. A popular item, wasabi-zuke (pickled wasabi) is made using traditional methods that bring out the best qualities of the ingredients.

Nutrition & Health Information

It is a native Japanese vegetable native and a type of herb. It has powerful anti-microbial abilities, dispersing toxins in the digestive system, etc., and not only is it essential for eating raw fish, it also works to suppress cancer and inhibit metastasis. The spicy compound isothiocyanate and the antioxidant compounds present in the leaves and stalk as well as the root are effective at thinning the blood, helping to improve circulation.



Ms. Sonoyama Makie




1 Teppanyaki Senju

鉄板焼 千珠

☎090-5196-1870
<https://senju-tachikawa.owst.jp/en/>
 3-4-3 Akebonocho, Tachikawa-shi

Business Hours 18:00-22:30 (LO20:30)
 Closing Days Wed. (No regular closing in Dec.)
 Access 10-minute walk from Tachikawa JR station

Teppanyaki Senju has been in Tachikawa, Tokyo, for 30 years. A long-established restaurant with an abundance of natural wine and dishes using local ingredients. Consult us on vegetarian, vegan, and halal meals when making the reservation.

ACCESS MAP WEBSITE

80cm	2cm	♿	♿	♿
¥	WC	MENU	MENU	MENU
hTr	♿	📷	A	♿
✂️	👤	🌱	🌿	HALAL




5 RISTORANTE Primi Baci

リストランテプリミ・バチ

☎0422-72-8202
<https://primibaci.com/>
 2F Inokashira Park side bldg.,
 1-21-1 Kichijojiminamicho, Musashino-shi

Lunch 11:00-15:30 (LO14:30)
 Dinner 17:00-22:00 (LO20:30)
 Closing Days Jan. 1, No regular closing
 Access 3-minute walk from Kichijoji JR station
 3-minute walk from Kichijoji Keio station

A relaxing Ristorante surrounded by the greenery of Inokashira Park in Kichijoji. Based on local cuisine from Piedmont and Emilia Romagna, the northern part of Italy, which is known as an epicurean region, our chef's original Italian cuisine is combined with seasonal Japanese ingredients.

ACCESS MAP WEBSITE

80cm	2cm	♿	♿	♿
¥	WC	MENU	MENU	MENU
hTr	♿	📷	A	♿
✂️	👤	🌱	🌿	HALAL

2 SHI-AN GYOZA

西安餃子 ルミネ立川店

☎042-548-9271
<https://shian-gyoza-tachikawa.owst.jp/en/>
 8F LUMINE Tachikawa, 2-1 Akebonocho, Tachikawa-shi

Business Hours 11:00-21:00 (LO20:00)
 Closing Days According to the building closing day
 Access 1-minute walk from Tachikawa JR station

Welcome! Delicious authentic Chinese dumplings! Shi-An dumplings with vegetables and spices!





ACCESS MAP WEBSITE

80cm	2cm	♿	♿	♿
¥	WC	MENU	MENU	MENU
hTr	♿	📷	A	♿
✂️	👤	🌱	🌿	HALAL

6 B²

B² ビースクエアード 吉祥寺店

☎0422-20-6531
<https://bsquared.jp/>
 1F Jo-ji PLAZA Kichijoji Excel Hotel Tokyo,
 2-4-14 Kichijojihoncho, Musashino-shi

Business Hours 8:30-18:00
 Closing Days Irregular closing
 Access 6-minute walk from Kichijoji JR station

Japan's first industrial café combines a bakery factory and a coffee roasting factory. Enjoy the fusion of delicious freshly baked bread and aromatic coffee just roasted here with a constant line on-site. Our breads are made with 100% natural fruit yeast and branded wheat.





ACCESS MAP WEBSITE

80cm	2cm	♿	♿	♿
¥	WC	MENU	MENU	MENU
hTr	♿	📷	A	♿
✂️	👤	🌱	🌿	HALAL




3 chawan

和ごはんとかフェ chawan

☎042-548-3531
<https://www.skylark.co.jp/en/chawan/index.html>
 ecute Tachikawa,
 3-1-1 Shibasakicho, Tachikawa-shi

Business Hours Mon. to Sat. 10:00-21:00 (LO20:30)
 Sun./Holidays 10:00-20:00 (LO19:30)
 Lunch 10:00-17:00
 Closing Days According to the building closing day
 Access 1-minute walk from Tachikawa JR station

What awaits customers is a cozy space with colorful and body-friendly dishes.

ACCESS MAP WEBSITE

80cm	2cm	♿	♿	♿
¥	WC	MENU	MENU	MENU
hTr	♿	📷	A	♿
✂️	👤	🌱	🌿	HALAL

7 LIBERTÉ PÂTISSERIE BOULANGERIE

LIBERTÉ PÂTISSERIE BOULANGERIE 東京本店

☎0422-27-6593
<https://libertejapan.com/>
 2-14-3 Kichijojihoncho, Musashino-shi

Weekdays 11:00-19:00 (LO17:00)
 Sat./Sun. 9:00-18:30 (LO17:00)
 Closing Days Open year-round
 Access 7-minute walk from Kichijoji JR station

We are particular about making products that you can purchase only at Liberté. We import French flour and change the butter and salt for each product. This method was highly evaluated, we have been exhibiting at the France Exhibition held at department stores in Tokyo since 2019.





ACCESS MAP WEBSITE

80cm	2cm	♿	♿	♿
¥	WC	MENU	MENU	MENU
hTr	♿	📷	A	♿
✂️	👤	🌱	🌿	HALAL

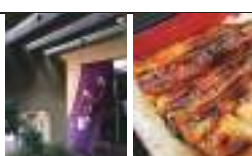


4 unagi takeda

うなぎ たけ田

☎042-524-8663
<https://gcr6100.gorp.jp/>
 3-9-18 Shibasakicho, Tachikawa-shi

Lunch 11:30-14:30 (LO14:00)
 Dinner 17:00-20:00 (LO19:00)
 Closing Days Wed.
 Access 5-minute walk from Tachikawa JR station

our pufferfish and only purchase carefully selected ones! Eel deteriorates quickly after being filleted; we fillet a live eel after receiving an order. Freshly prepared eel is superb!

ACCESS MAP WEBSITE

80cm	2cm	♿	♿	♿
¥	WC	MENU	MENU	MENU
hTr	♿	📷	A	♿
✂️	👤	🌱	🌿	HALAL



Northern Tama Area

8 RISTORANTE IMAI

リストランテイマイ

☎ 042-22-2210
<http://www.ristoranteimai.com/>

2-19-4 Kichijojihoncho, Musashino-shi


Lunch Weekdays 12:00-
 Last entrance 13:00 (LO14:30)
 Sat./Sun./Holidays 11:30-
 Last entrance 13:00 (LO14:30)

Dinner Sat./Sun./Holidays 18:00-22:00
 (Last entrance 19:30)


Closing Days Tue./1st & 3rd Wed. (if holidays, close other day)

Access 5-minute walk from Kichijoji JR station



A 5-minute walk from Kichijoji Station. The hideaway Italian restaurant RISTORANTE IMAI stands quietly on the path. Offering authentic Italian cuisine that makes use of ingredients that are particular to a production area. Indulge in luxury.



ACCESS MAP



WEBSITE

12 Hoshi-to-Kaze Cafe'

星と風のカフェ

☎ 0422-44-2255
<http://www.hanano-kai.jp/hoshi-cafe/>

1F Mitaka ekimae fukushijutaku,
 3-8-13 Shimorenjaku, Mitaka-shi

Business Hours 11:30-18:00 (LO17:00)

Closing Days Mon./Sun./Holidays

Access 7-minute walk from Mitaka JR station


Selling handmade products made at welfare centers for people with disabilities located in Mitaka and neighboring cities. There is also a café in the shop that offers a relaxing and comfortable time.



ACCESS MAP



WEBSITE




9 Crayonhouse organic restaurant HIROBA

クレヨンハウス オーガニックレストラン「広場」

☎ 0422-27-1377
https://www.crayonhouse.co.jp/shop/pages/restaurant_eng.aspx

2-15-6 Kichijojihoncho, Musashino-shi

Lunch 11:00-14:30

Tea Time 14:40-17:30

Dinner 17:30-21:00

Closing Days No regular closing

Access 6-minute walk from Kichijoji JR station
 6-minute walk from Kichijoji Keio station

Buffet-style lunch and dinner. Daily menu using organic ingredients. Except for the meat (or fish) dishes, all dishes are suitable even for vegans. Consult us on halal meals when making the reservation.



ACCESS MAP



WEBSITE




13 Cultiver

Cultiver

☎ 0422-69-0038
<https://cultivertokyo.com/>

3-1-27 Shimorenjaku, Mitaka-shi


Lunch 12:00-15:30 (LO13:30)

Dinner 18:00-22:00 (LO19:30)


Closing Days Mon. (incl. holidays)

Access 5-minute walk from Mitaka JR station



The restaurant that entertains customers with the best of the season offers healthy dishes with vegetables from Kitayama Farm in Fujinomiya City, Shizuoka. Consult us on allergy meals when making the reservation. Reservations for vegetarian meals are required at least one week in advance. If you need sign language support, please consult in advance.



ACCESS MAP



WEBSITE

10 Cafe Sacai

Cafe Sacai

☎ 0422-27-8536
<https://instagram.com/cafesacai>

4-1-16 Kyonancho, Musashino-shi

Business Hours 11:00-21:00 (LO20:20)

Closing Days Tue./Irregular closing

Access 8-minute walk from Musashi-Sakai JR station

A café where you can enjoy a relaxing time without pretentiousness. With homemade foods, the coffee is special to satisfy customers all the time at lunch, teatime, and dinner.



ACCESS MAP



WEBSITE




14 Cafe Slow

カフェスロー

☎ 042-401-8505
<https://cafeslow.com/>

2-20-10 Higashimotomachi, Kokubunji-shi

Lunch 11:00-15:30 (LO15:00)

Tea Time 15:30-17:00 (LO16:30)

Event Time Depends on each event

Closing Days Mon.

Access 5-minute walk from Kokubunji JR station


Established in 2001 as a place where customers can spend a happy time experiencing nature while eating delicious rice or drinking aromatic coffee. The view from the big window is that of the forest, the weather that day, the river flowing below it, and a place to listen to birdsongs. A place where you might think you were in nature. If you need sign language support, please consult in advance.



ACCESS MAP



WEBSITE




11 CAFE HI FAMIGLIA

CAFE HI FAMIGLIA

☎ 0422-38-8311
<https://hi-famiglia.com/>

3-38-4 Shimorenjaku, Mitaka-shi

Business Hours 11:00-21:00


Closing Days Tue.

Access 6-minute walk from Mitaka JR station



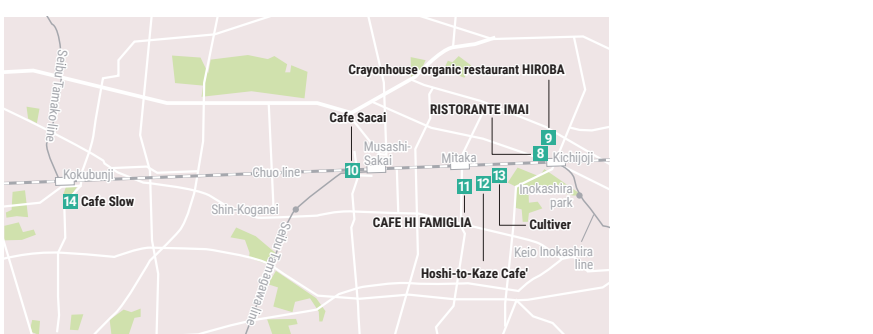
We make this a place where everyone can have a fruitful time; the usual coffee, usual cakes, and usual meals await in the usual environment.



ACCESS MAP



WEBSITE

15 Cafe Orange Boots

カフェ オレンジブーツ

📞 042-319-9732
<https://orangeboo2.com/>

5F Fuchu Platz, 1-100 Miyamachi, Fuchu-shi

Weekdays 9:30-20:00 (LO19:30)
Sat./Sun./Holidays 11:00-20:00 (LO19:30)
Closing Days Year-end and New Year holidays/
Access According to the building closing day
 1-minute walk from Fuchu Keio station

The spacious interior and open space are highly praised by many customers. A restaurant that boasts dishes with plenty of vegetables and homemade dressing.



ACCESS MAP



WEBSITE



19 Yakiniku Ushimitsu

焼肉 丑輪

📞 042-519-7959
<https://gh1d300.gorp.jp/>

1F Horei bldg., 2-23-1 Jogawaracho, Akishima-shi

Weekdays/Sat. 17:00-23:00 (LO22:30)
Sun./Holidays Lunch 12:00-14:30 (LO14:00)
 Dinner 17:00-22:00(LO21:30)
Closing Days Tue.
Access 8-minute walk from Akishima JR station

Ushimitsu offers yakiniku that looks tasty, safe, and delicious with the concept of a yakiniku restaurant that will be loved by the community for many years to come. Three generations want to pass on the fullness and satisfaction.



ACCESS MAP



WEBSITE



16 TOHOKU FARM

和食バイキング東北牧場

📞 042-333-7115
https://www.hotel-continental.co.jp/tohokubokujo_jp/
 1-5-1 Fuchucho, Fuchu-shi

Morning 7:00-9:30
Lunch 11:30-15:00
Dinner 17:00-22:00
Closing Days No regular closing
Access 1-minute walk from Fuchu Keio station

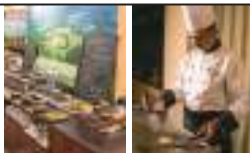
A buffet restaurant named after Tohoku Bokujo, our farm in Aomori. Enjoy dishes made with vegetables, herbs, eggs, and wild plants from the Tohoku Farm to your heart's content.



ACCESS MAP



WEBSITE



20 ABC FARM CAFE

ABC FARM CAFE

📞 042-519-5055
<https://abcfarm.shop/>
 2-23-13 Musashino, Akishima-shi

Business Hours 11:00-16:00 (LO16:00)
Closing Days Mon./Tue
Access 15-minute walk from Seibu-Tachikawa Seibu station

A café attached to the farm where you can experience harvesting seasonal vegetables or fruits. In winter, strawberry picking is also held so enjoy freshly picked strawberry desserts. Pet-friendly on the terrace only. There is a kids' space.



ACCESS MAP



WEBSITE



17 Eel Kabayaki & Japanese Cuisine UOMOTO

うなぎ・日本料理 魚元

📞 042-362-2029
<https://uomoto.tokyo/>
 2-14-14 Fuchucho, Fuchu-shi

Lunch 11:30-14:30 (LO13:45)
Dinner 17:00-21:00 (LO20:00)
Closing Days Mon.
Access 5-minute walk from Fuchu Keio station

A Japanese restaurant established between the end of the Edo period to the beginning of the Meiji period and offers specialty eel from Aichi Prefecture. Dining in a tasteful space with a Japanese garden is perfect for filial piety. Consult us on allergies and vegetarian and halal meals when making the reservation.



ACCESS MAP



WEBSITE



21 SORA to DAICHI to

空と大地と

📞 03-5314-7082
<https://soradai.kenseikai-group.or.jp/>
 2-27-1 Higashitsutsujigaoka, Chofu-shi

Business Hours 10:30-15:00 (LO14:00)
Closing Days Sun.
Access 2-minute walk from Tsutsujigaoka Keio station

SORA to DAICHI to offers meals that care for customers health as much as possible but does not try too hard.



ACCESS MAP



WEBSITE



18 Ramen Doppo

麺や独歩 拜島駅前店

https://www.instagram.com/doppo_ramen/
 5-1-25 Matsubaracho, Akishima-shi

Lunch 11:00-14:30
Dinner 17:00-21:00
Closing Days Irregular closing
Access 2-minute walk from Hajijima JR station

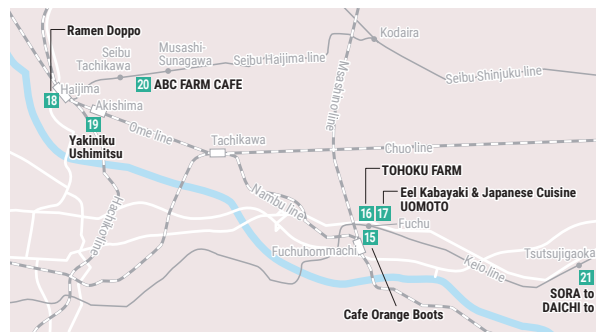
A seafood soup that uses more than 10 kinds of ingredients lavishly. Ramen is particular about each of the toppings! Offering a menu that can be enjoyed by all generations and a spacious shop available for many customers.



ACCESS MAP



WEBSITE



Northern Tama Area

22 Yusui

深大寺 手打ちそば 湧水

☎042-498-1323
<https://www.yusui.co.jp/>

5-9-1 Shindaijimoto-machi, Chofu-shi

Weekdays 10:30-18:00
Sat./Sun./Holidays 10:30-19:00
Closing Days Thu.
Access 3-minute walk from Shindaiji bus stop (Odakyu bus)

Handmade soba noodles made with Japanese stone mill flour. Offering 90% buckwheat Yusui soba and the 60% buckwheat Jindaiji soba. With a history of more than 400 years, our proud soba is popular among soba connoisseurs. Our special soba tsuyu (dashi + soy sauce to eat with soba) is based on the Kaeshi recipe of Shinsui-an, a soba shop. Enjoy sake and sobo yohan (Japanese sweet made of red bean paste, agar, and sugar) as well.



ACCESS MAP



WEBSITE



23 Cafe Gallery Saezuri

Cafe Gallery さえずり

☎042-444-8818
<https://cafe-gallery-saezuri.jimdofree.com/>

1F Chofu Central Apartment,
 1-3-1 Kokuryocho, Chofu-shi

Business Hours 10:30-16:00 (LO15:30)
Closing Days Sat./Sun./Holidays/Irregular closing
Access 3-minute walk from Fuda Keio station

The café owned by Mejiro Workshop for activities to support independence and promote the social participation of people with disabilities. Wheelchairs and strollers are also welcome. If you need sign language support, please consult in advance.



ACCESS MAP



WEBSITE



24 tonkatsu tonchinkan

とんかつ 豚珍館

<https://tabelog.com/en/tokyo/A1326/A132601/13025421/>
 1F CIELO, 1-45-1 Fuda, Chofu-shi

Lunch 11:40-15:00
Dinner 18:00-21:00
Closing Days Mon.
Access 1-minute walk from Chofu Keio station

Tonkatsu-ya is located in front of the east exit of Chofu Station. Tonkatsu (deep fried pork) is thick and hearty! The recommended menu is the garlic cutlet set meal! Pork loin meat with garlic that is pickled in olive oil and spices, chopped, is fried.



ACCESS MAP



WEBSITE



25 nihonryori tenhama

日本料理 天濱

☎042-489-5440
<https://hitosara.com/0004023765/>

7F PARCO Chofu, 1-38-1 Kojimacho, Chofu-shi

Business Hours 11:00-22:30 (LO22:00)
Lunch 11:00-15:00
Closing Days Irregular closing
Access 5-minute walk from Chofu Keio station

Offering dishes for the four seasons, including kaiseki cuisine and a la carte dishes at affordable prices. Tempura is also a gem. The aroma of sesame oil and the light batter are very healthy. It has a clean, calm atmosphere and available for any occasion, such as gathering with friends, memorial services, and auspicious events, even if you are alone.



ACCESS MAP



WEBSITE



26 NICK STOCK

NICK STOCK トリエ調布店

☎042-444-5830
<https://nickstock-trie-keiochofu.com/>

1F Trie KEIO CHOFU B, 2-48-6 Kojimacho, Chofu-shi

Lunch 11:00-15:00
Dinner 15:00-22:00 (LO21:00)
Closing Days Irregular closing
Access 1-minute walk from Chofu Keio station

Delicious meat café and bar! It is recommended for various purposes in a casual atmosphere. With a total weight of 1 kg, Nick Village is a popular choice for banquets with succulent beef, pork, and chicken main dishes! Stewed tender beef tongue unraveled in red wine is also recommended.



ACCESS MAP



WEBSITE



27 Deli&Cafe MomonoMi

デリ&カフェ 桃の実

☎042-483-0150
https://instagram.com/momonomi_150

1-31-24 Kamiishiwa, Chofu-shi

Business Hours 10:00-18:00 (LO17:30)
Closing Days Tue.
Access 5-minute walk from Nishi-chofu Keio station

Our dish may be not for special occasions, but the store cooks it with all their heart. A store that serves homemade home-style bentos.



ACCESS MAP



WEBSITE



28 cafe Laguras

カフェ ラグラス

☎042-344-7199
<https://www.cafelaguras.jp>

1F Van Veal , 1-24-14 Mishonochi, Kodaira-shi

Business Hours 10:30-16:00 (LO15:30)
Lunch 11:30-14:00 (Close when run out)
Closing Days Wed./Thu. (Open if Wed. or Thu. is a holiday)
Access 5-minute walk from Kodaira Seibu station

Home-style dishes with a little extra care using ingredients from the Seikatsu Club Co-op and local vegetables grown in Kodaira. Take a break with the deliciousness of the ingredients and seasonal foods. Consult us on halal meals when making the reservation. A universal restroom with an entrance width of 75 cm is available. If you need sign language support, please consult in advance.



ACCESS MAP



WEBSITE



Northern Tama Area

29 Daidaiya Kodaira south exit

橙や 小平南口店

☎042-207-9600

<https://r.gnavi.co.jp/p777900/>

#106 Rune Seven, 1-8-1 Misonocho, Kodaira-shi

A variety of colorful seasonal dishes. A la carte and courses prepared by our skilled chef. Consult us on allergies and vegetarian and halal meals when making the reservation.

Lunch 11:30-14:30 (LO14:30)

Dinner 17:00-22:30 (LO21:30)

Closing Days Tue./Wed.

Access 1-minute walk from Kodaira Seibu station



ACCESS MAP



WEBSITE



33 hikobae memories

ひこばえメモリーズ

☎03-5761-4819

<https://instagram.com/hikobaememories>

3-9-6 Higashiizumi, Komae-shi

A handmade café to relax comfortably with the blessings of nature in a healing space that makes everyone's dreams come true. You can bring your own musical instruments, and the café is pet friendly. A spacious space away from the hustle and bustle with seasonal menus. Reservations are required for vegetarian options.

Business Hours Weekdays 11:30-18:00 (LO18:00)

Sat./Holiday/Year-end and New Year holidays

9:30-19:00 (LO19:00)

Closing Days Thu./Irregular closing(Usually open for holidays)

Access 1-minute walk from Izumi-Tamagawa

Odakyu station



ACCESS MAP



WEBSITE



30 cafe moimoi

cafe moimoi

☎042-391-0375

<https://cafe-moimoi.owst.jp/en/>

Éclair Yasaka, 3-10-18 Sakaecho, Higashimurayama-shi

Handmade, carefully prepared dishes and cakes.

Business Hours 11:30-20:00 (LO20:00)

Closing Days Irregular closing

Access 1-minute walk from Yasaka Seibu station

8-minute walk from Kumegawa Seibu station



ACCESS MAP



WEBSITE



34 MOG MOG no MORI

もぐもぐの森

☎042-452-6613

https://instagram.com/mogu_cafe

1F Friendly, 4-17-14 Tanashicho, Nishitokyo-shi

The café jointly owned with a disabled person to be a community-based café that can be used by anyone other than those without disabilities.

Tue./Wed./Thu. 11:30-16:30 (LO16:00)

Fri. 11:30-15:30 (LO15:00)

Sat. 10:30-16:30 (LO16:00)

Closing Days Sun./Mon./Holidays/Irregular closing

Access 8-minute walk from Tanashi Seibu station



ACCESS MAP



WEBSITE



31 Dining Amina

Dining Amina

☎042-308-1402

<https://dining-amina.net/index.html>

1F, 2-5-3 Sakaecho, Higashimurayama-shi

Welcoming customers with attentive hospitality to help them enjoy the offal hot pot of Shinshu lida beef, creative dishes using handmade ingredients and alcoholic beverages carefully selected by the owner.

Business Hours 17:00-23:00 (LO22:30)

Closing Days Sun./Irregular closing

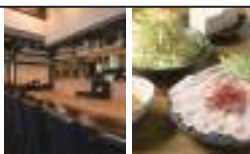
Access 3-minute walk from Kumegawa Seibu station



ACCESS MAP



WEBSITE



35 Cafe Hureai

喫茶コーナー ふれあい

☎042-464-8211

<https://m.facebook.com/nishitokyosyougaisyafukushi>

1F Yagisawa community center, 1-15-1 Yagisawa, Nishitokyo-shi

The café Freai in the Yanagisawa Community Center in Nishitokyo opened in 1987 to promote an understanding of people with disabilities in the community. A place for people with disabilities to participate in society.

Business Hours 10:30-16:15 (LO16:05)

Closing Days Sun./Holidays/According to the building closing

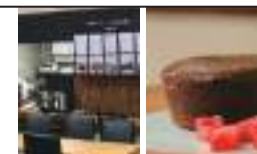
Access 1-minute walk from Seibu-Yagisawa station



ACCESS MAP



WEBSITE



32 LO STIVALE

ロ・スティヴァーレ

☎042-394-2369

<http://www.lo-stivale-it.com/>

3-5-9 Noguchicho, Higashimurayama-shi

The restaurant offers authentic Italian cuisine focusing on Tuscan cuisine. The ingredients and the space are full of Italian-inspired ingenuity. Enjoy a special moment with a delicious meal.

Lunch 11:30-14:30 (LO14:00)

Dinner 18:00-21:00 (LO20:00)

Closing Days Mon.

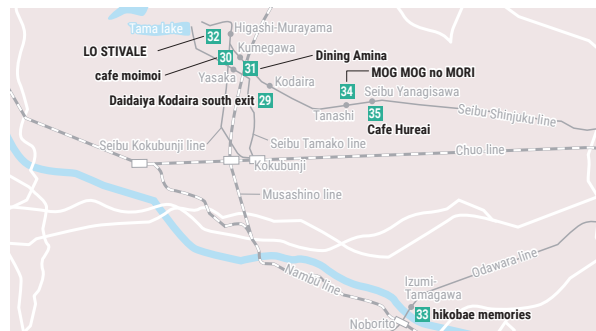
Access 10-minute walk from Higashi-Murayama Seibu station



ACCESS MAP



WEBSITE






1 Crew's cafe

クルーズカフェ

042-625-0041
<https://www.kounohara.com/crewscafe>
 2168-1 Nakanomachi, Hachioji-shi

Business Hours 10:30-12:30
 14:00-17:00 (LO16:30)
 (Changes depend on seasons)
Closing Days Mon. to Fri.
Access 10-minute walk from Nishi-Hachioji JR station

The owner wants guests to feel the ocean's atmosphere, which is reflected in an interior that captures the essence of an seaside café. This is a hole-in-the-wall, back-in-the-alley type of café, designed to give off the feel of a secret hiding place. Once inside, you'll find a cozy space that feels just the right size—not too big nor too small. The custom-made counter seats create the atmosphere of a bar.

ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	MENU	MENU	MENU
h	WC	MENU	MENU	MENU
✂	Hand	Vegetarian	Leaf	HALAL		



5 kurabito maihime

蔵人 舞姫

042-649-7942
<https://tokyo-hachioji-shuzo.jp/>
 10-12 Nakacho, Hachioji-shi

Business Hours 17:00-22:00 (LO21:00)
Closing Days Sun.
Access 8-minute walk from Hachioji JR station

This restaurant aims to serve exceptionally fresh sake, once only available at sake breweries. It is dedicated to enhancing the value of Japanese sake as a drink meant to be enjoyed with meals. Customers can enjoy Tokyo Hachioji Brewery's prototype sake served directly from the sake barrel. Please consult with the restaurant in advance regarding allergies, vegetarian dishes, or halal options before your visit.

ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	MENU	MENU	MENU
h	WC	MENU	MENU	MENU
✂	Hand	Vegetarian	Leaf	HALAL		




2 APOLLON FRUIT GARDEN

APOLLON FRUIT GARDEN

042-686-1781
https://www.instagram.com/apollon_fruit_garden
 2F Hachioji Opa, 1-12 Asahicho, Hachioji-shi

Business Hours 10:00-22:00 (LO21:00)
Lunch 11:00-15:00
Closing Days Open year-round
Access 30-second walk from Hachioji JR station

A café where customers can casually enjoy authentic Italian cuisine and seasonal fruits. The café offers parfaits and zuccottes (cakes) filled with fresh fruits. Directly connected to the south exit of JR Hachioji Station.

ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	MENU	MENU	MENU
h	WC	MENU	MENU	MENU
✂	Hand	Vegetarian	Leaf	HALAL		




6 teuchisoba kurumaya

手打そば 車家

042-676-9505
<https://www.soba-kurumaya.co.jp/en/>
 3-10 Koshino, Hachioji-shi

Lunch 11:00-15:00 (LO14:30)
Dinner 17:00-20:30 (LO20:00)
Closing Days Wed./3rd Thu.
 (Close 15:00 on Tue. Close 20:30 on holidays.)
Access 24-minute walk from Keio-horinouchi station
 3-minute walk from Sanmori-bashi bus stop(Keio bus)

Our handmade soba noodles are made from husked buckwheat grown by contracted farmers, then stone-ground and milled in our kitchen every morning. One of the restaurant's highlights is its wide variety of healthy Japanese dishes made with seasonal ingredients.

ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	MENU	MENU	MENU
h	WC	MENU	MENU	MENU
✂	Hand	Vegetarian	Leaf	HALAL		

3 MIRIS

アーユルヴェーダ家庭料理 ミリス

042-649-6848
<https://miris-ayurvedic.com/>
 7-4 Misakicho, Hachioji-shi

Lunch 11:00-15:00 (LO14:30)
Dinner 17:00-22:00 (LO21:30)
Closing Days Sun.
Access 5-minute walk from Hachioji JR station

The restaurant is inspired by Ayurveda, one of the three most renowned traditional systems of medicine, which sees a deep connection between medicine and eating habits. The chefs prepare each dish with gratitude for the ingredient's blessings of the sun and the soil. The restaurant is popular among health-conscious customers. Please enjoy the MIRIS original detox curry with bamboo charcoal, a Sri Lankan Ayurvedic home-style dish.





ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	MENU	MENU	MENU
h	WC	MENU	MENU	MENU
✂	Hand	Vegetarian	Leaf	HALAL		




7 Kona's coffee Tama newtown

コナズ珈琲多摩ニュータウン店

042-674-5001
<https://konas-coffee.com/>
 八王子市市所2-40

Weekdays 10:00-22:00 (LO21:00)
Sat./Sun./Holidays 9:00-22:00 (LO21:00)
Closing Days No regular closing
 (Opening for Year-end and New Year holidays will be updated on website)
Access 20-minute walk from Keio-horinouchi station

Kona's Coffee is a restaurant that offers Hawaiian cuisine and atmosphere to a diverse range of customers under the concept of being "the closest Hawaii."

ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	MENU	MENU	MENU
h	WC	MENU	MENU	MENU
✂	Hand	Vegetarian	Leaf	HALAL		




4 Kappou Watanabe

割烹 渡邊

042-620-5080
<https://www.kappou-watanabe.com/>
 9-12 Misakicho, Hachioji-shi

Business Hours 18:00-23:00
 Last entrance at 21:00, for we serve only pre-fix menu for dinner
Closing Days Sun./Holidays
Access 4-minute walk from Hachioji JR station

The restaurant may not be particularly eye-catching or photogenic, but it serves dishes that highlight the best aspects of seasonal ingredients. The restaurant also serves special seasonal dishes, featuring crabs, pufferfish, matsutake mushrooms, and other ingredients in peak season. Please enjoy your time and the dishes to the fullest.

ACCESS MAP WEBSITE

80cm	2cm	Wheelchair	WC	MENU	MENU	MENU
¥	WC	MENU	MENU	MENU
h	WC	MENU	MENU	MENU
✂	Hand	Vegetarian	Leaf	HALAL		



Southern Tama Area

8 kitchen & dining pukupuku
キッチン&ダイニング ブクブク

042-673-7737
<https://ggks700.gorp.jp/>

C bldg. Keio Retnade Takao,
1231-16 Hatzusawamachi, Hachioji-shi

Lunch 11:30-15:00 (LO14:00)
Dinner 17:00-22:00 (LO21:00)
Closing Days Tue.
Access 3-minute walk from Takao JR station
3-minute walk from Takao Keio station

Customers can enjoy casual Italian dishes in a relaxed atmosphere.




ACCESS MAP WEBSITE






12 crepitio
クレピティオ

042-862-0855
<https://crepitio.owst.jp/en/>



#203 Olympia bldg., 3-3-1 Haramachida, Machida-shi

Weekdays 17:00-23:00 (LO21:30)
Sat./Sun. Lunch 11:30-14:30 (LO13:00)
Dinner 18:00-23:00 (LO21:30)
Closing Days Wed./Thu.
Access 2-minute walk from Machida JR station

The chef transforms carefully selected ingredients into visually stunning Italian dishes using unique cooking techniques. Customers can savor these supreme dishes, made with the freshest ingredients available. Enjoy a special evening with friends or loved ones at this fine dining restaurant, where you can relax in comfort and savor the exquisite cuisine.

ACCESS MAP WEBSITE



9 GRAN DESEO
グラン・デセオ

042-649-6480
<http://www.deseo.jp/>



4-7-1 Koyasumachi, Hachioji-shi4-7-1

Lunch 11:00-14:30 (LO14:30)
Dinner 17:00-21:00 (LO21:00)
Closing Days Irregular closing
Access 2-minute walk from Hachioji JR station

This restaurant offers a fun dining experience with live performances. The restaurant may be closed for live performance events. Please call to confirm.

ACCESS MAP WEBSITE



13 Kissa Keyaki
喫茶 けやき (1号店)

042-728-8062
<https://sites.google.com/site/amitymachida/>



Machida City Museum of Graphic Arts,
4-28-1 Haramachida, Machida-shi

Business Hours 10:30-16:30 (LO16:00)
Closing Days Mon.
Access 13-minute walk from Machida JR station

This café is participating in the Type B Career Support Program. It is located inside the Machida City Museum of Graphic Arts. In addition to its coffee and bread menu, the café also offers a limited-time menu that aligns with special exhibitions at the museum, along with a daily special lunch on weekdays. The café also offers the added charm of beautiful views of Seiryu Park through its large windows.

ACCESS MAP WEBSITE



10 Cafe Dining Bonheur
カフェ ダイニング ボンヌール

042-706-8651
<https://www.instagram.com/tsukushino.bon.heur/>



1F Tsukushino No.3 bldg.,
2-26-4 Tsukushino, Machida-shi

Business Hours 11:30-19:00
Lunch 11:30-13:30
Closing Days Irregular closing
Access 2-minute walk from Tsukushino Tokyu station

This glass-walled café restaurant, located in front of Tsukushino Station on the Den-en-toshi Line, offers a calming atmosphere. The restaurant offers a selection of around 20 types of Ronnefeldt tea leaves from Germany, used in five-star hotels worldwide. The restaurant recommends exclusive herb teas that are only available here.

ACCESS MAP WEBSITE



14 KURASHIKI COFFEE
倉式珈琲店 シエロ町田店

042-850-9309
<https://www.saint-marc-hd.com/kurashiki/shop/55/>


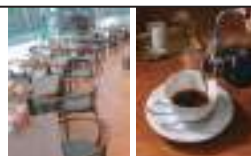
1F South Front Tower Machida,
4-9-8 Haramachida, Machida-shi

Business Hours Weekdays 8:00-20:00 (LO19:30)
Sat./Sun. 7:00-20:00 (LO19:30)
Lunch 11:00-14:00
Closing Days Irregular closing
Access 2-minute walk from Machida JR station

Finely ground beans are extracted quickly to minimize any unwanted flavors. The beans are carefully selected from a variety of options based on their acidity, bitterness, roasting method, and sweetness, then freshly ground upon receiving an order. Coffee advisors with extensive knowledge and expertise are available to help customers choose menus and coffee beans that perfectly match their taste.

ACCESS MAP WEBSITE



11 Kushikatsu tukusibo
串カツ専門 つくし坊

042-796-7693
<https://home.tsuku2.jp/storeDetail.php>


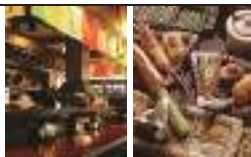
2-26-4 Tsukushino, Machida-shi

Lunch 11:30-14:00 (LO14:00)
Dinner 16:30-22:00 (LO21:00)
Closing Days Tue.
Access 2-minute walk from Tsukushino Tokyu station

Founded in 1983, this long-established restaurant specializes in creative kushikatsu. The restaurant serves freshly deep-fried kushikatsu one piece at a time at the counter. The most popular kushikatsu is the Tokusen Jyusshu Kushikatsu, a special selection of ten different types.

ACCESS MAP WEBSITE


Southern Tama Area

Southern Tama Area

15 One Day Kitchen

One Day Kitchen

☎042-854-0497

[Instagram.com/one_day_kitchen/](https://www.instagram.com/one_day_kitchen/)

1-8-2 Nakamachi, Machida-shi

This delicatessen, offering daily specials, is located just a short walk from Machida Station. Customers can enjoy a colorful and well-balanced combination of ingredients served on a plate.



Lunch 11:00-14:30

Dinner 16:30-19:00

Closing Days Sun.

Access 8-minute walk from Machida JR station
8-minute walk from Machida Odakyu station



ACCESS MAP



WEBSITE



16 Erbetta

エルベッタ

☎042-728-0208

<https://erbetta-machida.owst.jp/en/>

1-33-18 Morino, Machida-shi

Erbetta is an Italian restaurant beloved by the locals of Machida for over 20 years. Our specialty is fresh, chewy pasta! Our homemade sausages (charcuterie) are also a consistently popular menu item. ☺We also offer side dishes made with fresh, locally sourced ingredients. Please enjoy them alongside our great selection of wines!



Lunch 11:30-14:45 (LO14:00)

Dinner 17:00-22:00 (LO21:00)

Closing Days Sun.

Access 3-minute walk from Machida Odakyu station
5-minute walk from Machida JR station



ACCESS MAP



WEBSITE



17 Trattoria & Pizzeria Dai

トラットリア&ピッツェリア Dai 町田本店

☎042-860-6191

<https://www.pleasure-company.com/trattoria-pizzeria/>

1F Kashimaya bldg., 1-34-2 Morino, Machida-shi

Our pizzas are made from scratch, starting with fresh dough and baked in an authentic wood-fired oven. The chef, also known as the Pizzaiolo, serves up the finest pizzas.



Business Hours 11:00-23:00 (LO22:00)

Closing Days Irregular closing

Access 5-minute walk from Machida Odakyu station



ACCESS MAP



WEBSITE



18 grand gateau

グランガトー

☎042-727-3517

<https://www.grandgateau-gouda.jp/>

2-8-25 Tamagawagakuen, Machida-shi

The owner, who studied traditional European confectionery in France, Switzerland, and England, creates beautifully crafted cakes. The menu, which changes on the first of each month, is also a major draw.



Business Hours 10:00-18:00 (LO17:30)

Closing Days Mon./Tue./Wed.

Access 3-minute walk from Tamagawagakuen-mae Odakyu station



ACCESS MAP



WEBSITE



19 Sushi & Shabu-Shabu Yuzu-An Tamasakai

寿司・しゃぶしゃぶ ゆず庵 多摩境店

☎050-3188-1879

<https://www.shabu-yuzuan.jp/shop/1>

2-7-2 Oyamaogaoka, Machida-shi

A restaurant specializing in all-you-can-eat sushi and shabu-shabu, offering a wide selection of shabu-shabu ingredients, desserts, and seasonal sushi made with the finest ingredients.



Business Hours 11:00-24:00

(Last entrance 22:00)

Closing Days No regular closing

Access 3-minute walk from Tamasakai Keio Station



ACCESS MAP



WEBSITE



20 Okonomiyaki Honpo Tamasakai

お好み焼本舗 多摩境店

☎042-775-7731

<https://www.okonomiyaki-honpo.jp/shop/226>

2-7-1 Oyamaogaoka, Machida-shi

This restaurant offers all-you-can-eat okonomiyaki, kushikatsu, and teppanyaki (including steaks, seafood, and more), along with a wide variety of à la carte dishes.



Business Hours 11:00-23:00

(Last entrance 22:00)

Closing Days No regular closing

Access 3-minute walk from Tamasakai Keio Station



ACCESS MAP



WEBSITE



21 Bamiyan Hinomanganji

バーミヤン 日野万願寺店

☎042-589-0120

<https://store-info.skylark.co.jp/bamiyan/map/171536>

4-31-2 Manganji, Hino-shi

A Chinese restaurant where customers can enjoy a variety of dishes, from gyoza, ramen, and fried rice to authentic Chinese cuisine, all at reasonable prices.



Business Hours 10:00-23:30 (LO23:00)

Closing Days No regular closing

Access 15-minute walk from Manganji Tama monorail Station



ACCESS MAP




WEBSITE



1 Marugen Ramen Ome



丸源ラーメン 青梅店




📞 0428-78-4655
<https://www.syodai-marugen.jp/shop/205>
 3-24-11 Higashi Ome, Ome-shi

Customers can relax and enjoy their meals in a spacious, well-lit setting while savoring the signature dish—aged soy sauce ramen with meat. Each bowl of ramen is freshly cooked to order in its own pot.

Business Hours 10:30-24:00 (LO23:40)
Closing Days No regular closing, Year-end and New Year holidays
Access 12-minute walk from Higashi-Ome JR station

ACCESS MAP WEBSITE



5 OME BEER

青梅麦酒




📞 050-3503-7727
<https://omebeer.square.site/>
 145 Honcho, Ome-shi

The restaurant boasts eight beer taps, each offering a selection of craft beers, alongside meals made with a variety of local ingredients. The staff personally visited breweries across the Kanto region to handpick the beers served fresh at the restaurant.

Business Hours 10:00-20:00
 During winter 11:00-20:00
Closing Days Irregular closing
Access 2-minute walk from Ome JR station





ACCESS MAP WEBSITE



2 Dining&Gallery MAYUGURA



蔦蔵




📞 0428-21-7291
<https://mayugura.com/>
 3-127 Nishiwake-cho, Ome-shi

The restaurant is dedicated to preparing dishes with a meticulous process that brings out the full flavor of fresh ingredients, primarily seasonal vegetables. It also ensures that the dishes are well-balanced nutritionally, with ingredients traced back to their producers wherever possible. All this dedication is aimed at receiving one word from customers: "Delicious!"

Weekdays Lunch 11:00-14:00 (LO14:00)
 Café time 14:00-17:00 (LO16:30)
 Dinner (Mayugura, Reservation only)
Sat./Sun./Holidays Lunch 11:00-14:30 (LO14:30)
 Café time 14:30-17:00 (LO16:30)
 Dinner (Mayugura, Reservation only)
Closing Days Tue. (Please check on the website or by phone.)
Access 10-minute walk from Higashi-Ome JR station / 10-minute walk from Ome JR station





ACCESS MAP WEBSITE



6 unagi.tempura Kubota



鰻・天ぷらくぼた




📞 042-551-0545
<https://www.unagi-kubota.com/>
 910 Fussa, Fussa-shi

The restaurant serves carefully selected, grilled eels topped with a special unagi sauce that has been continuously refilled and used since its establishment. The thick, fluffy texture of the eel, paired with the special sauce, enhances its rich flavor and tender texture.

Lunch 11:30-14:00 (LO13:30)
Dinner 17:00-21:00 (LO20:00)
Closing Days Mon./Tue.
Access 7-minute walk from Fussa JR station
 10-minute walk from Higashi-Fussa JR station

ACCESS MAP WEBSITE



3 Unagi no Unakou

うなぎのうな幸



📞 0428-85-9495
<https://tabelog.com/tokyo/A1330/A133003/13288894/>
 1-30-4 Baigo, Ome-shi

The restaurant's name is inspired by the wish for customers to "eat eels and be happy." The restaurant purchases fresh live eels produced in Japan and cooks them in the restaurant kitchen to ensure a delicious meal.

Business Hours 11:00-20:00 (LO19:30)
Closing Days Thu.
Access 16-minute walk from Hinatawada JR station

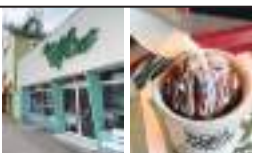



ACCESS MAP WEBSITE



7 The MINT MOTEL



ミントモーテル




📞 042-513-3317
<https://mintmotel.com/>
 2477 Fussaninomiya, Fussa-shi

This one-of-a-kind fictional motel store is now open, exclusively here. Enjoy waffles baked with a machine imported directly from the United States, handmade cupcakes, cream sodas, and more in a restaurant that captures an American vintage atmosphere.

Weekdays 10:00-17:00
Sat./Sun./Holidays 10:00-18:00
Closing Days No regular closing
Access 10-minute walk from Ushihama JR station

ACCESS MAP WEBSITE



4 Koubaien

梅菓子処 青梅 紅梅苑



📞 0428-76-1881
<https://www.koubaien.net/>
 3-905-1 Baigo, Ome-shi

Ome is located in the western part of Tokyo. Nestled away from the hustle and bustle of the megacity, this area is rich in nature and cherished by many celebrities. Koubaien, a confectionery shop, is situated at the back of an area adorned with the pale red hues of plum blossoms in full bloom in Ome.

Weekdays 9:30-17:00 (Café16:30)
Sat./Sun./Holidays 9:30-17:00 (Café17:00)
Closing Days Mon. (If Monday is holiday, next Tue.)
Access 5-minute walk from Hinatawada JR station




ACCESS MAP WEBSITE




Western Tama Area

8 ARATI

アジアン ダイニング&バー アラティ



☎042-533-4314
<https://aratiasindaininbar.owst.jp/en/>
 BOOKS TAMA, 1-3-11 Sakaecho, Hamura-shi

The most popular is everyone's favorite cheese naan! Rich, melted cheese oozes from the inside. Try the naan, delicious on its own or paired with your favorite curry! Please contact us in advance if you need sign language support.

Lunch 11:00-16:00 (LO16:00)
Dinner 16:00-22:00 (LO22:00)
Closing Days No regular closing
Access 5-minute walk from Ozaku JR station



ACCESS MAP



WEBSITE



9 YuYuTenzan

遊遊天山



☎042-578-0203
<https://www.hotpepper.jp/strJ000165570/>
 1-3-12 Sakaecho, Hamura-shi

This Chinese restaurant is dedicated to serving handmade dishes with a sincere approach, serving gyoza, delicately scumbled rice, and expertly crafted seasonings. The cozy, at-home atmosphere is perfect for both solo diners and banquets. The name Yu-Yu reflects the owner's wish for customers to enjoy a lively and welcoming atmosphere. The restaurant is conveniently located just a five-minute walk from the station and offers parking spaces.

Lunch 11:00-14:00 (LO13:45)
Dinner 17:00-22:00 (LO21:30)
Closing Days Mon.
Access 5-minute walk from Ozaku JR station



ACCESS MAP

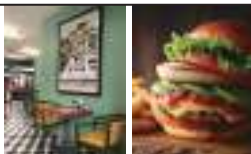


WEBSITE



10 AMERICAN DINER LABOOM

アメリカンダイナー ラブーム



☎042-533-4548
https://www.instagram.com/la_boum_623/
 #102 City Plaza Hamura,
 4-15-11 Gonokami, Hamura-shi

This American-style restaurant is located in front of the east exit rotary at Hamura Station. More than half of the customers at this restaurant are international. The restaurant serves mochiko chicken, a popular dish among locals in Hawaii, along with hamburgers, steaks, and pizzas.

Lunch 11:00-15:00
Dinner 15:00-22:00 (LO21:40)
Closing Days Mon.
 (If Mon. is a holiday, the following Tue. Will be closed)
Access 1-minute walk from Hamura JR station



ACCESS MAP



WEBSITE



11 sushiya no kantarou

すし屋の勤太郎



☎042-595-1794
<https://sushiya-no-kantarou.gorp.jp/>
 485-6 Ina, Akiruno-shi

This sushi restaurant offers a calm atmosphere suitable for adults. Enjoy a party with a course menu featuring seasonal ingredients the chef takes great pride in! The restaurant offers special tables and course menus for a range of special occasions.

Lunch time 11:00-14:00
Dinner time 17:00-22:00 (LO21:30)
Closing Days Thu./3rd Wed.
Access 2-minute walk from Musashi-Masuko JR station



ACCESS MAP



WEBSITE



12 Bistro YOSHIZO

Bistro YOSHIZO



☎042-595-3885
<https://www.pizza-yoshizo.com/sp/honten/>
 808-13 Ina, Akiruno-shi

This is a casual Italian restaurant located in Akiruno City, Tokyo. Please contact the restaurant prior to your visit.

Weekdays Lunch 11:30-14:30 (LO13:45)
 Dinner 17:00-22:00
 (Last entrance 21:00 LO21:30)
Sat./Sun./Holidays Lunch 11:30-15:00 (LO14:15)
 Dinner 17:00-22:00
 (Last entrance 21:00 LO21:30)

Closing Days Thu.
Access 1-minute walk from Musashi-Masuko JR station



ACCESS MAP



WEBSITE



13 Mitsubachi farm cafe

みつばちファームカフェ



☎042-519-9327
<https://88838.net/>
 37-3 Uenodai, Akiruno-shi

The café serves honey milk gelato, characterized by its natural sweetness, along with a variety of honey-based confections and beverages. The peaceful scenery visible from the café windows is both relaxing and soothing.

Business Hours 10:30-17:00
Closing Days Wed.
Access 12-minute walk from Musashi-Masuko JR station



ACCESS MAP



WEBSITE



14 Shinshu azumino teuchisoba takase

信州安曇野手打ちそば たか瀬



☎042-519-5779
https://www.instagram.com/sobaya_takase
 508-6 Yamada, Akiruno-shi

This restaurant serves soba noodles made exclusively from Japanese buckwheat flour, paired with a soup made from fermented dried bonito broth.

Weekdays Lunch 11:00-15:00 (LO14:30)
 Dinner 17:00-20:00 (LO19:30)
Sat./Sun./Holidays Lunch 11:00-15:00 (LO14:30)
 Dinner 17:00-21:00 (LO20:30)

Closing Days Tue.
Access 10-minute walk from Musashi-Masuko JR station



ACCESS MAP



WEBSITE



Western Tama Area

Western Tama Area

15 Otowa-sushi

音羽鮨

🕒 **042-596-0009**
<https://otowasushi.com/english/>
 50 Tsukaichi, Akiruno-shi

This friendly restaurant, established in 1964, offers a varied menu featuring sushi, Chinese food, eel, and more. The restaurant uses seasonal vegetables grown in Akiruno City and is registered as a Locavore Restaurant in Tokyo. It serves dishes that are both flavorful and hearty.



Lunch 11:00-13:00
Dinner 17:00-20:00
Closing Days Wed./Please check the restaurant webpage.
Access 10-minute walk from Musashi-Tsukaichi JR station



19 Sobaya Igusa

石臼挽手打蕎麦 いぐさ

🕒 **042-558-8590**
<https://soba-igusa.jimdofree.com/>
 673-4 Amema, Akiruno-shi

The soup is made without the use of chemical seasonings with broth from Rishiri kept transported directly from Rishiri (Hokkaido). Ingredients are thoughtfully chosen to allow customers to fully experience the essence of each season. The restaurant serves special soba noodles made with a variety of seasonal ingredients that change throughout the year. The restaurant focuses on serving dishes that are made entirely in-house.



Lunch 11:00-14:30
Dinner 17:00-21:00 (LO20:30)
Closing Days Wed./Thu.
Access 5-minute by car from Akigawa JR station



16 AKIGAWA BASE

AKIGAWA BASE

<https://www.instagram.com/akigawabase>
 1402 Tokura, Akiruno-shi

The cute food truck serves hamburgers with thick, juicy patties that are incredibly satisfying! The milky ice cream is also highly recommended.



Business Hours 11:00-16:00
Closing Days Irregular closing
Access 1-minute walk from Jurigi bus stop (Nishitokyo bus)



20 KIRIUAN

桐生庵

🕒 **042-533-2522**
<https://kiriuan-akiruno.com>
 125-10 Aburadai, Akiruno-shi

The traditional-style storehouse doors and Mashiko pottery welcome customers and offer a unique and relaxing experience with friends and loved ones. The specialty is the three types of soba noodles, which is carefully chosen by the owner, with three types of soba soup.



Business Hours 11:00-15:00
Closing Days Wed./3rd Tue.
Access 6-minute walk from Akigawa JR station



17 SAKANAYA-DOJO Akikawa

さかなや道場 秋川駅前店

🕒 **042-532-7621**
<https://sakanayadojo.com/akikawa/#carousel2>
 1F No.9 Green bldg. Akikawa,
 1-1-1 Akigawa, Akiruno-shi

This restaurant offers fresh, reasonably priced fish, including the popular tuna. Tuna is especially popular among people of all ages, with the menu featuring rare cuts of tuna alongside standard sashimi and sushi dishes.



Business Hours 16:00-23:00 (LO22:00)
Closing Days No regular holiday
Access 1-minute walk from Akigawa JR station

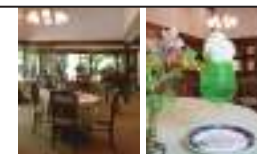


21 mizuhomachi koshinkan kissa sutoria

瑞穂町 耕心館 喫茶ストーリア

🕒 **042-568-1505**
<https://koshinkan.jp/>
 371-1 Oaza Komagatafujiyama,
 Mizuho-machi, Nishitama-gun

In this café overlooking a beautiful garden, customers can enjoy a meal or tea while listening to music.



Business Hours 10:30-21:00 (LO20:00)
Closing Days 3rd Mon./Year-end and New Year holidays
Access 20-minute walk from Hakonegasaki JR station

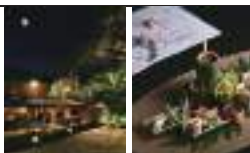


18 TOUTOU AN

燈々庵

🕒 **042-559-8080**
<https://tou-touan.com/about/>
 673-4 Amema, Akiruno-shi

The restaurant was created by renovating a traditional storehouse from an old family and was built during the Edo period. A beautiful garden greets customers at this relaxing restaurant, which harmoniously blends traditional Japanese architecture with contemporary design. The garden displays the natural beauty of the changing seasons, while the restaurant focuses on offering rustic cuisine. Dinner reservations must be made at least one business day in advance.



Lunch 11:00-15:00
Dinner 17:00-21:00 (LO19:00)
Closing Days Confirmed on the website
Access 10-minute walk from Higashi-Akiru JR station



Western Tama Area

Western Tama Area

22 Soba Unagi Wazen Takahashiya

たかはしや

☎ 042-557-0231

<https://tabelog.com/en/tokyo/A1330/A133002/13298149/>

140 Hakonegasaki, Mizuho-machi, Nishitama-gun

The menu features freshly grilled eel, homemade udon and soba noodles, and other dishes that highlight the comforting warmth of homemade food. The large shrimp tempura bowl is particularly popular with international customers. Large shrimp are deep-fried in a crispy batter and drizzled with a special sauce, creating a visually appealing dish that is both hearty and delicious.

Weekdays Lunch 11:00-15:00 (LO14:30)

Dinner 17:00-21:00 (LO20:00)

Sat./Sun./Holidays 11:00-21:00 (LO20:00)

Closing Days Tue.

*The restaurant may be closed for private events or rescheduled holidays.

Access 3-minute walk from Hakonegasaki JR station



ACCESS MAP



WEBSITE



26 Tachibanaya

たちばな屋

☎ 042-598-0029

<https://hinohara-kankou.jp/spot/tachibanaya/>
5574 Motoshuku, Hinohara-mura, Nishitama-gun

A good old-fashioned handmade ramen restaurant. The restaurant offers authentic handmade ramen with soup made from pork and other ingredients, which have been passed on over the generations, as well as rice bowl menus, set menus, wild cherry trout, and grilled and salted sweetfish.

Lunch 11:00-15:00 (LO14:45)

Dinner 17:00-20:00 (LO19:45)

Closing Days Tue.

Access 20-minute by car from Musashi-Itsukaichi JR station(5 parking spaces)
1-minute walk from Honjuku yakubamae bus stop(Nishitokyo bus)



ACCESS MAP



WEBSITE



23 Cafe Seseragi

カフェセセラギ

☎ 090-4667-1971

<https://tabelog.com/en/tokyo/A1330/A133004/13173056/>

1F Hinohara-mura office,
467-1 Hionohara-mura, Nishitama-gun

Located in Hinohara Village Hall, this coffee shop serves delicious coffee brewed with spring water. The master, with 35 years of experience running cafés in Ginza and other areas, serves flavorful coffee. He credits the secret ingredient to Hinohara's spring water.

Business Hours 9:00-17:00 (LO16:30)

Closing Days Year-end and New Year holidays

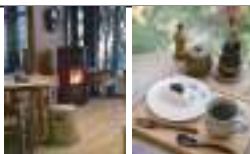
Access 1-minute walk from Honjuku yakubamae bus stop (Nishitokyo bus from JR Musashi-Itsukaichi station)



ACCESS MAP



WEBSITE



27 Jinya

陣屋

☎ 0428-86-2152

<https://tabelog.com/en/tokyo/A1330/A133004/13110220/>
709 Kawano, Okutama-machi, Nishitama-gun

Enjoy heartwarming countryside dishes made with locally sourced ingredients, such as wild vegetables handpicked by the owner and his family, konjac, and handmade soba noodles.

Business Hours 11:30-15:00

Closing Days Thu.

Access 5-minute walk from Miyamabashi bus stop (Nishitokyo bus from Oku-Tama JR station)



ACCESS MAP



WEBSITE



24 Yamagohan coffee Hinohara Terrace

山ごはんカフェヒノハラテラス

☎ 042-588-4828

<https://www.hinoharaterrace.jp/>

3395 Kanoto, Hinohara-mura, Nishitama-gun

Fresh, local ingredients are used whenever possible, and the fluffy pancakes are especially popular. Enjoy a heartwarming experience with a delicious meal and a view of Hinohara's beautiful natural scenery. Prior reservation is required for meals with allergy accommodations or vegetarian options.

Business Hours Mid. Mar. to Nov. 11:00-16:30 (LO15:30)

Feb. to Early Mar. 11:30-15:30 (LO14:30)

*Subject to change. Please refer to the webpage.

Closing Days Beg. of Month:Mon./Tue./Wed.

Mid. Mar. to Nov.:Mon Dec. to early Mar.:Mon./Tue.

Access 25-minute by car from Musashi-Itsukaichi JR station
10-minute walk from Kanotoiwa iriguchi bus stop (Nishitokyo bus from JR Musashi-Itsukaichi station)



ACCESS MAP



WEBSITE



28 The winds of Okutama Hatonosuso

奥多摩の風はとのす荘

☎ 0428-84-7123

<https://www.okutamasa.co.jp/hatonosuso/#>

662 Tanazawa, Okutama-machi, Nishitama-gun

Clear water flows down the waterfall streaming into the valley below. The trees change appearance throughout the four seasons. The restaurant serves a variety of dishes that highlight the best qualities of each ingredient and selected at their peak during the four seasons. The chef will proudly serve his specialties. Visit Okutama, a place that offers a different charm with each season. Allergy-friendly meals are available with prior consultation and reservations.

Business Hours 17:30-20:30

Closing Days Mon. (If Mon. is a holiday, the following Tue. will be closed)

Access 5-minute walk from Hatonosu JR station



ACCESS MAP



WEBSITE



25 Hinohara Factory

ひのはらファクトリー

☎ 042-588-5170

<https://www.hinoharafactory.com/>

4023-1 Hinohara-mura, Nishitama-gun

A facility that combines a kiosk, farmer's market, and café. Visitors can also tour a shocho production facility that uses potatoes from Hinohara Village. The kiosk offers a variety of products such as essential oils, perfumes, room fragrances, face mask sprays, and craft kits made with cypress from Hinohara. They offer a variety of ways to enjoy these products.

Business Hours Apr. to Nov. 11:00-17:00

Dec. to Mar. 11:00-16:00

Closing Days Mon./Tue. (If Mon., Tue. is a holiday, the following day will be closed)

*4/29-5/5(Golden week),

7/21-8/31(During school summer vacation),

Oct. to Nov.(Autumn leaves): Open only on Tue.

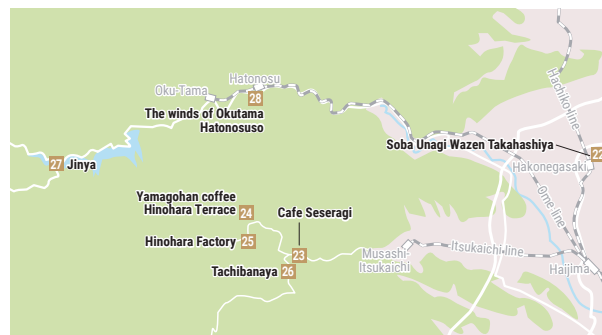
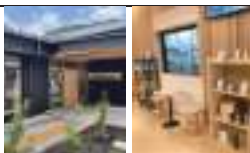
Access 1-minute walk from Nacchi bus stop (Nishitokyo bus from Musashi-Itsukaichi JR station)



ACCESS MAP



WEBSITE



Western Tama Area

SHIMA SUSHI (BEKKO SUSHI)



Delicious sushi from the Izu Islands, glossy like bekko (tortoiseshell).

Overview & History

A local dish popular in the Izu Islands and Ogasawara Islands, it is typically fish pickled in a soy sauce-based tare (called “zuke”) paired with vinegared rice as a means of preserving freshness when sailing out to sea. It is prepared differently depending on the area, with some using vinegared rice sweetened with sugar or mirin, mustard paste instead of wasabi, or “Shimato shoyu” soy sauce in which unripe Shima Togarashi peppers have been soaked. It is also known as bekko sushi (“tortoise-shell sushi”) for its color.

Source: Created by processing content from the Ministry of Agriculture, Forestry and Fisheries website.
(https://www.maff.go.jp/keikaku/syokubunka/k_ryouni/search_menu/menu/34_19_tokyo.html)

25 Ozekizusi 大関寿司

This Bekko-zushi is made with fresh fish marinated in Izu Oshima’s renowned soy sauce, infused with dissolved green chili peppers. The sauce, made from the restaurant’s original blend, is a must-try. This rare sushi is limited to a maximum of two pieces per customer.

☎ 04992-4-0372

<https://www.izu-oshima.or.jp/eat.html>
Kudacchi, Sashikiji, Oshima-cho

Business Hours 11:00-13:30
16:30-20:30

Closing Days Mon.
Access Near Kudacchi bus station
(Ooshima bus)



ACCESS MAP



WEBSITE



26

Gyokaisousakuryori jizakanadokoro uohachitei 魚介創作料理 地魚処 魚八亭

After fresh fish is brought to Hachijo Island, it is marinated in soy sauce and made into sushi using rice sweetened with sugar. Instead of wasabi, mustard paste is used, which is a distinctive feature of this sushi.

☎ 04996-2-2807

<https://tabelog.com/tokyo/A1331/A133101/13163950/>
198-1 Mitsune, Hachijo-machi

Business Hours Morning 7:00-10:00
Lunch 11:00-15:00
Dinner 17:00-22:00

Closing Days Irregular closing
Access 20-minute walk from
Hacijojima Airport



ACCESS MAP



WEBSITE

27

SHIMASUSHI 島寿司



The restaurant has tables for about 20 people. The restaurant mainly serves lunch, featuring island sushi, Ogasawara sushi with sea turtles (a must-try for visitors), sashimi made from fish caught around the island, papaya kimchi, and other dishes.

☎ 04998-2-2541

<https://www.ogasawaramura.com/en/eat/shimazushi/>
Aza Higashi-machi, Chichijima, Ogasawara-mura

Business Hours 10:00-14:00 (LO13:30)
Closing Days When Ogasawara-MarU is setting sail
Access 5-minute from Futami port



ACCESS MAP



WEBSITE

Nutrition & Health Information

The menu features seasonal fish caught in the waters around Ogasawara, including sea bream, tuna, bonito, swordfish, flying fish, three-line grunt, greater amberjack, and more. These fish are rich in DHA, EPA, minerals, and vitamins, offering a well-balanced mix of protein and healthy fats.



Ms. Sonoyama Makie

Additionally, since the sushi uses vinegar, a fermented seasoning, it offers potential benefits unique to fermented foods, such as regulating the intestinal environment, boosting immunity, and improving complexion. However, since it contains a generous amount of sugar, it is best to avoid overeating.



The Premium shochu. Savor the mellow aroma as you sip shochu.

Overview & History

Shima shochu made in the Izu Islands south of Tokyo is popular among islanders, and shochu-making has deep roots on the islands. The master brewers take into account the harsh conditions unique to the remote islands and are committed to hand craftsmanship, so all of the shochu is full of individuality. There are three types of Tokyo Shimazake manufactured in the Izu Islands: sweet potato shochu, barley shochu, and sweet potato/barley blend shochu. A key feature of all these types is that they are made with “mugi koji,” which uses barley instead of rice as the raw ingredient for the koji malt. In addition, you can use Shima Shochu for cooking as well as drinking. In March 2024, Tokyo Shimazake was designated a geographical indication (GI), which exclusively allows only those products manufactured with the ingredients and production methods characteristic of a specific production area to bear the name of that production area.

Source: Created by processing content from the National Tax Agency website. (<https://www.nta.go.jp/about/organization/tokyo/sake/pdf/shimazake.pdf>)

SHIMA SHOCHU 28 MARUGO 島食堂 マルゴ

☎04992-7-5180

<https://tabelog.com/en/tokyo/A1331/A133101/13285486/>
6-10-2 Honson, Niijima-mura

Business Hours Lunch 11:30-14:00
Dinner 17:30-20:00

From Golden Week to September Moning 7:00-9:00
Lunch 11:00-15:00

Closing Days Mon./Tue.
Access 5-minute by car or 10-minute walk from Niijima port



ACCESS MAP WEBSITE

A restaurant where you can enjoy Miyahara Sake Brewery's signature shochu, Shima Jiman. During peak season, the restaurant offers a variety of dishes made with island ingredients. Customers can unwind and enjoy their meal in the restaurant's spacious setting.



SHIMA SHOCHU

SHIMA SHOCHU 29 TeaHouse Non・no ティーハウスノン・ノ

The Miyake Island shochu, Oyamaichi, is available. A retro-style coffee shop attached to Yamanobe Ryokan offers visitors a chance to enjoy the island's natural beauty with bougainvillea flowers blooming on the terrace.

☎04994-5-0317

<https://tabelog.com/en/tokyo/A1331/A133101/13272206/>
1544 Aco, Miyake-mura

Business Hours 11:00-14:00
Closing Days Irregular closing
Access 5-minute walk from Togajinja-mae bus stop (bus from Sabigahama port)



ACCESS MAP WEBSITE



TOKYO ACCESSIBLE RESTAURANT

SHIMA SHOCHU 30 Izakayasousai Eirin 居酒屋創菜 英涼

A rare authentic Chinese restaurant on Hachijo Island. The restaurant offers a variety of island shochu, including Nasake-jima and Yae-tsubaki. Popular dishes include salty gyoza with ashitaba and spicy tantanmen noodles.

☎04996-9-5961

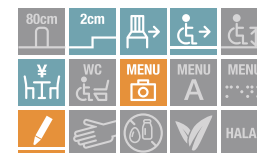
<https://www.hachijo.gr.jp/restaurant/eirin/>
2541-2 Ookago, Hachijo-machi, Hachijojima

Business Hours 11:30-13:30
17:30-22:00
Sometimes close early

Closing Days Tue.
Access 7-minute by car from airport
9-minute by car from Sokodo port
2-minute walk from Machiyakuba bus stop



ACCESS MAP WEBSITE



Nutrition & Health Information

The shochu, free of purines and carbohydrates, helps increase the enzyme urokinase, which dissolves blood clots. When consumed in moderation, it offers health benefits by helping prevent diseases caused by blood clots, such as myocardial infarction and cerebral infarction. Potato and barley shochu, in particular, are considered especially beneficial for health in this regard. They also help increase good cholesterol, and the aromatic compound linalool in potato shochu is known for its relaxing effects. Of course, it is important to enjoy shochu in moderation.



Ms. Sonoyama Makie

1 Kiyomaru
雑魚や 紀洋丸

☎04992-2-1414
https://www.instagram.com/kiyomaru_izuoshima
Manose, Motomachi, Oshima-machi

Lunch 11:30-13:30
Dinner 17:30-20:00
Closing Days Thu./Irregular closing on Sun.
Access 5-minute walk from Motomachi port

The restaurant's name signifies a variety of fishes, and true to its name, it serves rare fishes that are seldom shipped to central Tokyo. The restaurant serves a unique selection of local dishes found only on the islands.






ACCESS MAP WEBSITE

5 DONGURI
どんぶり

☎04994-2-1410
https://www.shimajiman.metro.tokyo.lg.jp/02_shop/info_055/
237 Kamitsuki, Miyake-mura

Business Hours 17:30-22:00 (LO21:30)
(The restaurant may close early.)
Closing Days Tue.
Access Near Yakiba bus stop

The tempura set menu, featuring crispy fried ashitaba herbs, is excellent. It is a Japanese food restaurant where islanders gather.





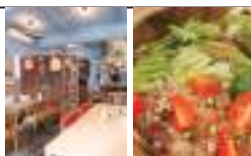




ACCESS MAP WEBSITE

2 Cafe Bar NABEKICHI
喫茶酒場 なべきち

☎04992-7-5318
<https://www.instagram.com/nabekichi.gram/>
1-17-2 Motomachi, Oshima-machi

Lunch 11:00-15:00 (LO14:30)
Dinner 18:00-21:00 (LO20:00)
Closing Days Thu./Sun. dinner
Access 1-minute walk from Motomachi port

The restaurant with a pink exterior is only a one-minute walk from Motomachi Port. This restaurant offers homemade dishes and confections in a refreshing Hawaiian atmosphere! A wide variety of drinks are available, including island sake and cocktails. Please inform the restaurant of any allergies when making your reservation.

ACCESS MAP WEBSITE

6 camburi
カンブリ

☎04994-8-2071
https://www.instagram.com/mikura_camburi/
Mikurajima-mura

Business Hours 18:00-22:00
Closing Days Tue./Wed.
Access Mikurajima

An izakaya where customers can enjoy a variety of shochu from the Izu Islands.










ACCESS MAP WEBSITE

3 YAKINIKU CHIKUBA
焼肉 竹馬

☎04992-2-1515
https://www.shimajiman.metro.tokyo.lg.jp/02_shop/info_116/
4-1-2 Motomachi, Oshima-cho

Business Hours 17:30-21:45 (Last order may be at 21:00)
(The last order may be taken earlier under certain conditions.)
Closing Days Sun.
Access Few minute by car from Motomachi port
Near Machiyakuba bus stop(Oshima bus)

Wagyu A5-rank beef is served, including ribs and loin! The beef served here is primarily from well-known brands. Beef tongue is another popular dish! Bekko innards, a local specialty from Izu Oshima Island, is also offered here.





ACCESS MAP WEBSITE

7 Bonina
Bonina (ボニーナ)

☎04998-2-3027
https://www.instagram.com/bonina_ogasawara/
Aza Higashi-machi, Chichijima, Ogasawara-mura

Lunch 11:30-14:00 (LO13:30)
Dinner 17:30-23:00 (LO22:00)
Closing Days Irregular closing
Access 3-minute walk from Futami port passenger terminal of Ogasawara-Marui

The restaurant has long been a local favorite, known for its high-ceilinged indoor dining area and open-air terrace tables. Popular dishes include those made with island ingredients, homemade pizza, and shao-mai. For lunch, enjoy a poke bowl made with fish caught in the island's waters at a terrace table overlooking the ocean.

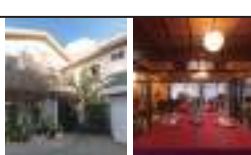



ACCESS MAP WEBSITE

4 Sawaya cordonblue
さわや コルドンブルー

☎090-3992-5241
https://www.shimajiman.metro.tokyo.lg.jp/02_shop/info_038/
676 Kouzushima-mura

Lunch 12:00-14:00 (LO13:30)
Dinner 18:30 (Only in winter)18:00-22:00 (LO20:00)
Closing Days Tue.
Access 10-minute walk from Maehama port

The owner, who had been running a French restaurant in Kyoto for 28 years, moved to Kouzu Island in September 2016. The restaurant serves menu items featuring freshly caught fish and other island ingredients, complemented by a wide selection of wines and whiskeys. Please contact the restaurant in advance to make reservations for allergy-friendly, vegetarian, or halal options.

ACCESS MAP WEBSITE

Please see the Tokyo Travelers' Map on page 6 for the island area.

Island Area



TOKYO ACCESSIBLE RESTAURANT



TOKYO METROPOLITAN GOVERNMENT

Issued by Welcoming Environment Promotion Section, Tourism Division, Bureau of Industrial and Labor Affairs, Tokyo Metropolitan Government
2-8-1, Nishi-Shinjuku, Shinjuku-ku, Tokyo 163-8001 Japan
TEL 03-5320-4802

TOKYO ACCESSIBLE RESTAURANT
東京都飲食店バリアフリーガイド

Issued in March 2025 Registration number: (6)207



石油系溶剤を
含まないインキを
使用しています。